# Happy Mother's Day May 2023, Volume 44, #5 • @cityofnorwalkca

# **Memorial Day Ceremony** Help honor and pay tribute to the servicemen and women who made the ultimate sacrifice at the annual Memorial Day Ceremony on Monday, May 29 at the Freedom Memorial at Norwalk Civic Center from 11 a.m. - 1 p.m. The event is free and open to the public. For more information, call 562-929-5735. Ayude a honrar a los hombres y mujeres en servicio que hicieron el máximo sacrificio en la Ceremonia anual del Día de los Caídos el lunes 29 de mayo en el Freedom Memorial en el Centro Cívico de Norwalk de 11 a.m. a 1 p.m.

# 2023 Home & Business Beautification Contest

Are you proud of your home or business

Contest winners will be selected in Dwelling, Home Improvements, and Interior Business Appeal. Entries can be self nominated or nominated by other individuals. Last day to submit an application

Promotion Commission. The winner will receive a gift card, a lawn sign, and will be recognized at a future council meeting. If you would like to enter the Home and Business Beautification Contest or nominate another local resident, business, or property owner, submit the application available at norwalk.org/beautifulnorwalk or stop by the Community Information Center at City Hall. Good luck to all contest participants!



domingo 4 de junio.





¿Está orgulloso de que su hogar o

atractivo? Si es así, ¡participe en el

Concurso Anual de Embellecimiento de

Hogares y Negocios de la Comisión de

Promoción Comunitaria! El concurso

es una oportunidad para que los

residentes, dueños de propiedades

y empresas muestren el tiempo,

el esfuerzo y el trabajo duro que

invierten en el mantenimiento de su

Los ganadores del concurso serán

hogar, negocio o propiedad.

seleccionados en cuatro categorías: Atractivo exterior,

Vivienda multifamiliar, Mejoras en el hogar y Atractivo comercial interior. Las entradas pueden ser auto

nominadas o nominadas por otras personas. El último

día para presentar una solicitud para el concurso es el

y sera reconocido en una reunion del consejo. Si desea participar en el Concurso de Embellecimiento de Hogares

y Negocios o nominar a otro residente local, propietario de un negocio o de una propiedad, envíe la solicitud

disponible en norwalk.org/beautifulnorwalk o pase por el

Centro de Información Comunitario en el Ayuntamiento.

El ganador recibirá una tarjeta de regalo, un letrero

negocio se vea limpio, bien cuidado y

**Multi-Family Dwelling** 

Interior Business Appeal.

# A NEW Mural is Coming to Town

The City of Norwalk is debuting a new mural at Norwalk's City Hall Parking Structure north-facing wall. The mural welcomes guests to the city and features iconic Norwalk landmarks and historical features.

The mural was designed and painted by artist Trinity Cottrell who was selected by the Norwalk Arts in Public Places Commission. Trinity has been involved with the Mary Paxon Gallery at the Cultural Arts Center for over five years. Her work has been showcased at community events such as Artastic and other gallery receptions.

Hay un nuevo mural en la ciudad de Norwalk en la pared orientada al norte de la Estructura de Estacionamiento



del Ayuntamiento de Norwalk. El mural da la bienvenida a los visitantes a la ciudad y presenta lugares simbólicos de Norwalk y características históricas. Asegúrate de pasar y ver el mural.

## Recognize a Hometown Hero

The City of Norwalk is honored to be home to many individuals who serve our country. If you are 1) on active duty or an active reserve currently serving in any of the six branches of the United States Armed Forces, and 2) a Norwalk resident or immediate family of a Norwalk resident, a personalized banner will be created and displayed along the Imperial Highway corridor to recognize your service and daily sacrifices in the name of freedom.

Applications are available May 1 - August 15 at www.norwalk.org/hometown-heroes or in person at the City Hall Information Center at 12700 Norwalk Blvd.

La Ciudad de Norwalk tiene el honor de ser el hogar de muchas personas que sirven a nuestro país. Si 1) está en servicio activo o es un reservista activo que actualmente sirve en cualquiera de las seis ramas de las Fuerzas Armadas de los Estados Unidos, y 2) es residente de Norwalk o familiar directo de un residente de Norwalk, se creará y mostrará un cartel personalizado a lo largo del corredor de la Carretera Imperial para reconocer su servicio y sacrificios diarios en nombre de la libertad.

