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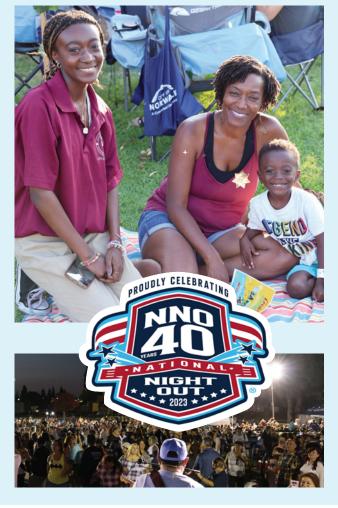
## Join Your Neighbors for National Night Out

Stop by Norwalk's National Night Out on **Wednesday, August 2** from 6 p.m. to 9 p.m. at the Norwalk City Hall Lawn (12700 Norwalk Blvd).

The event will take place in conjunction with the summer concert. Stop by the annual

community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. For more information regarding the event, call the Norwalk Public Safety Department at (562) 929-5732.

Pase por la ciudad de Norwalk's National Night Out el miércoles 2 de agosto de 5 p.m. a las 9 p.m. en Norwalk City Hall Lawn (12700 Norwalk Blvd). El evento se llevará a cabo en conjunto con el concierto de verano. Esta es una campaña anual de desarrollo de la comunidad que promueve las asociaciones entre la policía y la comunidad y la camaradería vecinal para hacer de nuestros vecindarios lugares más seguros y solidarios para vivir. Para más información sobre el evento, llame al Departamento de Seguridad Pública de Norwalk al (562) 929-5732.



# **Welcome to Movie Nights at the Park**

This summer, enjoy FREE movies under the stars at one of our great parks! Bring your family, friends, blankets, lawn chairs, and favorite snacks. Pre-show starts at 6:30 p.m. and movies begin at dusk. Seating is on a first come-first served basis.

For more information, call (562) 929-5566.

Minions: The Rise of Gru Friday, August 11 – Gerdes Park 14700 Gridley Road

The Super Mario Bros
Friday, September 8 – Holifield Park
12500 Excelsior Drive



# Meals that Matter: Senior Nutrition Program Goes the Extra Mile!

In June 2023, the Norwalk City Council confirmed their commitment to the Social Services Department's Senior Nutrition Program for the fiscal year 2023-2024. The program provides Norwalk seniors with congregate meals at the Senior Center (14040 San Antonio Dr.) and Social Services Center (11929 Alondra Blvd.) as well as a delivery meal service to homebound seniors. Over 25,000 meals have been served in our congregate meal program and more than 55,000 meals have been delivered to homebound seniors. To get your loved one signed up for the program, call the Norwalk Senior Center at (562) 929-5580.



# **Stay Cool from the Heat**

The heat can be unpleasant and dangerous at times. Beat the heat this summer at the Norwalk Senior Center (14040 San Antonio Drive). The city cooling center is free, indoor and air-conditioned to help keep you cool when there are extreme weather conditions. Call (562) 929-5580 for more information.









# **Norwalk City Council**

Mayor Ana Valencia Vice Mayor Margarita L. Rios
Councilmember Tony Ayala
Councilmember Jennifer Perez
Councilmember Rick Ramirez

City of Norwalk 12700 Norwalk Blvd. Norwalk, CA 90650

**Norwalk City Hall Hours of Operation** 

Monday - Thursday 8 a.m. - 6 p.m.

# "Bus Stop Equity Project" to improve rider experience



The Bus Stop Equity Project by Norwalk Transit System (NTS) aims to improve all bus stops within city limits with amenities such as shelters, installation of solar panels to provide renewable energy, and real-time customer information to improve operational efficiency and improve the passenger experience while on the NTS. NTS has more than 190 bus stops, however, nearly 75% of the bus stops do not have shelters. This exposes many riders to the sun and other environmental elements. To offset the cost of the project, the Federal Transit Administration's Fiscal Year (FY) 2023 Grants for Buses and Bus Facilities Program awarded NTS \$1.055 million in federal funding.

## Save Time with New Online Building Inspection and Permit Portal



Do you need to schedule a building inspection? Want to save time to process simple permits? A new online portal is available! Create an account and submit your request at **Norwalk.org/portal**.

Inspections are available Mondays - Thursdays, and alternating Fridays. You may schedule more than one inspection by submitting another request. In this initial phase, you can submit a permit for single-family properties for water heaters, electrical panel upgrades, and re-piping.

For more information, scan the QR code below, email CNorwalk@norwalkca.gov, or call (562) 929-5733.





