



# Recognize a Hometown Hero



The City of Norwalk is honored to be home individuals many serving our country. If you are 1) on active duty or are an active reservist currently serving in any of the six branches of the United States Armed Forces, and 2) a Norwalk resident or immediate family of a Norwalk resident, a personalized banner will be created displayed along and the Imperial Highway corridor to recognize your service and daily sacrifices in the name of freedom.

Applications are available
May 1 - August 15 at
www.norwalk.org/hometown-heroes
or in person at the City Hall Information
Center at 12700 Norwalk Blvd.

# Memorial Day Holiday Trash & Street Sweeping



In observance of Memorial Day on Monday, May 27, there will be no street sweeping or trash collection scheduled. Street sweeping will not be made up for missed days due to holiday and trash collection will be delayed by one day for the remainder of the week. For more information, call 562-929-5511.



## Join us to Improve Our Community Using One App

See a pothole or graffiti in the City? Report it anytime on the Norwalk Connects App! This free resource will allow you to help improve the quality of life in your community – all at your fingertips. Search Norwalk Connects in the Apple App Store or in the Google Play Store.

# Celebrating 50 Years of Social Services Center Assisting the Community



Did you know the Norwalk Social Services Center will be celebrating 50 years of service this September?

The department is looking for community members who would like to share a positive memory or experience that they have had from the center.

If you would like to share your story, contact us at (562) 929-5544 or email JGonzalez3@norwalkca.gov.

# Norwalk City Clerk's Department Celebrating 55th Annual Professional Municipal Clerks Week May 5-9

May 5-9 is the Annual Professional Municipal Clerks Week! Our City Clerk's Department provides the professional link between the community and the local governing bodies and agencies. So what do they do?

#### Here are some several core responsibilities:

General management, Records management, Elections

**Meeting administration** (Agendas, recording actions of the City, coordination of items, etc)

Management of by-laws, articles of incorporation, ordinances, resolutions, municipal codes, or other legal instruments

Custody of the official seal, execution of official documents, and certify official documents

Ambassador to and the conduit for the democratic processes of the City

In the City of Norwalk, the City Clerk's Department is responsible, but not limited to claims process and legal document service, passport acceptance, agreement execution, insurance/bond review, advisory body coordination, agenda postings, public records requests, Art in Public Places, and more! We thank the City Clerk's Department for pledging to be ever mindful of neutrality and impartiality, rendering equal service to all!

# Norwalk City Council

Mayor Margarita L. Rios Vice Mayor Tony Ayala
Councilmember Jennifer Perez
Councilmember Rick Ramirez
Councilmember Ana Valencia

City of Norwalk 12700 Norwalk Blvd. Norwalk, CA 90650

US Postag PAID Permit No. 113 Whittier, CA

Recycle Me

Norwalk City Hall Hours of Operation Monday - Thursday 8 a.m. - 6 p.m.



# "You Voted, We Visited!"

Every month, we ask for your top Norwalk business recommendations. The Norwalk Community Promotion Commission is proud to present the April Business 2024 Spotlight. Follow us on social media (@cityofnorwalkca) to vote for the next spotlight in April!2

# April - Top Rated "Burrito" Spots El Taco Rico

12017 Firestone Blvd.

**Tam's Super Burger** 11700 Rosecrans Ave.

**Tacos Los Gueros** 12115 Firestone Blvd.

# **May Business Spotlight**

Which is the best Barbershop in Norwalk?

Calling all residents! Where do you go to maintain your fresh look?

The nomination period runs from May 1 - May 10.





# Stay Bite-Free From Mosquitoes

Mosquitoes always appear during warmer weather, but there are ways to reduce the risk of getting sick from mosquito bites. According to the Greater LA County Vector Control District, here are the top three ways you can do your part to stay bite-free:



• Eliminate stagnant water once a week around your home.
• Use repellent. Look for any one of the following active ingredients on repellent bottles: Oil of lemon eucalyptus, Picaridan, DEET, or IR3535.