Las solicitudes están disponibles del 1 de mayo al 15 de agosto en www.norwalk.org/hometown-heroes o en persona en el Centro de Información del Ayuntamiento en 12700 Norwalk Blvd.



**BUSINESS** 

**geautification** 

looking clean, well-kept, and attractive? If so, enter the Community Promotion Commission's Annual Home and **Business Beautification Contest!** 

The contest is an opportunity for residents, property owners, and businesses to showcase the time and hard work they invest in maintaining their home, business, or property.

four categories: Curb Appeal, Multi-Family for the contest is Sunday, June 4.

Winners will be selected by the Community

# **Norwalk City Council**

Mayor Ana Valencia Vice Mayor Margarita L. Rios **Councilmember** Tony Ayala **Councilmember** Jennifer Perez **Councilmember** Rick Ramirez

12700 Norwalk Blvd.

**Norwalk City Hall Hours of Operation** 

Curb Appeal & Home Improvements





Fair Housing Foundation is a HUD approved Housing Counseling Agency who is dedicated to promoting equal access to housing by educating about housing rights.

Fair Housing Foundation

#### NORWALK FAIR HOUSING WORKSHOP

Wednesday, May 31 @ 2:00-4:00 pm Norwalk Social Service Center: 11929 Alondra Blvd. Norwalk, CA 90650

#### **Cost: FREE**

Easy way to learn about your rights and responsibilities! Material disponsible en español a

Follow us on social media and be









This workshop is for Tenants Landlords, Managers, Property Owners, Attorneys, Realtors, and Management Companies This workshop covers:

- Information on COVID-19
- New Statewide Laws
- · Federal and State Fair Housing Laws
- Modifications and
- Accommodation
- · Families with Children
- Notices Evictions Process
- · Security Deposits
- · Habitability & Repairs
- · Rent Increases
- And Lots More

# Affordable Pet Vaccine & Microchip Clinic

# **\$10 Rabies Vaccine**

## **Norwalk City Hall** 12700 Norwalk Blvd.

**Friday** June 16th @ 4:00 - 7:00 PM July 14th @ 4:00 - 7:00 PM

Individual Vaccinations & Cost Saving Vaccination Packs and Series Available

Dog & Cat Vaccinations • Fecal Exams • De-Worming Physical Exams • Micro-Chipping • Nail Trimming Prescription Flea Control • Diagnostic Testing

1-800-988-8387

www.vetcarepetclinic.com

Medical Waste Disposal Fee \$3.00

Prices Subject to Change. Please bring all dogs on leashes and cats in carriers.

#### **RECYCLE A USED OIL FILTER AND GET A NEW ONE FOR FREE!\***

Saturday, May 20, 2023 9:00 a.m. to 1:00 p.m.

> O'Reilly Auto Parts 12233 S. Norwalk Blvd. Norwalk, CA 90650



Cal Recycle 🥢

Open to Norwalk residents only. <u>Limit one (1) filter per person.</u> Maximun filter price of \$14.99. While supplies last. Limited to stock on-hand.

Residents who bring in used oil or a used filter are eligible for a Free motor oil drainer container!

Residents must bring a used oil filter to the store to receive a new FREE oil filter.

Used oil must be properly stored in a clean, uncontaminated container.

For more information, please call (888) HEY-SLICK.

# A Smoother Experience at Holifield Park

Visitors of all ages will appreciate Holifield Park's enhanced ADA-accessible ramps and repaved parking lot. In April, crews fixed deteriorated asphalt and an uprooted curb in the parking lot. In addition,





the ADA-accessible ramp was renovated to be accessible by all five ADA parking stalls. Next time you visit Holifield Park (12500 Excelsior Dr.), enjoy a smoother visit with friends and family.





# **Memorial Day Trash & Street Sweeping Schedule**



In observance of Memorial Day on Monday, May 29, there will be no street sweeping or trash collection. Street sweeping will not be made up for missed days due to holiday and trash collection will be delayed by one day for the remainder of the week. For more information, call 562-929-5511.

No pasará la barredora ni recolección de basura el lunes 29 de mayo. La barredora no se compensará por los días perdidos y la recolección de basura se retrasará un día por el resto de la semana. Para más información llame al 562-929-5511.

# **Memorial Day Facilities Closures**

In observance of Memorial Day on Monday, May 29, City Hall, the Norwalk Arts and Sports Complex, Norwalk's Social Service Center and the Senior Center will be closed. All facilities will reopen on Tuesday, May 30, 2023.





