

Norwalk^e NOW

The Official Community Publication of Norwalk, California
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Artastic Recap

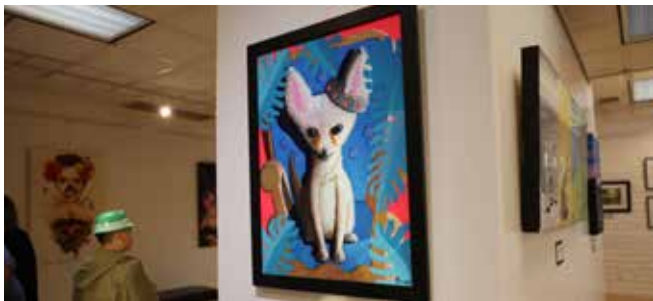
On Friday, March 17 the Norwalk's Recreation and Park Services Department hosted the 12th Annual Artastic event at the Cultural Arts Center. The event featured art exhibits from local artists and students; chalk art competitions; book fair; arts and crafts; and live entertainment. Congratulations to the winners of the chalk art competition and the winners of the 12th Annual Student Art Competition and Scholarship Program. If you were unable to attend the event, you can view photographs from the event on the city's Flickr account or watch a video recap on the city's youtube channel. *El viernes 17 de marzo, el Departamento de Servicios de Parques y Recreación de Norwalk organizó el 12º evento Artístico Anual en el centro de artes culturales. Si no pudiste venir al evento, puedes ver fotografías del evento en la cuenta de Flickr de la ciudad o ver un video en el canal de youtube de la ciudad..*



Meet the MAYOR

The City of Norwalk will be hosting Meet the Mayor on Thursday, April 6, at 4 p.m. at Bob's Pizza (14505 Pioneer Blvd) Stop by for an opportunity to meet and chat with Mayor Ana Valencia one-on-one. This is a great opportunity to voice concerns or ask questions in a casual environment. Light refreshments will be served on a first come-first served basis.

Pase a conocer la alcaldesa Ana Valencia a las 4 p.m. el jueves, 6 de abril en Bob's Pizza (14505 Pioneer Blvd). Visítenos para tener la oportunidad de conocer y conversar con la alcaldesa Valencia uno a uno.



Every Day is Earth Day



The City of Norwalk is committed to creating a healthy and clean environment for the community members we serve. Year-round, the city hosts three annual used oil recycling events, two waste collection events, two compost and mulch events, and monthly bulky item pickups. The City of Norwalk is committed to educating and promoting the proper disposal of waste and toxic waste items.

As earth day approaches, some of the ways you can #KeepNorwalkClean:

- Reuse bags
- Reduce food waste
- Make sure your waste goes to the right place
- Avoid single-use items
- Invest in a reusable water bottle

La ciudad de Norwalk se compromete a crear un ambiente saludable y limpio para los miembros de la comunidad a los que servimos. A medida que se acerca el día de la Tierra, recuerde mantener limpia la ciudad de Norwalk.

Recreation and Park Services Department

Citywide EGGNORMOUS Egg Hunt

The Spring Bunny has been super busy strategically planning a giant egg hunt around town. Be on the lookout the week of **APRIL 3** for the hidden egg posters and make sure to capture one for a special prize!

HOW TO PARTICIPATE

- Participants must be Norwalk residents.
- Only one (1) egg poster may be submitted per family/household (ID will be required).
- City employees and their family are not eligible to participate.
- Prizes must be redeemed during the Egg-stravagant Egg Hunt event on April 8 at the Norwalk Civic Center Lawn.

FOR MORE INFORMATION, PLEASE CALL (562) 929-5702.

FREE EVENT!
Recreation and Park Services Department

CITY OF NORWALK
A Connected Community

Egg-stravagant Egg Hunt

SATURDAY, APRIL 8, 2023 • 12:30 - 4 PM

NORWALK CIVIC CENTER LAWN
12700 Norwalk Blvd.

Egg Hunts • Games • Crafts • Entertainment
\$5 Bunny Photos & Much More!

