



Norwalk Daily Luncheon Program April 2024 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Enchilada Casserole Chopped Salad Brown Rice Cauliflower Corn Tortilla Served with Fruit & 1% White Milk	2 Creole Fish Zucchini Medley Carrots WG Bread Vanilla Ice Cream Cream of Broccoli Soup Served with Fruit & 1% White Milk	3 Swedish Meatballs Mashed Potatoes Cooked Spinach & Kale WG Roll Northern Bean Soup Served with Fruit & 1% White Milk	4 Beef Lasagna Broccoli Beet & Onion Salad WG Bread Served with Fruit & 1% White Milk	5 Roasted Turkey Green Beans Tri Color Coleslaw Herb WG Stuffing WG Bread Corn Chowder Soup Served with Fruit & 1% White Milk
8 BBQ Pulled Pork Collard Greens Potato Salad WG Hamburger Bun Chicken Noodle Soup Served with Fruit & 1% White Milk	9 Beef Teriyaki Oriental Vegetables Spinach Salad Brown Rice Served with Fruit & 1% White Milk	10 Oven Baked Chicken Cauliflower Mashed Sweet Potatoes WG Cornbread Stuffing Rainbow Sherbet Served with Fruit & 1% White Milk	11 Stuffed Bell Pepper Green Beans Cucumber Salad Mashed Potatoes WG Roll Served with Fruit & 1% White Milk	12 Beef Picado Black Beans Chopped Romaine Salad Brown Spanish Rice Corn Tortilla Vegetable Soup Served with Fruit & 1% White Milk
15 Fish in Lemon Dill Sauce Fiesta Corn Garden Salad Barley Pilaf Tomato Soup Served with Fruit & 1% White Milk	16 Chicken Mole Pinto Beans Carrot & Raisin Salad Brown Spanish Rice Mexican Vegetable Soup Served with Fruit & 1% White Milk	17 Pork Loin w/ Mustard Sauce Corn Spinach/Kale Salad WG Bread Stuffing Served with Fruit & 1% White Milk	18 Beef Stroganoff Zucchini Medley Mesclun Mix Egg Noodle WG Roll Sugar Cookie Served with Fruit & 1% White Milk	19 Baked Ziti Peas & Carrots Green Beans Sourdough Garlic Spread Served with Fruit & 1% White Milk
22 Rosemary Chicken w/ Creamy Garlic Sauce Vegetable Mix Chopped Salad Brown Rice Red Manhattan Gelatin Served with Fruit & 1% White Milk	23 Meatloaf w/ Gravy Mashed Potatoes Green Beans Ambrosia Salad WG Bread Served with Fruit & 1% White Milk	24 BBQ Chicken Broccoli Baked Beans WG Dinner Roll Turkey & Rice Soup Served with Fruit & 1% White Milk	25 Garlic Butter Fish Peas Tricolor Slaw Barley Pilaf Biscuit Served with Fruit & 1% White Milk	26 Beef Curry Oriental Vegetables Chopped Asian Salad Brown Rice Mushroom Soup Served with Fruit & 1% White Milk
29 Beef Stew Carrots Garden Salad WG Dinner Roll Served with Fruit & 1% White Milk	30 Chicken Marsala Peas & Onions Marinated Beet Salad WG Penne Pasta Lentil Soup Birthday Cake Served with Fruit & 1% White Milk	Daily Luncheon Program: Monday – Friday 11:30 a.m. – 12:30 p.m. Suggested Donation - \$2.00 (60 yrs. of age and older) Fee: \$4.00 **Menu Subject to Change Without Notice	Norwalk Senior Center 14040 San Antonio Dr. Norwalk, CA 90650 (562) 929-5580	Norwalk Social Services Center 11929 Alondra Blvd. Norwalk, CA 90650 (562) 929-5544

****MUST COMPLETE APPLICATION TO PARTICIPATE IN THE DAILY LUNCHEON PROGRAM**** Please see the front desk for more information.