



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing.

# PROMOTORAS COVID-19 EMOTIONAL AND BRAIN HEALTH

**Tuesday, March 8, 2022**  
**2:00 P.M. - 3:00 P.M.**  
**Norwalk Senior Center**

**Los Angeles County Department of Mental Health staff will be presenting information on the impact of COVID-19 on our mental health.**

**The presentation will cover the following:**

- **COVID-19 and the effect on seniors**
- **How the brain functions**
- **How COVID-19 affects the brain**
- **Connection between COVID-19 and mental health**



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FOR MORE INFORMATION, PLEASE CALL THE NORWALK SENIOR CENTER