EARLY ARRIVAL RECOMMENDED

Egg Hunt Schedule		
1 PM	TINY TOTS	1.5-3 YEARS
2 PM	FUNNY BUNNIES	4-5 YEARS
2:30 PM	EGG HEADS	6-8 YEARS
3 PM	WACKY WABBITS	9-12 YEARS

FOR MORE INFORMATION, PLEASE CALL (562) 929-5702.

See Page 2 for an Important Food Waste Reminder...

Norwalk City Council

Mayor Ana Valencia Vice Mayor Margarita L. Rios
Councilmember Tony Ayala
Councilmember Jennifer Perez
Councilmember Rick Ramirez

Norwalk City Hall Hours of Operation
Monday - Thursday 8 a.m. - 6 p.m.
Alternating Fridays 8 a.m. - 5 p.m.
562-929-5700

City of Norwalk
12700 Norwalk Blvd.
Norwalk, CA 90650

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COMMUNITY FOOD DISTRIBUTION

SATURDAY, APRIL 1, 2023

DRIVE THRU & WALK-UP DISTRIBUTION

**SATURDAY, APRIL 1
9 AM - 12 PM**

**L.A. COUNTY REGISTRAR
12440 IMPERIAL HWY
NORWALK, CA 90650**

FOLLOWING ALL SOCIAL DISTANCING SAFETY PROTOCOL

Streets Master Plan Continues to Improve Quality of Life

Given the recent storms and their impacts to our roads, the City of Norwalk would like to remind residents that the city remains committed to improving our roads to increase the overall quality of life and safety for its community.



The Local Streets Rehabilitation Project continues in Zones 3, 8, and 19 to further implement the city's Streets Master Plan. The investment for these zones is estimated to be over \$3.7 million, with most of the funding coming from Measure R (2008) and Measure M (2016). No General Fund monies are being used for the Local Streets Rehabilitation Project.

The concrete repairs have been completed in these zones. The asphalt replacement is scheduled to begin by Summer 2023.

Additionally, there are some streets being finished in Zone 28. Most of the work in this zone had been completed last year and the remaining streets that needed repairs are currently being completed. The concrete work has been completed and the asphalt work will be finished by the end of Spring 2023.

Migrant Education Program Speech & Debate Winners



On Tuesday, March 21, the Norwalk City Council recognized seven students from Norwalk-La Mirada Unified School District's Migrant Education Program. Every year, students from the program have the opportunity to put together a Speech and Debate team to compete against other students in their respective grade levels from other school districts in Los Angeles County. This year, the students participated in the Regional Speech Competition at the Los Angeles County Office of Education where they outperformed students from surrounding school districts. Congratulations to Deyanira Alfaro, Heidi Alfaro, Joanna Alfaro, Emmanuel Salazar Lira, Jayleen Chavez Madrigal, Angel Gomez Mencias, and John Rico!

El martes 21 de marzo, el Concejo Municipal de Norwalk reconoció a siete estudiantes del Programa de Educación para Migrantes del Distrito Escolar Unificado de Norwalk-La Mirada por representar y tener un buen desempeño en el evento. ¡Felicitaciones a Deyanira Alfaro, Heidi Alfaro, Joanna Alfaro, Emmanuel Salazar Lira, Jayleen Chavez Madrigal, Angel Gomez Mencias, y John Rico!

First-Time Home Buyer Program Community Workshop

The City of Norwalk is hosting a First-Time Homebuyer Community Workshop on Thursday, April 27 from 5 p.m. - 7 p.m. at the Norwalk Sports Complex - Sproul Room, 13000 Clarkdale Ave.

The workshop will provide information to interested first-time homebuyers about the program. The First Time Homebuyer Program (FTHB) is made available through the U.S. Department of Housing and Urban Development (HUD) HOME funds for Down payment and Closing Costs Assistance to help low-income households buy their first home in the City of Norwalk. The City's investment of HOME funds will be limited to down payment and closing costs assistance through no interest deferred loans.

