

## Promotoras Presents "Anxiety Disorders" (Spanish Presentation)

Tuesday, April 19, 2022 2:00 P.M. - 3:00 P.M. Norwalk Senior Center

Los Angeles County Department of Mental Health staff will be presenting information on Anxiety Disorders. Seniors will learn the definition of anxiety, statistics, types of anxiety disorders, symptoms, treatment for anxiety, services and resources. This presentation will be conducted in Spanish.



