

Norwalk Daily Luncheon Program March 2024 Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| <p>Daily Luncheon Program: Monday – Friday 11:30 a.m. – 12:30 p.m. Suggested Donation - \$2.00 (60 yrs. of age and older) Fee: \$4.00 <i>**Menu Subject to Change Without Notice</i></p> | <p>Norwalk Senior Center 14040 San Antonio Dr. Norwalk, CA 90650 (562) 929-5580</p> | <p>Norwalk Social Services Center 11929 Alondra Blvd. Norwalk, CA 90650 (562) 929-5544</p> |  | <p>1 Beef Picado Black Beans Chopped Romaine Salad Brown Spanish Rice Corn Tortilla Vegetable Soup Served with Fruit & 1% White Milk</p> |
| <p>4 Fish in Lemon Dill Sauce Corn, Red Pepper & Onion Garden Salad Barley Pilaf Tomato Bisque Soup Served with Fruit & 1% White Milk</p> | <p>5 Chicken Mole Pinto Beans Carrot & Raisin Salad Brown Spanish Rice Mexican Vegetable Soup Served with Fruit & 1% White Milk</p> | <p>6 Pork Loin w/ Mustard Sauce Corn Spinach/Kale Salad WG Stuffing Served with Fruit & 1% White Milk</p> | <p>7 Beef Stroganoff Zucchini Medley Mesclun Mix Egg Noodle WG Roll Sugar Cookie Served with Fruit & 1% White Milk</p> | <p>8 Baked Ziti Peas & Carrots Green Beans Sourdough Garlic Spread Served with Fruit & 1% White Milk</p> |
| <p>11 Rosemary Chicken w/ Creamy Garlic Sauce California Mix Chopped Salad Brown Rice Red Manhattan Gelatin Served with Fruit & 1% White Milk</p> | <p>12 Meatloaf w/ Gravy Mashed Potatoes Green Beans Ambrosia Salad WG Bread Served with Fruit & 1% White Milk</p> | <p>13 BBQ Chicken Broccoli Baked Beans WG Dinner Roll Turkey & Rice Soup Served with Fruit & 1% White Milk</p> | <p>14 Garlic Butter Fish Peas Tricolor Slaw Barley Pilaf Biscuit Served with Fruit & 1% White Milk</p> | <p>15 Corned Beef Carrot & Pineapple Salad Boiled New Potatoes Steamed Cabbage Whole Rye Bread Green Manhattan Gelatin Served with Fruit & 1% White Milk</p> |
| <p>18 Beef Stew Carrots Garden Salad WG Dinner Roll Served with Fruit & 1% White Milk</p> | <p>19 Chicken Marsala Peas & Onions Marinated Beet Salad WG Penne Pasta Lentil Soup Served with Fruit & 1% White Milk</p> | <p>20 Pork Loin w/ Apple Berry Sauce Zucchini Medley Romaine Caesar Salad Brown Rice Served with Fruit & 1% White Milk</p> | <p>21 BBQ Hamburger Broccoli Macaroni Salad Fruited Yogurt WG Bun Chicken Cilantro Soup Served with Fruit & 1% White Milk</p> | <p>22 Chili w/ Barley Baked Potato Chopped Kale & Spinach Salad Cornbread Barley Served with Fruit & 1% White Milk</p> |
| <p>25 Lemon Dijon Baked Fish Zucchini Medley Coleslaw Rice Pilaf Tomato Bisque Served with Fruit & 1% White Milk</p> | <p>26 Roast Beef w/ Gravy Mashed Potatoes Collard Greens WG Roll Oatmeal Cookie Waldorf Salad Served with Fruit & 1% White Milk</p> | <p>27 Tuna Sandwich Carrot Pineapple Slaw Brussel Sprouts & Cabbage Salad WG Bread Cream of Corn Soup Served with Fruit & 1% White Milk</p> | <p>28 Herb Chicken Iceberg, Romaine, Bell Pepper, Red Onion Salad Green Bean Almandine Brown Rice Split Pea Soup Served with Fruit & 1% White Milk</p> | <p>29 Glazed Ham Baked Sweet Potato Green Beans Spinach Salad WG Roll Rainbow Sherbet Birthday Cake Served with Fruit & 1% White Milk</p> |

****MUST COMPLETE APPLICATION TO PARTICIPATE IN THE DAILY LUNCHEON PROGRAM**** Please see the front desk for more information.