

# Norwalk<sup>E</sup>Now

The Official Community Publication of Norwalk, CA  
February 2022, Volume 43, #2 • @cityofnorwalkca



## City Helps Open Temporary COVID-19 Testing Site



**Location:**  
12800 Imperial Hwy,  
Santa Fe Springs

**Hours of Operation:**  
Monday-Saturday  
7:00 a.m. to 7:00 p.m.

The City of Norwalk, at the direction of the City Council, was proactive in opening a COVID-19 testing site due to the surge in COVID-19 cases and a critical need to develop sufficient testing sites in Los Angeles County on an emergency basis. This testing site was the first city initiated mega testing site in the Gateway Cities region, this year.

The City of Norwalk partnered with American Safety Group (ASG) and Inspire Diagnostics to provide this convenient drive-thru COVID-19 testing service to the community last month.

The temporary drive-thru COVID-19 testing site was set-up at the Norwalk/Santa Fe Springs Metrolink

Station. The testing site serviced over 20,000 people within the first two weeks of operation. The site will remain open at least through February to keep up with the demand for testing.

Save time by pre-registering at <https://inspirediagnostics.com/norwalk> or scan QR Code.

- No appointments needed at this time
- Health insurance not required.
- Photo ID is required to get tested
- This site only administers PCR tests
- Children 1 yr + up can get tested
- Results may take up 72 hours



## Emergency Powers

Certain portions of Governor Gavin Newsom's emergency proclamation continue through March 31, 2022. In early January 2022, the California Department of Public Health (CDPH) extended its statewide requirement that masks be worn in all indoor public settings, irrespective of vaccine status, through at least February 15, 2022. As a reminder, this requirement supersedes all prior face covering guidance.

The executive order and State requirement comes while approximately 76.2% of L.A. County residents have been fully vaccinated.

The City of Norwalk is committed to the health and safety of our community and will continue to share information that impact our residents.

The Project Homekey site continues to operate and the Metropolitan State Hospital continues its temporary use of the former California Youth Authority facility.



## Virtual Community Forum

Coming in March  
Details to Follow on  
Social Media



## SAVE THE DATE:

Coffee  
with/the  
Mayor



Come on down to the first ever Coffee with the Mayor event taking place at 3:00 p.m. on Wednesday, February 9, 2022 at Panera Bread (12531 Imperial Hwy.).

On December 21, 2022, Mayor Ramirez was unanimously selected by his City Council peers to be the new Mayor of Norwalk. Mayor Ramirez was first elected to the City Council in 2003 and was re-elected in 2007 and again in 2020. He served as Mayor during the City's 50-year anniversary from 2007-2008.

This is your chance to enjoy some coffee and pastries while chatting with Mayor Rick Ramirez and getting to know him better.

There will be more events coming up so stay tuned to the City's social media pages for more upcoming dates. Mayor Ramirez is looking forward to meeting with residents and hearing directly from them.

## Hometown Heroes Application

The City of Norwalk is honored to be home to men and women serving our nation. If you are 1) on active duty or are an active reservist currently serving in any of the five branches of the United States Armed Forces, and 2) a Norwalk resident or immediate family of a Norwalk resident, a personalized banner will be created and displayed along the Imperial Highway corridor to recognize your service and daily sacrifices in the name of freedom. Applications are available:

- in person at any City facility
- printable applications online and then mailed or submitted in person
- online via a submittal form for convenient and quick processing

Honorees will also be featured on the City's website, in the "Norwalk Now" newsletter, on our government access channel and at City Hall. We request a quality photo of the service person in uniform for this purpose. The photo will be returned to family.

Recognition banners will be removed from display after one year and presented to each honoree or his or her family (in the case of honoree's absence due to service) by Norwalk City Council at a regular meeting. All presentations are broadcast and recorded, as well as photographed for City archives.

For more information or to print or fill out an application scan the QR code.



## Norwalk City Council

### Norwalk City Hall Hours of Operation

Monday - Thursday 8 a.m. - 6 p.m.

Alternating Fridays 8 a.m. - 5 p.m.

562-929-5700

**Mayor** Rick Ramirez      **Vice Mayor** Ana Valencia

**Councilmember** Tony Ayala

**Councilmember** Jennifer Perez

**Councilmember** Margarita L. Rios

City of Norwalk  
12700 Norwalk Blvd.  
Norwalk, CA 90650

To Postal Patron

PRSR STD  
US Postage  
PAID  
Permit No. 1139  
Whittier, CA



# WHERE DOES IT GO?

Do you know which items go into which container?