Eligibility requirements are as follows:

Resident of the City of Norwalk

Not have owned a home in the past 3 years

Meet HUD income qualifications based on household size

Household Size	Maximum Income
1 Person	\$66,750
2 Persons	\$76,250
3 Persons	\$85,800
4 Persons	\$95,300
5 Persons	\$102,950
6 Persons	\$110,550
7 Persons	\$118,200
8 Persons	\$125,800

For more information, contact Housing & Neighborhood Development Division at 562- 929-5951 or CDBG_@norwalkca.gov.

La ciudad de Norwalk está organizando un taller comunitario para compradores de vivienda por primera vez el jueves 27 de abril de 5 p. m. a 7 p. m. en el Complejo Deportivo Norwalk - Sproul Room, 13000 Clarkdale Ave. El programa proporciona fondos para el pago inicial y la asistencia para los costos de cierre para ayudar a las familias de bajos ingresos a comprar su primera casa en la ciudad de Norwalk. Para obtener más información, llame a (562) 929-5951 o envíe un correo electrónico a CDBG_@norwalkca.gov.

Food Waste Reminder Is your household separating their food waste and placing it in the green waste container?

In 2016, California signed Senate Bill 1383 into law to reduce organic waste disposal. On January 1, 2022, Norwalk residents were required to begin separating their food waste and food-soiled paper from the trash into the organic (green lid) container along with green waste. Instead of taking more waste into a landfill, Norwalk's trash hauler, Athens Services will collect and recycle it into compost that can be used to grow plants and vegetables. Remember to be a global citizen and do your part to reduce waste in the landfill. Separate your food waste and place it in the green lid container.

Do you need a pail to help your household get into the habit of separating food waste? Stop by Norwalk

¿Necesita un cubo para ayudar a su hogar a adquirir el hábito de separar los desechos de alimentos? Pase por el puesto de información de la comunidad de Norwalk (12700 Norwalk Blvd) para recoger un contenedor de desperdicios de comida GRATIS el viernes 7 o 21 de abril de 8 a. m. a 5 p. m. Se requiere prueba de residencia. Para más información llame al (562) 929-5964.



Community Information Booth (12700 Norwalk Blvd) to pick up a FREE food waste container on Friday, April 7 or 21 from 8 a.m - 5 p.m. Proof of residency is required. For more information, call 562-929-5964.

SAVE THE DATE

CITY OF NORWALK
A Connected Community

Mayor's ~prayer~ Breakfast

"Connected in Community: Building a Stronger Foundation for Our Future"

Wednesday, May 24 • 6:30 am
Norwalk DoubleTree Hotel • 13111 Sycamore Dr.

Keepin' It
Norwalk

Business Spotlight

Family Restaurant

Submit your nomination for your favorite "Family Restaurant" to eat/dine at with your loved ones of all ages by Sunday, April 9. Business must be located in Norwalk and have an active business license. Stay tune to see what are some of the community's favorite eateries to sit down and have a meal with their family or loved ones.



Submit your vote by visiting the Norwalk Community Promotion page by scanning the QR code.

New Businesses in Town

The City of Norwalk would like to welcome Ladybug Kids Dental and L.A. Care and Blue Shield Promise Community Resource Center to the community.

Ladybug Kids Dental (11762 Firestone Blvd.) offers children's dentistry and orthodontics services.

L.A. Care and Blue Shield Promise Community Resource Center (11721 Rosecrans Ave.) offer in-person health and wellness classes that are fun, free and open to everyone. They also offer a free food pantry open to the community the 2nd Friday of every month from 10 a.m. - 2 p.m. Make sure to stop by these businesses to see what they can offer you and your family!

La ciudad de Norwalk desea dar la bienvenida a Ladybug Kids Dental y L.A. Care and Blue Shield Promise Community Resource Center a la comunidad. ¡Asegúrate de visitar estos negocios para ver qué pueden ofrecerte a usted y a su familia!





