


# Norwalk Daily Luncheon Program February 2024 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Norwalk Senior Center</b> 14040 San Antonio Dr. Norwalk, CA 90650 (562) 929-5580</p>	<p><b>Norwalk Social Services Center</b> 11929 Alondra Blvd. Norwalk, CA 90650 (562) 929-5544</p>	<p><b>Daily Luncheon Program:</b> Monday – Friday 11:30 a.m. – 12:30 p.m.</p>	<p><b>1 Sweet &amp; Sour Pork</b> Peas Tricolor Slaw Barley Pilaf Biscuit</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>2 Hawaiian Beef</b> Oriental Vegetables Chopped Asian Salad Brown Rice Mushroom Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>
<p><b>5 Beef Stew</b> Carrots Garden Salad WG Dinner Roll</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>6 Chicken Marsala</b> Peas &amp; Onions Marinated Beet Salad WG Penne Pasta Lentil Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>7 Pork Loin w/ Apple Berry Sauce</b> Zucchini Medley Romaine Caesar Salad Brown Rice</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>8 BBQ Hamburger</b> Broccoli Macaroni Salad Fruited Yogurt WG Bun Chicken Cilantro Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>9 Teriyaki Chicken Bowl</b> Asian Mixed Vegetables Asian Cucumber Salad WG Roll Almond or Fortune Cookie</p> <p>Served with Fruit &amp; 1% White Milk</p>
<p><b>12 Lemon Dijon Baked Fish</b> Zucchini Medley Coleslaw Rice Pilaf Tomato Bisque</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>13 Roast Beef w/ Gravy</b> Mashed Potatoes Collard Greens WG Roll Oatmeal Cookie Waldorf Salad</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>14 Tuna Sandwich</b> Carrot Pineapple Slaw Brussel Sprouts &amp; Cabbage Salad WG Bread Cream of Corn Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>15 Herb Chicken</b> Iceberg, Romaine, Bell Pepper, Red Onion Salad Green Bean Almandine Brown Rice Split Pea Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>16 Spaghetti w/ Meatballs</b> Broccoli Mesclun Mix Salad Sourdough Bread Garlic Spread</p> <p>Served with Fruit &amp; 1% White Milk</p>
<p><b>19 CLOSED IN OBSERVATION OF PRESIDENTS' DAY</b></p> 	<p><b>20 Creole Fish</b> Zucchini Medley Carrots WG Bread Vanilla Ice Cream Cream of Broccoli Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>21 Swedish Meatballs</b> Mashed Potatoes Cooked Spinach &amp; Kale WG Roll Northern Bean Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>22 Beef Lasagna</b> Broccoli Beet &amp; Onion Salad WG Bread</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>23 Roasted Turkey</b> Green Beans Tri Color Slaw Herb WG Stuffing Cranberry Sauce Corn Chowder Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>
<p><b>26 BBQ Pulled Pork</b> Collard Greens Potato Salad WG Hamburger Bun Chicken Noodle Soup</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>27 Beef Teriyaki</b> Oriental Vegetables Spinach Salad Brown Rice</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>28 Oven Baked Chicken</b> Cauliflower Mashed Sweet Potatoes WG Cornbread Stuffing Rainbow Sherbet</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>29 Stuffed Bell Pepper</b> Green Beans Creamy Cucumber Salad Mashed Potatoes WG Roll Birthday Cake</p> <p>Served with Fruit &amp; 1% White Milk</p>	<p><b>Suggested Donation - \$2.00</b> (60 yrs. of age and older) <b>Fee: \$4.00</b></p> <p><b>**Menu Subject to Change Without Notice</b></p>

**\*\*MUST COMPLETE APPLICATION TO PARTICIPATE IN THE DAILY LUNCHEON PROGRAM\*\*** Please see the front desk for more information.