Join Mosquito Watch, a neighborhood program designed to protect your community from mosquitoes and mosquito-borne diseases. Visit bit.ly/Mosquito-Watch.



## **Construction Corner**

Be sure to follow us on social media (@cityofnorwalkca) to see regular updates about improvements in

progress or completed in your community!

#### **Raising Cane's Construction Begins**

For fans of the popular chicken fingers chain, a new Raising Cane's location has begun the construction process. The restaurant will be located at the southeast corner of Imperial Hwy and Studebaker Rd. (12618 Studebaker Rd.). This addition is expected to complete fall 2025.





#### **BMW Showroom Improvements**

The McKenna BMW is undergoing a remarkable transformation as the dealership invests in a new showroom. Stay tuned as they upgrade the future experience of shoppers.



## **Check Out the Fun Activities in Norwalk!**

# Splash into Safety: Water Safety Day Extravaganza on May 18th!

Join us on Saturday, May 18th, from 1-4 pm for Water Safety Day, a free event open to the community at Norwalk Aquatic Pavilion (12301 Sproul St., Norwalk, CA 90650)! Dive into life-saving techniques and water safety education in honor of National Water Safety Month. Enjoy pool access along with live DJ entertainment, exciting raffles, and engaging games for the whole family. Don't miss this opportunity to learn, have fun, and stay safe in and around the water! You will expect water safety, CPR instruction, life jacket fitting, correct swim attire, and activity stations.







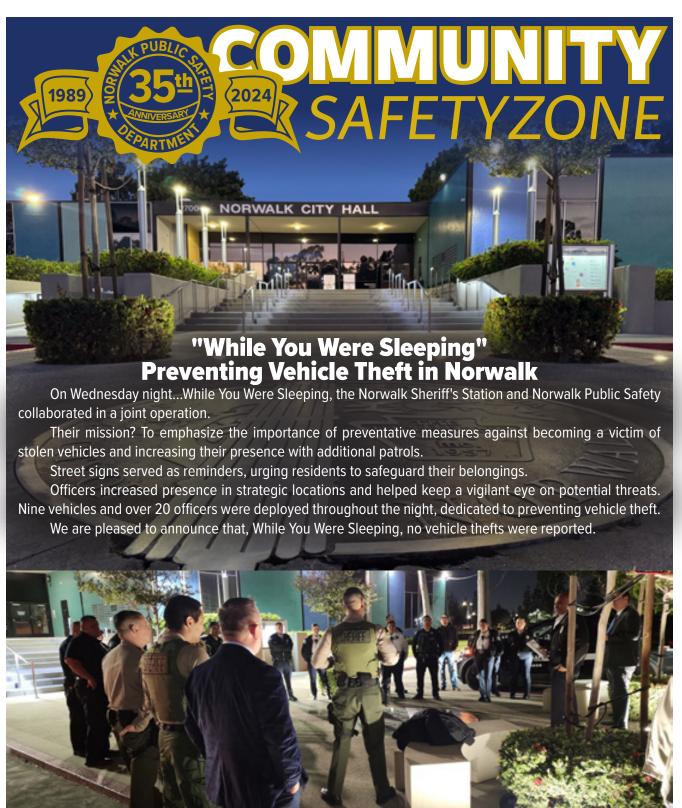
# Spring into Fun with Park Pals: Crafts, Homework Help, and Games Await!

Get ready for springtime fun with Park Pals! From now till June 8th, join us at your local park for an array of activities including crafts, homework help, and games. Be sure to check out our flyer for specific days and times. Come create unforgettable memories. Program hours are subject to change. For more information, visit www.norwalk.org/fun or give us a call at (562) 929-5566. See you at the park!



(3) @recnorwalk

Activity stations



# **SEAACA's Pets 4 Troops Program**

The Norwalk's Public Safety Department, in partnership with Southeast Area Animal Control Authority (SEAACA), would like to help find loving homes for animals in need.

Given that we observe and honor Memorial Day this month, we would like to make our military community aware about the "Pets 4 Troops" program.