## A Smoother Ride on Firestone

The Norwalk City Council moved the Firestone widening project forward. Expected improvements will include pavement reconstruction, traffic signal & street lighting improvements, retaining walls for roadway widening, ADA pedestrian ramp improvements and several other enhancements.

The action will take place between Hoxie Ave. & Northbound I-605 freeway ramps to the west and Imperial Hwy to the east. The project is expected to begin Summer 2024.



# Pedal to the Next Level: 166th Street Improvements Roll Forward

In June, Norwalk City Council gave the green light to the 166th St. Improvement Plan.

Norwalk is proud to collaborate with the cities of Artesia and Cerritos on this project, which covers 166th Street from Pioneer Blvd. to Norwalk Blvd.

Get ready for bike lanes, fresh striping, and a painted center median with left-turn pockets.

For more information, reach out to the city's Engineering Department at (562) 929-5723.



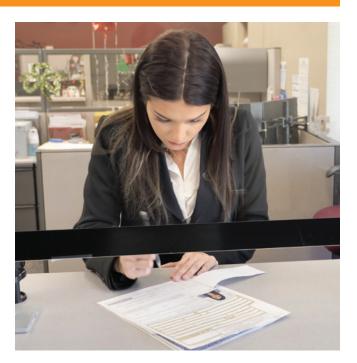
# Applying for a Passport? We Can Help

Did you know that the City of Norwalk is an authorized United States Passport Acceptance Facility?

#### Services offered at this facility include the following:

- Expedited Processing (up to a ten week turnaround time)
- First Time Passports
- Lost or Stolen Passport Replacements
- Passport Changes or Amendments
- Passports for Minors special requirements for minors under the age of 18

For more information and to book an appointment, visit **Norwalk.org/passport**. No walk-ins. By appointment only.



# **Scholarship Opportunity: Careers from Scrubs to Sparks**







The City of Norwalk has scholarships available to assist low-income residents with the cost of technical training in health sciences and medical technology or welding/metal fabrication. The training is offered through the Norwalk-La Mirada Adult School (NLMAS) with funding provided by the Community Development Block Grant program. To obtain an application, visit the City of Norwalk website at Norwalk.org/nlmusd.

The City will pay for the cost of tuition (class fees). Depending upon the program, the amount of assistance ranges from \$1,224 to \$2,740. The student is responsible for the cost of books, uniforms, background checks, and/or exams. Funding for the scholarship program is limited. The Nurse Assistant Pre-Certification (C.N.A.), Dental Assistant, Medical Assistant: Administrative & Clinical and Welding/Metal Fabrication training programs are scheduled to begin August 2023. For more information on the training programs contact Norwalk-La Mirada Adult School at (562) 210-3990.

#### To qualify:

- You must be a Norwalk resident. Proof of residency is required.
  - You must be 18 years of age or older.
- You must submit a completed application and essay during the City's application period.
- Your total combined household income cannot exceed the following income limits:

Number in Household	Income Limit
1	\$70,650
2	\$80,750
3	\$90,850
4	\$100,900
5	\$109,000
6	\$117,050
7	\$125,150
8	\$133,200

A complete Scholarship Application must be submitted at least a week before the selected training program begins. Contact the Housing & Neighborhood Development Division at (562) 929-5951 or visit Norwalk. org/nlmusd for more information.



# **See Something Say Something!**

The Norwalk Public Safety Department and Norwalk Sheriff's Station rely on the help of our residents to keep our City safe.

If you notice anything suspicious happening in your neighborhood, please call Norwalk Public Safety at (562) 929-5732 or the Sheriff's Station at (562) 863-8711.

In case of an emergency, always call 9-1-1. By reporting crimes and suspicious activities, you're helping to protect yourself and others. Let's all watch out for our community!



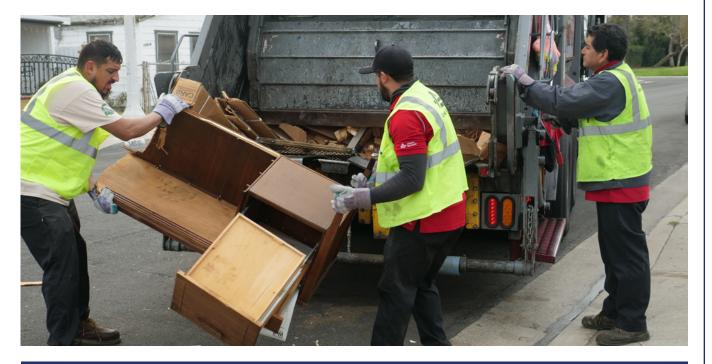
Don't Let Bulky Items Weigh You Don't Let Bulky Items Weigh You Don't rash containers. Did you know that you can request a bulky item pickup? Items are considered bulky when they don't fit into your trash containers. Norwalk residents in single family homes may request the collection of up to five bulky item pickups once a week at no additional charge.