## GREEN WASTE/ORGANICS

CONTAINER WITH GREEN LID

### GREEN WASTE

- Grass clippings
- Flower & hedge trimmings
- Leaves & branches
- Lumber, scrap wood, & Plywood types (not painted or treated)
- Weeds

### FOOD-SOILED PAPER

- Compostable to-go containers/ serving-ware: must be 100% fiber based.
- Egg cartons (paper)
- Food-stained paper
- Napkins & kitchen towels
- Paper food boats (no plastic lining)
- Paper packaging
- Paper plates & cups
- Pizza boxes

No bathroom tissue, toilet paper, or feminine products

### FOOD SCRAPS

- Bread, rice, & pasta
- Cheese & dairy
- Coffee filters & tea bags
- Flowers & herbs
- Fruits & vegetables
- Meat, bones, poultry, & seafood



## RECYCLABLES

CONTAINER WITH BLUE LID

### PAPER (clean & dry)

- Drink & box soup container
- Egg cartons (paper only & clean)
- Envelopes
- File folders (paper only)
- Junk mail & Magazines
- Milk & juice cartons
- Newspaper
- Paper (white & mixed color)
- Paper grocery bags

### CARDBOARD (or similar)

- Cardboard & corrugated boxes
- Cereal boxes
- Frozen food boxes
- Pizza boxes (clean parts)

### METALS

- Aluminum foil & pie tins (clean)
- Empty aerosol cans
- Scrap metal
- Steel cans, dishware, etc.
- Tin & aluminum cans

Contains no liquids & little food residue



## RECYCLABLES

CONTAINER WITH BLUE LID

### PLASTICS

- Plastics No. 1-7 (no PLA)
- Soda, juice, & water bottles\*
- Milk & water jugs\*
- Detergent jug\*
- Plastic containers
- Plastic toys, crates, etc.
- Plastic bags, dry cleaning bags, & clean cellophane
- Foam (only clean, dry, and not used for food)

### GLASS

- Amber, green, & mixed-color glass
  - Clear food glass jars
  - Soda, tea, & liquor bottles
- No window glass, porcelain, or non-food related glass

Contains no liquids & little food residue



## TRASH

CONTAINER WITH BLACK LID

### FOOD WRAPPERS/CONTAINERS

- Candy & protein bar wrapper
- Chip bags & Juice pouches
- Disposable coffee cup & lid
- Bags with a mix of metal & plastic

### GLASS/PORCELAIN

- Dishware
- Flower pots
- Incandescent light bulbs
- Porcelain
- Vases & glass figurines
- Window glass

### PAPER

- Bathroom & facial tissue
- Gift wrap with plastic or metal
- Hardback books
- Laminated or plastic coated paper
- Padded or Tyvec-type envelopes
- Photographs

### PLASTICS

- Garden hoses & plastic tarps
- Bubble wrap

### MISC

- Disposable Diapers
- Pet waste
- Unusable clothing & fabric



# Local Streets Rehabilitation Program

The Local Street Rehabilitation Program is back for 2022!



The program started last year with the City getting a rating system developed for almost one-third of its streets, roads, and alleys to prioritize the areas needing street rehabilitation. The Norwalk City Engineer Division determined which local roadways will be part of the street rehabilitation project based on this rating system.

Last year, Zones 24, 27, and 32 were completed using funds from Measure R, passed by voters in 2008, and Measure M, passed by voters in 2016.

Zone 28 will be the first area worked on this year. Most of the funding for this project is coming from Community Development Block Grant (CDBG) funds. Zone 28 is bounded by Excelsior Drive, Norwalk Boulevard, Alondra Boulevard, and Pioneer Boulevard.