The program gives active duty and retired military personnel reduced pet adoption fees by (562) 803-3301 or visit Seaaca.org



for adoption.

For more information, contact SEAACA by calling

50%. As part of this program, animals

will be altered, microchipped, and

companionship and support for

military personnel, offering comfort,

loyalty, and a sense of purpose in

their post-service lives. SEAACA

has a wide selection of dogs, cats,

rabbits, and other animals available

Pets can provide invaluable

receive one set of vaccinations.

#### **Front Office & General Phone Lines:**

Tuesday-Saturday from 8:00 am - 5:00 p.m.

#### **Adoptions & Adoption Holds:**

Tuesday-Saturday from 12:00 - 4:00 p.m.

#### **Location:**

SEACCA 9777 Seaaca Street Downey, CA 90241

# **Take Advantage of Bulky** Item Pick Up with Athens



Norwalk residents welcome encouraged to schedule bulky item pickups at their home by simply calling Athens Services at 1-855-557-1007.

#### **Keep our Streets Clean**

We would like to remind residents to be considerate and keep the street sections in front of their homes clean on days that the street sweeper is not in service.

We appreciate everyone's effort in helping keep our streets clean and free from accumulation of leaves, dirt, and debris.

To report illegally dumped items, please call Athens Services at 1-888-336-6100.

City Hall: (562) 929-5700 Public Safety: (562) 929-5732 Sheriff's Station: (562) 863-8711 Graffiti Hotline: (562) 929-5555



Transit: (562) 929-5533 Recreation & Parks Services (562) 929-5702 Senior Center: (562) 929-5580 Social Services Center: (562) 929-5544

#### **National Bike Month**



It's National Bike Month and Bike to Work Week is happening from May 13 to May 19! Riding a bicycle is a perfect opportunity to ditch the car, reduce emissions, and enjoy a refreshing commute on two wheels.

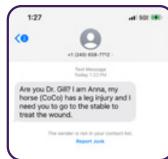
> Please practice

safe riding habits if you plan on participating in National Ride a Bike Day on Sunday, May 5 and/or Bike to Work Day on Friday, May 17.

#### Be sure to follow these tips:

- Wear a helmet to protect your head.
- Be visible with bright or reflective clothing and bike lights, especially at dusk and at night.
- · Follow traffic rules, signals, and lane markings.
- Stay alert and avoid distractions.
- Make eye contact with drivers when possible.
- Be predictable by signaling turns and stops.
- Avoid riding in vehicle blind spots.
- Watch for parked cars to avoid collisions.
- Ride defensively, anticipating hazards.

# **Beware of Scam Text Messages**



Have you recently received a text message from an unknown sender? It could be a scammer trying to steal your personal and financial information.

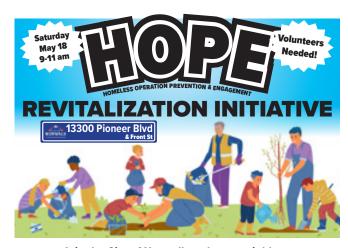
Spam text messages and phishing attempts

aim to trick you into revealing personal information or clicking on malicious links. Scammers employ various tactics, such as offering fake prizes, posing as legitimate companies, or creating urgency with false claims about your accounts or transactions. They may request sensitive data or prompt you to click on links that lead to spoofed websites or install malware.

#### What to do if you receive a spam text message:

- Never click on links or provide personal/financial information in unexpected text messages.
- · If you feel that the text is real, verify the message's authenticity by contacting the company directly using trusted contact details, not those provided in the text.
- · Report spam texts by forwarding them to 7726 (SPAM), using in-app reporting options, or reporting to the FTC at ReportFraud.ftc.gov.

**Source: Federal Trade Commission** 



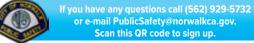
Join the City of Norwalk and your neighbors as we spruce up Pioneer Blvd & Front St near railroad tracks. We'll be cleaning and picking up debris throughout the area.