Residents of multi-family dwellings can request bulky item pickups 12 times a year at no additional charge. For the bulky item pickup, visit Norwalk.org/bulky or call Athens Services at (855) 557-1007.

¿Sabías que puedes solicitar la recogida de artículos voluminosos? Los artículos se consideran voluminosos cuando no caben en los contenedores de basura. Los residentes de Norwalk en viviendas unifamiliares pueden solicitar hasta cinco recogidas de artículos voluminosos una vez por semana sin cargo adicional.

Los residentes de viviendas multifamiliares pueden solicitar la recogida de artículos voluminosos 12 veces al año sin cargo adicional.

Para solicitar la recogida de artículos voluminosos, visite Norwalk.org/bulky o llame a Athens Services al (855) 557-1007.





## **Clean Yards Prevent Fires**



Did you know clearing your yard is one way to prevent fires from starting around your home? Dead grass and other debris are fuels for fire.

Here are some tips to make your home more fire-resistant:

- Clear dry vegetation: Dry grass and leaves can be perfect fire starters around the home.
- Mow your lawn: Preventing grass from growing too long will lower the fire risk.
- Choose California native plants: There are many types of native plants that are more fire-resistant. Also, as a bonus, California native plants use less water!
- Maintain outdoor cooking area: Clean excess grease buildup from your grills.





## Are You Prepared for a Disaster?

The Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness for the hazards that may impact their area.

CERT trains volunteers in basic disaster response skills such as fire safety, light search & rescue, team organization, and disaster medical operations. Participants will also have an opportunity to become certified in CPR / AED / First Aid.

### Sign up Today!

Contact the Norwalk Office of Emergency Management at (562) 929-5919 or email oem@norwalkca.gov.

Volunteers must be 18 or older, a Norwalk resident, and pass a background check. There is no cost to participate.

# **Upcoming Trainings**

August 11 - 5 p.m. to 9 p.m. August 12 - 8:30 a.m. to 4 p.m. August 19 - 8:30 a.m. to 4 p.m.

> Participants must attend all three sessions



# Financial Health and Wellness Series Part One

Tuesday, August 1 • 12:30 - 1:30 p.m.

"Maximize Social Security and Retirement income." Learn how to avoid costly mistakes, optimize tax strategies and get the right advice to enjoy the "Golden Years" with peace of mind. Call (562) 929-5580 for more information.

# **Senior Smart Phone Training (Android in English)**Wednesday, August 2 • 1 - 3 p.m.

Do you have difficulty seeing or hearing your smartphone? Join us for a Free Senior Smart Phone training (Android models only). Call the Norwalk Senior



# Financial Health and Wellness Series Part Two

Tuesday, August 8 • 12:30 - 1:30 p.m.

"Estate Planning: Living Trust and Wills." Learn how to protect your health and wealth by avoiding costly probate and attorney fees by using Advanced Health Care Directives, Durable Power of Attorney, Living Trusts, and Last Will & Testament. Call (562) 929-5580 for more information.

# Tuesday, August 8 • 3 - 5 p.m.

In this fun, exciting and very colorful workshop, staff will teach you how to create cool designs like swirls, stripes and sunbursts. Light refreshments will be provided. Register Now. Please call the Norwalk Senior Center (562) 929-5580 for more information.

# Financial Health and Wellness Series Part Three

August 15 • 12:30 - 1:30 p.m.

"Stop Losing Money in Your Retirement." Learn how money works with Social Security, retirement plans, and annuities. Call (562) 929-5580 for more information.

# Tuesday, August 15 • 3 - 5 p.m.

Come take a chance with a game of odds. Contestants will be presented with thirteen sealed briefcases full of various prizes. Norwalk resident\* registration begins Tuesday, August 1, 2023 at 9:00 a.m. Open registration begins Tuesday, August 8, 2023 at 9:00 a.m. \*Photo identification with proof of residency required. Please call (562) 929-5580 for more information.

# **Dementia Conversation: Driving, Doctor Visits, Legal & Financial Planning**Wednesday, August 16 • 2 - 3 p.m.

Staff from Alzheimer's Association will teach how to have honest and caring conversations about common concerns when someone begins to show signs of dementia. Please call the Norwalk Senior Center (562) 929-5580 for more information.

# FREE Karaoke Cabaret Thursday, August 17 • 2 - 5 p.m.

Come one, come all, to our Karaoke Cabaret and enjoy an afternoon of singing, laughter, and fun. Call (562) 929-5580 for more information.

# **Financial Health and Wellness Series**

**Part Four** 

Tuesday, August 22 • 12:30 - 1:30 p.m.