En conmemoración del Día de los Caídos el lunes 29 de mayo, el Ayuntamiento, el Complejo de Artes y Deportes de Norwalk, el Centro de Servicios Sociales de Norwalk y el Centro para Personas Mayores estarán cerrados. Todas las instalaciones reabrirán el martes 30 de mayo de 2023.





# Stamp Out Hunger Food Drive

The National Association of Letter Carriers will conduct their annual Stamp Out Hunger Food Drive. The City of Norwalk is challenging residents to participate and support the cause by donating non-perishable food items on Saturday, May 13. Community members can leave food donations by their mailbox and a mail carrier will collect the



Click here to make a contribution to a food bank in your community

deepin's **Business Spotlight Happy Hour Spot** 

> Submit your nomination for your favorite "Happy Hour" spot in Norwalk

by Friday, May 12. Businesses must be located in Norwalk, have an active business license, and no code violations. Stay tuned to see what locations are

highly rated in our community.

Submit your vote by visiting the **Norwalk Community Promotion** page by scanning the QR code.



# **COMMUNITY**SAFETYZONE

# When to Call Norwalk Sheriff's Station vs. Norwalk Public Safety

Public Safety's role in the community is to address non-life-threatening, quality-of-life issues. We respond to your requests regarding parking enforcement, general safety concerns, and provide community outreach. The Public Safety Department appreciates residents taking an active role in reporting



#### **Norwalk Public Safety Department:**

- Non-Urgent and Nonviolent Calls for Service
- Parking Violations and Abandoned / Inoperable Vehicles
- Quality of Life Issues: Transients, Panhandlers, Illegal Street Vendors, **Drinking in Public, Loitering**
- Traffic Safety Concerns
- Roadway Obstructions / Roadway Conditions Requiring Traffic Control
- Smoking / Drinking in City Parks
- Graffiti Follow Up / Investigation
- Norwalk Municipal Code Violations
- School Safety Program Activities
- Special Event Safety and Security
- Patrol of Parks to Ensure Safety of Youth and Families

If you call Public Safety, with a Sheriff-related call, we will take down the information, and transfer you to Norwalk Sheriff's Station in order for you to provide them with first-hand knowledge of the situation. Public Safety Officers will still respond to the location to monitor the perimeter pending Sheriff Deputy arrival.



The City of Norwalk contracts with the Norwalk Sheriff's Station for policing services. Sheriff Deputies respond to emergency situations and traffic collisions.

Below are some examples of situations to help you determine which agency to call so you can get the fastest service possible.



#### **Norwalk Sheriff's Station:**

- Calls Presenting an Immediate Threat to the Safety & Welfare of Others
- All Crime in Progress Calls
- Theft from Person or Property: Burglaries, Robberies, and Petty Theft
- Traffic Accidents and Reckless Driving
- Stolen Vehicle Report
- Vandalism / Graffiti in Progress
- Individuals or Groups who may be Intoxicated or Under the Influence of
- Indecent Exposure All Sex Crimes
- Domestic Violence / Fights / Altercations
- Suspicious Behavior
- Loud Party / Gatherings

Public Safety can be reached at 562-929-5732. Phone lines are open Monday through Friday from 7 am to 10 pm, Saturday from 10 am to 10 pm, and Sunday from 10 am to 9 pm. Norwalk Sheriff's Station can be reached at 562-863-8711 24 hours a day, seven days a week. If you are experiencing a life-threatening emergency, call 9-1-1.

# **Stay Bite-Free** from Mosquitoes

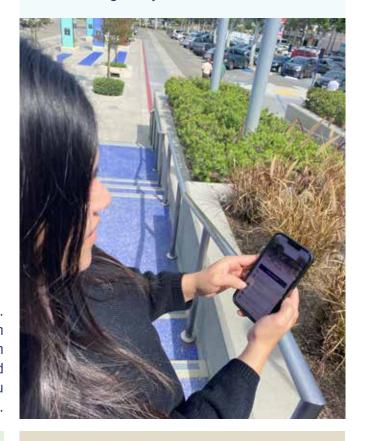
Mosquitoes always appear during warmer weather, but there are ways to reduce the risk of getting sick from mosquito bites. According to the Greater LA County Vector Control District, here are the top three ways you can do your part to stay bite-free:

- Eliminate stagnant water once a week around your home.
- · Use repellent. Look for any one of the following active ingredients on repellent bottles: Oil of lemon eucalyptus, Picaridan, DEET, or IR3535.
- Join Mosquito Watch, a neighborhood program designed to protect your community from mosquitoes and mosquito-borne diseases. Visit bit.ly/Mosquito-Watch.