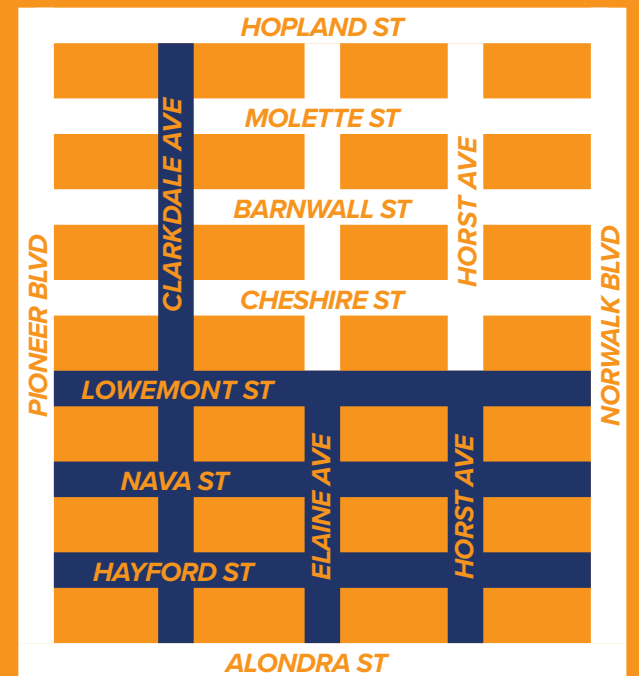
The project's objectives in Zone 28 are to replace slotted cross gutters to current standards, install corner access curb ramps and improve the roadway pavement condition within the project limits. Residents in the affected work areas will be asked to seek alternative accommodations during this time to ensure work can be completed in a timely and efficient manner.

More zones are planned for repairs as well this

year, so be sure to follow the City's social media pages for more information as it becomes available.

For more information regarding the Local Streets Rehabilitation Program, please contact Engineering at 562-929-5723 or email Engineering@norwalkca.gov

**Project 7930 - CDBG Block Grant areas in blue.**



# City Holds Red Cross Blood Drive to Help with Blood Shortage

Thank you to all the people that donated blood on January 11, 2022 at City Hall. The blood drive was able to generate 30 pints of much needed blood.

According to the Red Cross, it is experiencing the worst blood shortage in over a decade and the dangerously low blood supply levels have forced some hospitals to defer patients from major surgery, including organ transplants.

Please consider donating, make an appointment to donate blood at [www.redcross.org](http://www.redcross.org)



# Las Posadas Drive-Thru Event Delights Attendees



The Las Posadas event was modified to a drive-thru event due to the surge in COVID-19 cases throughout Los Angeles County last month.

The drive-thru event took place at the City Hall parking lot on January 8, 2022.

Over 250 vehicles stopped by to enjoy some music and receive a goodie bag filled with delicious treats.

You can see the highlight video of the on the City's YouTube page (City of Norwalk) or scanning the QR code:



# Graffiti Removal Hotline

(562) 929-5555

or report on Norwalk Connects App.



# Spot Potholes?

To report a pothole, please contact the Public Services Department at (562) 929-5511 or email at [publicservices@norwalkca.gov](mailto:publicservices@norwalkca.gov) during regular business hours or use Norwalk Connects App.

**Monday through Thursday  
6:00 a.m. to 6:00 p.m.**

**Every other Friday**





# COMMUNITY SAFETY ZONE



The City of Norwalk would like to remind residents to slow down and obey the posted speed limits. Your risk of crashing increases

incrementally for every mile per hour over the speed limit and creates dangerous conditions for pedestrians. The City has two radar trailers, which are strategically deployed citywide, to assist with monitoring speed limits.

Our City's Sheriff's Deputy traffic team are also vigilantly patrolling the city for speeders.

Since the start of the COVID-19 pandemic, speeding activity has been on the rise and continues. Let's keep our community safe by driving cautiously. Buckle up and drive safe!

## Home COVID-19 Test Scam

We would like City of Norwalk residents to be cautious when purchasing at-home COVID-19 test kits. There have been reports of fake and unauthorized at-home COVID-19 test kits being sold by scammers. These scammers are targeting Medicare beneficiaries and retirement communities in exchange for personal medical information. Below are some safety tips that may help you or a loved one from falling victim to this scam:



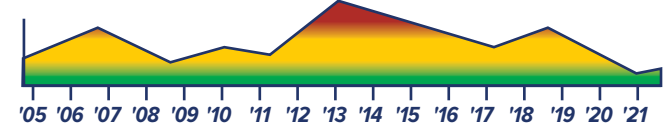
- **Be careful! Make sure to only purchase FDA approved COVID-19 test kits from legitimate providers.**
- **Do not buy fake vaccination cards, do not make your own vaccination cards, and do not fill-in blank vaccination record cards with false information.**
- **Do not provide personal, medical, or financial details to anyone in exchange for vaccination information, and only obtain vaccinations from trusted providers.**
- **Offers to purchase COVID-19 vaccination cards are scams. Valid proof of COVID-19 vaccination can be provided to individuals only by legitimate providers administering vaccinations.**
- **Be cautious of COVID-19 survey scams. Do not give your personal, medical or financial information to anyone claiming to offer money or gifts in exchange for your participation in a COVID-19 vaccination survey.**
- **Be mindful of how you dispose of COVID-19 materials such as syringes, vials, vial container boxes, vaccination record cards, and shipment or tracking records. Improper disposal of these items could be used by bad actors to commit fraud.**
- **Photos of COVID-19 vaccination cards should not be shared on social media. Posting content that includes your date of birth, healthcare details or other personally identifiable information can be used to steal your identity.**

- **Beneficiaries should be cautious of unsolicited requests for their personal, medical, or financial information. Medicare will not call beneficiaries to offer COVID-19 related products, services, or benefit reviews.**
- **Be suspicious of any unexpected calls or visitors offering COVID-19 tests or supplies. If you receive a suspicious call, hang up immediately.**
- **Do not respond to, or open, hyperlinks in text messages about COVID-19 from unknown individuals.**
- **Ignore offers or advertisements for COVID-19 testing or treatments on social media sites. If you make an appointment for a COVID-19 test online, make sure the location is an official testing site.**
- **Do not give your personal or financial information to anyone claiming to offer HHS grants related to COVID-19.**
- **Be aware of scammers pretending to be COVID-19 contact tracers. Legitimate contact tracers will never ask for your Medicare number, financial information, or attempt to set up a COVID-19 test for you and collect payment information for the test.**
- **If you suspect COVID-19 healthcare fraud, report it immediately online or call (800) 447-8477.**

Source: U.S. Department of Health and Human Services Office of Inspector General

## Low Crime Rates

Did you know that in 2021, the City of Norwalk saw a record low crime rate? There was a 16% crime reduction in 2021 when compared to 2020. Crime was at a previous record low in 2019, and the City was able to beat that record in 2021. None of this could have been accomplished without our dedicated Norwalk Sheriff's Department, Public Safety Department, and our residents! Our Norwalk Sheriff's Deputies and Public Safety Officers diligently patrol the City to stay as proactive as possible to deter crime from occurring. As a resident, you can assist our law enforcement agencies by observing and reporting crime, which can help prevent and lead to the apprehension of violators. Together, we can all continue this downward trajectory of crime here in Norwalk.



## Vehicle Break-in Safety Tips



Community members are the eyes and ears of neighborhoods and law enforcement agencies rely on them to report suspicious activity. See something, hear something, say something.

If a crime is in progress, call 9-1-1. All other calls, please call the non-emergency Norwalk Sheriff's Station line at 562-863-8711 or the Public Safety Department at 562-929-5732. Law enforcement has seen an increase in vehicle break-ins in Kia and Hyundai models throughout Southern California. We ask that if you or a loved one has a Kia or Hyundai vehicle, please take extra precautions and stay vigilant when parking your vehicle and leaving it unattended. Installing anti-theft devices such as audible alarms, steering wheel locks, and vehicle tracking systems are great deterrents from thieves. Taking a few extra steps may help you lessen the chances of your car being stolen.

Source: Los Angeles County Sheriff's Department



### Here are some safety tips to help prevent you from falling victim of auto burglary:

- **Park vehicle in garage, driveway, or fenced off area.**
- **Close and lock doors and windows to your vehicles.**
- **Never leave your vehicle on and unattended.**
- **Do not leave valuables in your vehicle.**
- **Park in well-lit areas with motion detector lights.**
- **Purchase anti-theft catalytic converter kits.**

## Metropolitan State Hospital Police Department

The Metropolitan State Hospital, opened in 1916, cares for over 826 patients when at full capacity. To ensure the safety of the Hospital's staff members and the community, the Metropolitan State Hospital Police (MSHP) patrols the grounds at all times. The MSHP also routinely provide support in collaborative efforts with the City of Norwalk and Norwalk Sheriff's Department by participating in City events and special safety operations. The community is lucky to have an agency like MSHP who are eager and willing to ensure the well-being of the residents here in the City of Norwalk. Be sure to say hello to them when you see them patrolling!