COMMUNITY SAFETY ZONE

Norwalk's Dispatch Team

This month the Department of Public Safety would like to highlight the Dispatch Team! The Norwalk Public Safety dispatchers play a vital role in community policing by quickly and efficiently dispatching public safety officers. Dispatchers collect and evaluate information from callers and determine the appropriate response level while providing residents with valuable details on city resources.

Dispatchers work long hours and manage communication and coordination between city resources and the Norwalk Sheriff's Department during significant incidents. Their dedication and commitment to the community is invaluable. Thank you to the Dispatch team for their selflessness and unwavering commitment to help others.



Avoid Distracted Driving

Distracted driving has become a growing concern in recent years with the increasing use of technology and other distractions in the car. Understanding the dangers of distracted driving and taking steps to minimize the risks is important.

One of the biggest distractions in the car is using mobile phones. Using a phone while driving can take your eyes off the road, your hands off the wheel, and your mind off the task of driving. This can lead to accidents and even fatalities.

Other distractions, such as eating or applying makeup, or eating food can also be dangerous and increase the likelihood of an accident. To avoid the dangers of distracted driving, stay focused on the road and avoid distractions.

This means put away your phone, avoid activities that take your attention away, and stay alert and focused on the road. If you need to use your phone while driving, pull over to a safe location before calling or texting. It is essential to ensure that any passengers in your car are not distracting you from driving.

Remember, driving is a privilege and a responsibility. By staying focused on the road and avoiding distractions, we can all play a role in keeping ourselves and others safe on the road.



Save the Date

As part of Norwalk's commitment to keep the community safe and clean, the Public Safety Department will be hosting a Community Clean-Up event on Saturday, April 22 from 9 - 11 a.m. This is a collaborative community effort that will focus on cleaning up the area of Orr and Day Rd. and Carne St. For more information or to sign-up for the cleanup contact Raudel Perez at 562-929- 5736 or _publicsafetycsp@norwalkca.gov.

Report Coyotes



The Public Safety Department would like to remind residents to report coyote sightings through our online coyote reporting form located on the City website under, Public Safety - Coyote Reporting (<https://tinyurl.com/nwkozyote>) or by calling the Public Safety Office at 562-929-5732. Reporting coyote sightings/interactions will help the City document coyote behaviors, identify hotspots, and utilize data to generate maps for residents on a regular basis.



Calling All Teens!



The Public Safety Cadet Program is currently accepting applications. The Program is open to youth between the ages of 13-17 years old. The objective of the program is to give cadets a sense of responsibility, increase their self-esteem through positive social interaction, develop leadership, team building and problem solving skills, and prepare them for future career opportunities.

Examples of duties include providing assistance at special City events and community projects, and providing traffic/crowd control at parades and community events. To apply to the cadet program visit Norwalk.org or call 562-929-5732.



Sign Your Business Up to Receive City Alerts

Text **NWKBIZ** to **888-777** to receive community alerts

Visit Nixle.com to sign up via email and manage your account.



Pick Up After Your Pup...

It's the Right Thing to Doo Doo!





14040 San Antonio Dr • 562-929-5580

Mental Health Support Group

Every Monday • 2 - 2:45 p.m.
Call-In Number: 1 (978) 990-5176
Conference ID: 695849#

This support group will meet by phone on a weekly basis. Some of the topics that will be discussed are depression, anxiety, stress management, self-care, grief and loss, mental well-being, and the aging process.

AARP Driver Safety Classes

Monday, April 24 & Wednesday, April 26 • 1 - 5 p.m.
Cost: \$20 for AARP members, \$25 for non-members

Sign-up for an in-person course to update your driving skills and knowledge on the rules, and hazards of the road. Upon completion of this course, you may qualify for an auto insurance discount.* This 8-hour class is taught over two days, and attendance at both classes is required. Pre-registration is required. For more information, call the Senior Center at (562) 929-5580.
**(Check with your auto insurance agent for information.)*

CalFresh

First & Third Tuesday Monthly • 9 - 11 a.m.