# **Improve Your Community Using One App**

See a pothole or graffiti in the city? Report it anytime on the Norwalk Connects App! This free resource will allow you to help improve the quality of life in your community – all at your fingertips. Search Norwalk Connects in the Apple App Store or in the Google Play Store.



# **Community Clean Up: Earth Day Edition**



In observance of Earth Day, the City of Norwalk Public Safety Department, along with resident volunteers gathered to help beautify the streets and tidy things up. Over 50 volunteers of all ages and

from different community groups came together in one accord with the objective of keeping Norwalk Clean. Commemorative Earth Day T-shirts were given to the first volunteers in attendance. Thanks to all who participated in this coommunity effort!

# **Coffee with a Cop Recap**



On Thursday, April 20, the Norwalk Public Safety Department, in partnership with the Norwalk Sheriff's Station, hosted Coffee with a Cop at Chik-fil-A. Thank you to all the community members who got to know the officers who keep our community safe. If you were unable to attend this event, make sure you follow the City of Norwalk on social media to stay up-to-date for the next event!





## Weekly Mental Health **Support Group**

Mondays • 2 – 2:45 p.m. Call-In Number: 1 (978) 990-5176 **Conference ID: 695849#** 

This support group meets by phone on a weekly basis. Some of the topics discussed are depression, anxiety, stress management, self-care, grief and loss, mental well-being and the aging process.

#### CalFresh

**First & Third Tuesdays Monthly** 9 - 11 a.m.

A CalFresh outreach worker from the Los Angeles Regional Food Bank is available onsite to assist seniors with their CalFresh application. They are also available via phone to assist seniors throughout the week at (323) 855-0496.

#### **NEW** Resume Building Workshop First & Third Tuesdays Monthly • 2 - 5 p.m.

Are you looking for a job but do not know where to start? Let Norwalk's recreation staff assist you in building an impressive resume!. For more information or to make an appointment call Norwalk Senior Center.

#### **Veteran Service Officer Weekly Meeting with Veterans**

Wednesdays • 8:30 a.m. - 3:30 p.m.

Veterans are able to meet one on one with a Veteran Service Officer from the Los Angeles County Department of Military & Veterans Affairs to get individualized assistance with their VA benefits. To make an appointment, call the Norwalk Senior Center.

#### **Senior Safety Program: Earthquake Preparedness**

Tuesday, May 9 • 10 - 11 a.m.

The City of Norwalk Public Safety Department and American Red Cross will be conducting a presentation on earthquake preparedness. Come learn how to stay safe before, during, and after an earthquake. For more information, call the Norwalk Senior Center.

#### **Mother's Day Spring Tea** & Fashion Show

Thursday, May 11 • 3 - 5 p.m. Cost: \$5.00

You are cordially invited to Spring Tea to celebrate and honor your mother! Join us for tea and a catwalk down the aisle for a fashion show. Norwalk \*residents may purchase tickets beginning Thursday, April 20 at 9 a.m. Open ticket sales begin Thursday, April 27 at 9 a.m. Numbers will be distributed at 8 a.m. (One number per

\*Photo identification with proof of residency required. For more information, call the Norwalk Senior Center.

#### Keeping it Crafty:

Floral Wreath & Jewelry Making Tuesday, May 16 • 3 - 5 p.m. Cost: \$15.00

Join us for a creative afternoon as we keep it crafty and walk you through the steps in creating a spring themed wreath and jewelry. Norwalk \*resident registration begins Tuesday, May 2 at 9 a.m. Open registration begins Tuesday, May 9, 2023 at 9 a.m. \*Photo identification with proof of residency required. For more information, call the Norwalk Senior Center.

## Fentanyl & Responding to **Overdose**

Wednesday, May 17 • 10 - 11 a.m.

Staff from the Los Angeles County Department of Public Health, will be conducting a presentation on Fentanyl and Opioid use disorders, as well as how to respond to an overdose. Come and learn about resources that are available in our community. For more information, call the Norwalk Senior Center.

#### **≱Ra**≢Karaoke Cabaret Thursday, May 18 • 2 – 5 p.m.

Enjoy an afternoon of singing, laughter, and fun. Come enjoy and hear all of the brave souls who sing on stage!