#### What You'll Need:

#### **Volunteers Needed:**

A good attitude is all Take pride in your community get a bit dirty.

you need! Also show up and help clean up litter in ready to work. We will your neighborhoods. Bring a supply the bags, gloves Team! Ask your friends and and pickers! Dress to co-workers! This is a great community service opportunity!







#### Emergency Preparedness Wednesday, May 1 • 10 - 11 a.m.

Join us as staff from the County of Los Angeles Department of Public Health provides an informative presentation on emergency preparedness. You will learn to identify at least three types of L.A. County emergencies; how to connect with others before and after an emergency; and how to make a plan and what supplies you will need for your emergency kits.

#### Planning for the Future Wednesday, May 8 • 10 - 11 a.m.

Too many of us face the difficulty of making healthcare decisions for loved ones or ourselves. Most never think, or talk, about what kind of care they want, or do not want, until it is too late. Join us for a presentation from Scan Independence at Home to learn how to take action and make a difference by planning for your future. Attendees will receive a Five Wishes booklet.

#### Mother's Day Spring Tea & Fashion Show

Thursday, May 9 • 3 - 5 p.m. Cost: \$10.00

The Norwalk Senior Center would like to extend a cordial invitation to our Mother's Day Spring Tea and Fashion Show as we celebrate all mother figures. Enjoy fine brewed teas, delicate finger sandwiches, and raffles. Come dressed in your spring best, as you will be walking down the catwalk. Tea Party hats are strongly encouraged. Pre-registration is required and space is limited.

# **Senior Scam Prevention Series**

Tuesday, May 14 • 1 - 2 p.m.

Join us on the second Tuesday of every month for the Senior Scam Prevention Series. Staff from The California Department of Financial Protection & Innovation will be discussing different types of frauds and scams that affect seniors. The month of May will kick off the series with a general overview of fraud prevention.

#### **Movie Night**

Tuesday, May 14 • 6 - 8 p.m.

We invite you to join us for an evening showing of "Nyad" in the Senior Center lobby. The remarkable true story of athlete Diana Nyad who, at the age of 60 and with the help of her best friend and coach, commits to achieving her life-long dream: a 110-mile open ocean swim from Cuba to Florida. Pre-registration is required and space is limited.

#### **Blood Pressure Screening**

Wednesday, May 15 • 10 - 11 a.m.

Prospect Medical will be on site to perform blood pressure screening to adults 50 years and older. Blood pressure is one of the most important screenings because high blood pressure usually has no symptoms and is difficult to detect without being measured. High blood pressure greatly increases your risk of heart disease and stroke.

#### The Keystone Karaoke Lounge

Thursday, May 16 • 2 - 5 p.m.

Take the stage and sing your favorite songs in front of your friends at the Senior Center Keystone karaoke lounge. Enjoy an afternoon of singing, laughter, and fun. Come listen to all the performances provided by all the brave souls who take the center stage! No preregistration required.

#### **Memorial Day Display**

Monday, May 20 - Friday, May 31

Help us honor our fallen soldiers who gave their lives so we could live ours with freedom. Please bring a picture of your fallen loved ones, who served in the military, to display and honor in our Memorial Day Display located in the senior center lobby. Please, no pictures larger than 5" x 7". If you are interested in participating, pictures may be brought to the reception desk beginning Monday, May 6, 2024.

#### **Senior Safety Program:**

Vacation Security

Wednesday, May 22 • 10 - 11 a.m.

City of Norwalk Public Safety Department staff will be conducting a presentation on vacation security. The presentation will provide valuable information on how to protect yourself and your family on the road, while both sightseeing and staying in hotels by identifying risk factors.

#### "Hollywood" Squares

Thursday, May 30 • 3 - 5 p.m.

Cost: \$5.00

A fun evening awaits as you tease your brains with a game of trivia. The "Hollywood" Squares is a giant game of tic-tac-toe where contestants are divided into groups and are either agreeing or disagreeing with a "celebrity" guest who will answer trivia questions. Whoever secures three squares in a row wins! Prizes awarded to winners! Pre-registration is required and space is limited. Norwalk resident\* registration begins Wednesday, May 8, 2024 at 9:00 a.m. Open registration begins Wednesday, May 15, 2024 at 9:00 a.m. \*Photo identification with proof of residency required.