A CalFresh Outreach worker from the Los Angeles Regional Food Bank will be available to assist seniors onsite with their CalFresh application. The CalFresh Outreach worker will also be available via phone to assist seniors throughout the week (323) 855-0496.

Veteran Service Officer Weekly Meeting with Veterans

Every Wednesday • 8:30 a.m. - 3:30 p.m.

A Veteran Service Officer from the Los Angeles County Department of Military and Veterans Affairs will be available to meet with Veterans on a weekly basis. The meetings will allow veterans to get further individualized assistance with their VA benefits. Call the Norwalk Senior Center to schedule an appointment (562) 929-5580.

Center for Health Care Rights:

Medi-Cal and Medi-Cal Share of Cost
Wednesday, April 5 • 2 - 3 p.m.
Location: Norwalk Senior Center

Staff from Center for Health Care Rights will provide information on Medi-Cal eligibility guidelines for seniors and people with disabilities. Seniors will learn about ways to eliminate Medi-Cal share of cost. Call the Norwalk Senior Center at (562) 929-5580 for more information.

Senior Spring Eggstravaganza

Thursday, April 6 • 2 - 6 p.m.
Cost: Free

Spring is officially back! Hop on over to the Senior Center for some Spring Egg-citement! Egg-tivities include; an egg hunt, decoration of tote bags, eggs and cookies. Test your luck in finding the Golden Egg to win a special prize! Norwalk *resident registration begins Thursday, March 16 at 9 a.m.

Open registration begins Thursday, March 23 at 9 a.m.
**Photo identification with proof of residency required. Call the Norwalk Senior Center at (562) 929-5580 for more information.*

Senior Dental Presentation & FREE Screening

Thursdays, April 6 & April 13 • 10 a.m. - 12 p.m.
Cost: Free

Join Dr. Ann Nguyen, Ph.D., RDHAP, and Cerritos College Dental Hygiene students for an oral hygiene education and screening. The presentation will cover daily dental care and food consumption and overall oral hygiene. Following the presentation, seniors 50 years of age and older may choose to have a free dental screening. Call the Norwalk Senior Center at (562) 929-5580 for more information.

Earth Day Recycling Craft

Tuesday, April 11 • 2 - 3:30 p.m.
Cost: Free

Recycling saves lives! In honor of Earth Day, seniors will be doing their part in using eco-friendly materials to make Earth Day related crafts. Join in on the arts and crafts fun while being able to learn more about Earth Day.
*Norwalk *resident registration begins Tuesday, March 21 at 9:00 a.m. Open registration begins Tuesday, March 28 at 9 a.m.* Call the Norwalk Senior Center at (562) 929-5580 for more information.

Senior Movie Night

Tuesday, April 11 • 6 - 8 p.m.
Cost: Free

You are invited to join us for an evening showing of "Uncharted" in the Senior Center lobby. Reservations are required. Norwalk *resident registration begins Tuesday, March 21 at 9 a.m. Open registration begins Tuesday, March 28 at 9 a.m.*Photo identification with proof of residency required. Call the Norwalk Senior Center at (562) 929-5580 for more information.

CareMore: Doc Talk-Allergies & Sinus problems

Wednesday, April 12 • 2 - 3 p.m.

A doctor from Caremore medical group will provide a presentation on allergies and sinus problems that covers information about the different types of allergies, symptoms, and provide tips on how to address these issues. Call the Norwalk Senior Center at (562) 929-5580 for more information.

Rancho Cucamonga Quakes Baseball

Tuesday, April 18 • 8:30 a.m. - 3:30 p.m.
Location: Rancho Cucamonga

Cost: \$15 (Bus Departs from Norwalk Senior Center)
Sign-up for some spring baseball as the Dodgers Single-A Affiliate team, the Rancho Cucamonga Quakes take on the Fresno Grizzlies at LoanMart field in Rancho Cucamonga. Norwalk *resident registration begins Tuesday, March 28 at 9 a.m. Open registration begins Tuesday, April 4, at 9 a.m.*Photo identification with proof of residency required. Call the Norwalk Senior Center at (562) 929-5580 for more information.