## **Memorial Day Display**

Monday, May 22 – Friday, June 2 **Cost: Free** 

Honor those who gave the greatest sacrifice for our freedom. Bring a picture of your loved ones who served in the military to display and honor. No pictures larger than 5" x 7". Pictures can be brought in beginning Monday, May 8. Last day to turn in pictures is Friday, May 19. For more information, call the Norwalk Senior Center.

#### Telecare:

**Grief, Loss, and Bereavement** Wednesday, May 24 • 10 - 11 a.m.

Staff from Telecare will be conducting a presentation on Grief, Loss, and Bereavement. This presentation will highlight the grief process and will give opportunity to discuss ways of engaging in healthy grieving after experiencing a loss. For more information, call the Norwalk Senior Center.

#### **★ Spring Mixer** Thursday, May 25 • 6 - 8 p.m.

Come and enjoy an evening of music and dancing with family and friends. Norwalk \*resident registration begins Thursday, May 4 at 9 a.m. Open registration begins Thursday, May 11. Numbers will be distributed at 8 a.m. (One number per person).

\*Photo identification with proof of residency required. For more information, please call the Norwalk Senior Center.



11929 Alondra Blvd • 562-929-5544

#### **Neurotics Anonymous**

Tuesdays • 12 - 2 p.m • Thursdays • 6 - 8 p.m.If you suffer from fear, anxiety, loneliness, anger, depression or other emotions that make life unbearable, you are encouraged to seek help from Neurotics Anonymous. This program is only offered in Spanish. For more information, call Social Services.

#### AA (Alcoholics Anonymous) Tuesdays & Wednesdays • 6 – 8 p.m.

This peer support group is intended to guide and encourage individuals trying to recover from alcoholism. This program is only offered in Spanish. For more information, call Social Services.

#### L.A.D.Y.

(Leadership & Advocacy for the Direction of Young Women)

Second & fourth Thursdays monthly • 6 – 8 p.m. This mentoring program is for young women ages 15-

23 who have struggled with mental/physical health, financial stability, personal growth, relationships, and education due to the COVID-19 pandemic. This program will focus on proactive techniques to manage these issues. For more information, call Social Services.

#### **Youth Intervention Services**

Youth Intervention services are available to Norwalk families whose youth are experiencing dysfunction in today's society. Intervention Workers are available to work with at-risk adolescents experiencing negative behaviors at school, home, or the community. For more information, call Norwalk Social Service.

#### **National Alliance on Mental Illness (NAMI)**

Second & fourth Wednesdays Monthly • 6 - 8 p.m. A free educational program designed for parents, family members, and caregivers of children and adolescents, with emotional or behavioral difficulties. This support group is available in Spanish only. To make an inquiry or to schedule an, contact Silvia at (562) 448-4816.

#### Free Zumba Classes

First Four Wednesdays Monthly • 9:30 – 10:30 a.m. Free Zumba classes are available for all seniors at Norwalk Social Services. Seniors are encouraged to stop by to enjoy an active morning. For more information, call Social Services.

#### Loteria

Fridays • 9:30 – 10:30 a.m.

Seniors are encouraged to join free loteria mornings at the Social Services Center. For more information, call Social Services.

#### CEA-H.O.W.

Tuesdays • 10 - 11:30 a.m.

CEA-H.O.W. is a fellowship of men and women who meet to share their experience, strength and hope with the purpose to help themselves and others who suffer from the self-destruction of compulsive eating. This program is only available in Spanish.

#### Cal Fresh

Thursdays, by appointment only • 9 - 11 a.m.

A CalFresh Outreach worker from the Los Angeles Regional Food Bank is available to assist community members with their CalFresh Application. To schedule an appointment, please Social Services.

#### Community Legal Aid

**Second & Third Wednesdays Monthly** by appointment only 10 a.m. - 2 p.m.

Free legal services are available for Norwalk residents who meet income eligibility guidelines. To schedule an appointment, call Social Services.

#### **Promotores**

Mondays & Fridays • 10 – 11:30 a.m.

Promotores will present on topics related to mental health to bring awareness to the community. To register or for more information, call Social Services.

#### LA County Mental Health

First & Third Wednesday Monthly 8:30 - 11:30 a.m.

A representative from the Department of Mental Health will be available for one on one counseling and referrals. To schedule an appointment or for more information, call Social Services.

#### Senior Movie Matinee

First & Third Tuesdays Monthly • 9- 11 a.m.

There are free movie matinee days at the Social Services Center for seniors. For movie showing information, call Social Services.

