

# Stingrays Parent Meeting WELCOME!

### **Contacts**

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Senior Guard/Head Coach, Lorenzo Edwards BAND or <u>LEdwards@norwalkca.gov</u>

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Recreation Superintendent, Sonia Batres <u>sbatres@norwalkca.gov</u>

### Welcome to the Team!

• Step 1: Are **YOU** USA swim registered???

 Proof of Age Documentation is needed to compete!

• Are you signed up for BAND?





**Stingrays Swim Team** 

Scan this QR code and join!

#### Attendance

- 6pm 8pm
- Attend practice everyday!
- We swim rain or shine
- Parents, don't be afraid to come to practices!

### **Payment Fees**

Friendly reminder: The monthly fee is **\$70.00** 

Registrations accepted online at tinyurl.com/norwalkaquatics or at the ticket window.

No recurring payment options available.

Fees due by Wednesday of the first week, of the month, without a late fee.

Starting Thursday of the first week - \$10 late fee

Starting Friday of the second week - \$20 late fee

No registration accepted after first week of the month.

### **Dry-Land Practices**

#### Every Wednesday for the first hour of practice (unless stated otherwise)

6-7 p.m.

Please wear comfortable workout clothes, tennis shoes, and bring bottle of water

*Those that do not plan on attending competitions will be subject to <u>daily</u> <sup>1</sup>/<sub>2</sub> <i>dry-land practices.* 

#### **Proper Equipment**

- When attending a meet, you must represent your team
  - Stingrays Shirt (given at the end of year)
  - Team Suit
  - Black Stingrays Cap
- We encourage you to NOT use swim trunks during practices
- Please do not wear your competition gear to practice

### Swim Meets

- Once a month
- So Cal Swim Metro Meet Calendar
  - <u>https://www.socalswim.org/</u>
- Upcoming Meet this weekend at Schurr High School
- New swimmers encouraged to come watch and support

## **Stingrays Supporter Shirts**

Shirts available for purchase at the ticket window for \$25

Limited shirts available

- First come, first served, but active competitive Stingray supporters have priority
- Limit to 2 shirts per Stingray

Next re-order of shirts will be in fall 2022

### **Upcoming Events**

- Saturday, October 15-Halloween Parade
  - $\circ$  Theme?
  - Vehicle?
- Friday, October 21-Pumpkin Float
  - $\circ$  No practice

#### **Questions? Comments? Concerns?**