"Prepare: Disability, Long Term Care and Final Expenses." Learn how to protect your health and wealth with longterm care, Medicare options and life insurance.

# Senior Smart Phone Training (iPhone in Spanish)

Wednesday, August 23 • 1 - 3 p.m.

Join us for a Free Senior Smart Phone training (iPhone models only) to help make smartphones work better for you. Call (562) 929, 5580 for more information.

# FREE Fudge It Up: Sweet & Sugary Campsite Thursday, August 24 • 3 - 5 p.m.

Join us as we bring a small portion of the camping experience to you. Norwalk resident\* registration begins on Thursday, August 10, 2023 at 9:00 a.m. Open registration begins Thursday, August 17, 2023 at 9:00 a.m. \*Photo identification with proof of residency required. Call (562) 929-5580 for more information.

# A Look at the Most Common Cancers Wednesday, August 30 • 2 - 3 p.m.

Join us as a staff member from Scan Independence at Home discusses the most common cancers that affect older adults. Call (562) 929-5580 for more information.

#### **End of Summer BBQ**

Thursday, August 31 • 6 - 8 p.m. • Cost: \$5.00
Let's get together to celebrate good food, good friends and the summer season. Norwalk residents\* may purchase tickets beginning Thursday, August 17, 2023 at 9:00 a.m. Open ticket sales begin Thursday, August 24, 2023 at 9:00 a.m. (One ticket per person). \*Photo identification with proof of residency required. Call (562) 929-5580 for more information.



#### 11929 Alondra Blvd • 562-929-5544

#### Red Cross Blood Drive Tuesday, August 29 • 11 a.m. – 5 p.m.

City of Norwalk Social Services will be hosting a blood drive. To make an appointment, please sign up online at www.redcrossblood.org and enter sponsor code: NorwalkSS or call (562) 929-5544.

# Thursday, August 3 • 3 – 5 p.m.

The school season is approaching once more and what better way to get ready than for students to customize their own backpack.

# Thursday, August 17 • 5 – 7 p.m.

Bring the family out for entertainment with August's showing of "Jumanji." Donations of five canned foods are encouraged to help the city's efforts in supplying food for those in need. Snacks and light refreshments will be provided.

# Crafts n' Creations Thursday, August 31 • 3 – 5 p.m.

Explore your interest in craftsmanship as our Recreation staff leads an interactive arts and crafts class. Participants will create edible food crafts and other interesting pieces of art.

#### A Pirate's Life for Me! Senior Dance Thursday, August 24 • 9 – 11 a.m.

Ahoy Mateys! Come dressed up in your best pirate gear or risk walking the plank in the "A Pirate's Life for Me!" Senior Dance. Open registration begins Thursday, August 3 after 12 noon. To register, please call (562) 929-5544.

#### NEW Family Zumba Night Second & Fourth Wednesday Monthly 6:30 – 7:30 p.m.

A fun and easy way to keep your family active with Zumba. To register, please call (562) 929-5544.

#### Foundation for Life

#### First and Third Monday Monthly • 6 – 8 p.m.

Leadership and mentorship program for young men, ages 14 - 18. For more information, please call (562) 929-5544.

## Senior Zumba Classes

First and Third Wednesday Monthly 9:30 – 10:30 a.m.

Free Zumba classes are available for all seniors at Norwalk Social Services. Seniors are encouraged to come and enjoy an active morning. For more information, please call (562) 929-5544.

# AA (Alcoholics Anonymous) Every Tuesday and Wednesday • 6 - 8 p.m.

Peer support group intended to guide and encourage individuals trying to recover from alcoholism. Spanish Only. For more information, please call (562) 929-5544.

#### **Neurotics Anonymous** Tuesdays Weekly • 12 – 2 p.m.

Thursdays Weekly • 12 – 2 p.m.

Thursdays Weekly • 6 – 8 p.m.

If you suffer from fear, anxiety, loneliness, anger, depression, or other emotions that may make life unbearable, you are encouraged to seek help from Neurotics Anonymous. Spanish only. For more information, please call (562) 929-5544.

#### L.A.D.Y. (Leadership and Advocacy for the Direction of Young Women) Second and Fourth Thursday of every month

6 – 8 p.m.

Mentoring program for young women ages 15-23, who have struggled with any of the following, due to the COVID-19 pandemic: Mental/physical health, financial stability, personal growth, relationships, and education. For more information, please call (562) 929-5544.

#### **Youth Intervention Services**

Youth Intervention services are available to Norwalk families. Intervention workers are trained counselors who work with at-risk adolescents experiencing negative behaviors at school, home, or out in the community. For more information, please call Norwalk Social Services at (562) 929-5544.