#### Paint & Sip Workshop

Tuesday, June 4 • 4 - 6 p.m. Cost: \$5.00

Who is ready to unleash their inner artists while enjoying time with friends over some mock tails, a late afternoon of laughs and of course painting! No creative or artistic skills required. Join us for a color palette of fun.

Pre-registration is required and space is limited. Norwalk resident\* registration begins Thursday, May 2, 2024 at 9:00 a.m. Open registration begins Thursday, May 9, 2024 at 9:00 a.m. \*Photo identification with proof of residency required.

#### **Health & Wellness Week**

Monday, April 22 - Friday, April 26 9:00 a.m. - 3:00 p.m.

Want to learn how to be healthier and happier. Join us as we "Bloom into Wellness". The Health and Wellness week will feature free medical screenings, fun demonstrations and presentations in many areas of health and wellness. Seniors will enjoy participating in the special activities, resources, raffles and giveaways.

# Social Services Center 11929 Alondra Blvd • 562-929-5544

#### Letter Carriers Food Drive

The National Association of Letter Carriers will conduct their annual Stamp Out Hunger Food Drive. The City of Norwalk is challenging residents to participate and support the cause by donating non-perishable food items on Saturday, May 11. Community members can leave food donations by their mailbox and a mail carrier will collect the items.

# Thursday, May 2 • 5 – 7 p.m. Cost: Free

Let's paint flowers! Learn how to paint flowers and a garden on a canvas in a class led by our recreation staff. All ages are encouraged to participate. Snacks and light refreshments will be provided to those in attendance. To register please call (562) 929-5544.

## Mother's Day Movie Plants

Thursday, May 16 • 5 – 7 p.m.

Cost: Free

Happy Mother's Day! Calling all families to come out and learn how to make a lantern while enjoying a picnic and a viewing of the movie, "Encanto." All ages are encouraged to participate. Snacks and light refreshments will be provided to those in attendance. To register please call (562) 929-5544.

## Family Zumba Night

Second & Fourth Wednesday Monthly 6:30 – 7:30 p.m.

Cost: Free

A fun and easy way to keep your family active with Zumba. To register, please call (562) 929-5544.

## Neurolles/Anonymous

Thursdays Weekly • 6 – 8 p.m. Cost: Free

If you suffer from fear, anxiety, loneliness, anger, depression, or other emotions that may make life unbearable, you are encouraged to seek help from Neurotics Anonymous. Spanish only. For more information, please call (562) 929-5544.

# M(Alcoholics/Amonymous)

Mondays & Tuesdays Weekly • 6 – 8 p.m.

Cost: Free

Peer support group intended to guide and encourage individuals trying to recover from alcoholism. Spanish Only. For more information, please call (562) 929-5544.

# LADY

Leadership & Advocacy for the Direction of Young Women

Second & Fourth Thursday Monthly • 6 – 8 p.m. Cost: Free

Mentoring program for young women ages 15-23, who have struggled with any of the following, due to the COVID-19 pandemic: Mental/physical health, financial stability, personal growth, relationships, and education. L.A.D.Y. will focus on proactive techniques to manage these issues. For more information please call, (562) 929-5544

#### Youth Intervention Services

Youth Intervention services are available to Norwalk families whose youth are experiencing dysfunction in today's society. Intervention workers are trained counselors who work with at-risk adolescents experiencing negative behaviors at school, home, or community. For more information, please call Norwalk Social Services at (562) 929-5544.

#### National/Alliance on Mental Illness (NAMI)

Second & Fourth Wednesday Monthly • 6 - 8 p.m. Cost: Free

Free educational program designed for parents, family members, and caregivers of children and adolescents, with emotional or behavioral difficulties. This support group is available in Spanish only. To make an inquiry or to schedule an appointment, please contact Silvia at (562) 448-4816.