

Norwalk Daily Luncheon Program November 2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	MONDIN	TODSDITT	VVEDIVESDITI	IIIONSDITI	1 Beef Lasagna	
Daily Luncheon Program:		Suggested Contribution:	Norwalk Senior Center	Norwalk Social Services	Zucchini Medley	
Monday – Friday		\$2.00	14040 San Antonio Dr.	Center	Broccoli Slaw	
11:30 a.m. – 12:30 p.m.		(60 yrs. of age and older)	Norwalk, CA 90650	11929 Alondra Blvd.	WG Roll	
		Fee: \$4.00	(562) 929-5580	Norwalk, CA 90650	Cream Sandwich Cookie	
**	Menu Subject to Change Without Notice	(Under 60 yrs. of age)	(302) 929-3360	(562) 929-5544	Cream Sandwich Cookie	
	winoui wouce				Served with Fruit & 1% White Milk	
4	Baked Ziti	5 Rosemary Chicken	6 Meatloaf with Gravy	7 BBQ Chicken	8 Sweet & Sour Pork	
	Corn	w/ Creamy Garlic Sauce	Mashed Potatoes	Carrots	Spinach	
	Zucchini Medley	Broccoli & Cauliflower	Mediterranean Salad	Baked Beans	Coleslaw	
	Sourdough	Chopped Salad	WG Bread	WG Dinner Roll	Brown Rice	
	Garlic Spread	Couscous Pilaf	Tomato Soup		Biscuit	
	Split Pea Soup	Jello				
Serve	d with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	
11	CLOSED IN	12 Beef Stew	13 Chicken Marsala	14 Breaded Fish	15 BBQ Hamburger	
	OBSERVANCE OF	Carrots	Peas & Onions	Zucchini Medley	Broccoli	
	VETERANS DAY	Creamy Cucumber Salad	Marinated Beet Salad	Creamy Coleslaw	Maccaroni Salad	
**	********* *******	WG Dinner Roll	WG Pasta	Brown Spanish Rice	WG Bun	
**	***	Fruited Vanilla Yogurt	Lentil Soup	Flour Tortilla	Chicken Cilantro Soup	
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		Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	
18	Turkey Chili w/	19 Creamy Cilantro	20 Roast Beef w/ Gravy	21 Herb Chicken	22 Tuna Sandwich	
	Barley	Baked Fish	Mashed Sweet Potatoes	Garden Salad	Carrot Pineapple Slaw	
	Baked Potato	Broccoli	Collard Greens	Black Eyed Peas	Brussel Sprouts & Cabbage	
	Chopped Kale &	Romaine Ceasar Salad	Waldorf Salad	Barley Pilaf	Salad	
	Spinach Salad	Brown Rice	WG Roll	Fideo Soup	WG Bread	
	Cornbread	Biscuit			Tomato Bisque Soup	
Serve	d with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	Served with Fruit & 1% White Milk	
25	Spaghetti	26 Chicken Enchilada	27 Roasted Turkey	28 CLOSED IN	29 CLOSED IN	
	w/Meatballs	Casserole	Mashed Potatoes	OBSERVANCE OF	OBSERVANCE OF	
	Broccoli	Black Beans	Peas & Carrots	THANKSGIVING DAY	THANKSGIVING DAY	
Romaine Ceasar Salad		Tomato & Cucumber Salad	Cornbread Stuffing			
Sourdough Bread		WG Corn Tortilla	Dinner Roll	HAPPY	S 6 C	
	Garlic Spread		Pumpkin Pie	WINKS HVINE		
G	- 1 14 E 1, 0 10/ WH 1, 3 CH	Conved with Emit 9- 10/ Wilita Mills				
	Served with Fruit & 1% White Milk Served with Fruit & 1% White Milk Served with Fruit & 1% White Milk **MUST COMPLETE APPLICATION TO PARTICIPATE IN THE DAILY LUNCHEON PROGRAM** Please see the front dock for more information.					