11929 Alondra Blvd • 562-929-5544

Mammogram Success

Norwalk Social Services, in partnership with Alinea Medical Imaging, provided free mammogram services to 21 women during the month of March. Did you know early screenings and detection increase chances of survival rate by 98%? The Social Services Department is actively working to schedule additional events to benefit more women in our community. Make sure you are following the City of Norwalk on Social media to stay up to date on future mammogram events.

Neurotics Anonymous

Tuesdays • 12 - 2 p.m.
Thursdays • 6 - 8 p.m.

Do you suffer from fear, anxiety, loneliness, anger, depression, or other emotions that may make life unbearable? You are encouraged to seek help from Neurotics Anonymous. The resource is available in Spanish only. For more information, call (562) 929-5544

AA (Alcoholics Anonymous)

Every Tuesday & Wednesday • 6 - 8 p.m.

This course offers peer support groups intended to guide and encourage individuals trying to recover from alcoholism. The course is available in Spanish Only. For more information, call (562) 929-5544

L.A.D.Y.

(Leadership Advocacy Directing Young Women)
Second & Fourth Thursday Monthly • 6 - 8 p.m.

L.A.D.Y. is a mentoring program for young women ages 15-23, who have struggled with mental/physical health, financial stability, personal growth, relationships, or education due to the COVID-19 pandemic. L.A.D.Y. will focus on proactive techniques to manage these issues. For more information call, (562) 929-5544

Youth Intervention Services

Youth Intervention services are available to Norwalk families whose youth are experiencing dysfunction in today's society. There are trained counselors who work with at-risk adolescents experiencing negative behaviors at school, home, or community. For more information, call Norwalk Social Services at (562) 929-5544.

National Alliance on Mental Illness (NAMI)

Second & Fourth Wednesday monthly 6 - 8 p.m.

NAMI is a free educational program designed for parents, family members, and caregivers of children and adolescents with emotional or behavioral difficulties. This support group is available in Spanish only. For more information, contact Silvia at (562) 448-4816.

Free Zumba Classes

First four Wednesdays Monthly • 9:30 - 10:30 a.m.
Free Zumba classes are available for all seniors at Norwalk Social Services Center. Seniors are encouraged to come and enjoy an active morning. For more information, call (562) 929-5544

Loteria

Every Friday • 9:30 - 10:30 a.m.

Seniors are encouraged to join free loteria mornings at the Social Services Center. For more information call (562) 929-5544

CEA-H.O.W.

Every Tuesday • 10 - 11:30 a.m.

CEA-H.O.W. is a fellowship of men and women who meet to share their Experience, Strength and Hope. The purpose of the program is to help others who suffer from the self-destruction of compulsive eating. Spanish Only.

Cal Fresh

Every Thursday, by appointment only • 9 - 11 a.m.

A CalFresh outreach worker from the Los Angeles Regional Food Bank will be available to assist community members with their CalFresh Application. To schedule an appointment call (562) 929-5544.

Community Legal Aid

Second & Third Wednesday monthly, by appointment only • 10 a.m. - 2 p.m.

Free legal services are available for Norwalk residents who meet income eligibility guidelines. To schedule an appointment, call (562) 929-5544.

Promotores

Every Monday & Friday • 10 - 11:30 a.m.

Promotores will present on topics related to mental health and bring awareness to our community. To register or for more information call (562) 929-5544.

LA County Mental Health

First & Third Wednesday Monthly • 8:30 - 11:30 a.m.

A representative from the Los Angeles County Department of Mental Health will be available for one-on-one counseling and referrals. To schedule an appointment or for more information, call (562) 929-5544.

Senior Movie Matinee

First & Third Tuesday Monthly • 9 - 11 a.m.

There are free movie matinee days at the Social Services Center for seniors. Popcorn is served during showings. For movie showing information, call (562) 929-5544.