Becoming a part-time bus operator comes with many perks and opportunities for providing essential services to the community.



Sign-on bonus of \$1,000 (after 6 months of employment)



Top wage of \$31.10\* per hour



Starting wage (w/CDL) of \$25.59\* OR after training is completed



Paid benefits (after 3,000 hours)

To apply, scan this QR code



\* Effective January 9, 2022

START YOUR CAREER AT NORWALK TRANSIT

APPLY NOW AT WWW.NORWALK.ORG OR CALL HUMAN RESOURCES AT 562-929-5721.



# WASTE COLLECTION

E-waste, Shred-a-Thon & Medication Disposal



**Saturday, February 12**  
**8 a.m. - 1 p.m.**  
**Norwalk City Hall**  
**12700 Norwalk Blvd.**

**Dispose of unwanted electronics (e-waste) and shred important documents for FREE!**

(Only residential waste accepted. Shredding is limited to 5 boxes per vehicle.)

Television Sets  
 Computer Sets  
 Cell Phones

Laptops  
 Fax Machines  
 Printers

VCR & DVD Players  
 Stereo Equipment  
 Gaming Systems

Cables & Cords  
 Radios  
 Vacuums

## Medication Disposal

Turn in your unused or expired medication for safe disposal.

No liquid medication will be accepted.  
 No clinics or business prescription drop offs accepted.



**Speedier Service**

**DO NOT** Get out of your vehicle. Place items to be shredded in the trunk for minimum contact, and faster service.

**STATE REQUIRES** Patrons dropping off TVs/monitors to provide their full name, address, phone number and email.

For more information, please call **562-929-5964**, or email [recycling@norwalkca.gov](mailto:recycling@norwalkca.gov). (Event ends at 12 p.m. or when trucks are at capacity.)



**2022 Holiday Schedule**  
**Street Sweeping & Trash Collection**



**NORWALK TRANSIT SYSTEM** to Resume Front Door Boarding **AND** Fare Collection



EL SISTEMA DE TRANSITO DE NORWALK reanudará el abordaje en la puerta principal y el cobro de tarifas

For questions, contact NTS Customer Service at (562) 929-5550

Si tiene alguna pregunta, por favor llame al Servicio al Cliente de NTS al (562) 929-5550



**norwalk transit**

Effective February 21, 2022  
 Efectivo el 21 de febrero de 2022

When trash is not picked up on a holiday, service is delayed one day for the remainder of that week. If a holiday occurs on Monday, trash pick-up is a day later for the entire week.

Observed Holidays	Date	Will trash be picked up?
Martin Luther King Jr. Day	Monday, January 17	Yes
Presidents' Day	Monday, February 21	Yes
Memorial Day	Monday, May 30	No
Independence Day	Monday, July 4	No
Labor Day	Monday, September 5	No
Veterans Day	Friday, November 11	Yes
Thanksgiving Day	Thursday, November 24	No
Day after Thanksgiving	Friday, November 25	Yes

**Street Sweeping**  
 On all holidays noted above, there will be no street sweeping.

**Important**  
 On a few of the holidays, the schedule causes trash collection to be on the same day as street sweeping. Trash barrels MUST be placed up on the parkway for street sweeping to occur. Street sweeping will not be made up for days missed due to the holidays.

**Questions?**

Trash Collection	Athens Services	888.336.6100
Street Sweeping	Public Services Department	562.929.5511
Parking Enforcement	Public Safety Department	562.929.5732

For more information call 562.929.5964 or email [recycling@norwalkca.gov](mailto:recycling@norwalkca.gov)

## ENERGY corner

If you are seeking financial relief for your gas bill, you may qualify for 20% off your natural gas bill with Southern California Gas Company's California Alternate Rates for Energy (CARE) program. This program is for customers whose income may have recently changed due to the coronavirus outbreak. It only takes a few minutes to apply and no additional documentation is required.

<https://www.socalgas.com/save-money-and-energy/assistance-programs/california-alternate-rates-for-energy>

If you are seeking financial relief for your electricity bill, you may qualify for 18% or 30% off your electricity bill with Southern California Edison Company's Family Electric Rate Assistance (FERA) program or California Alternate Rates for Energy (CARE) program. These programs are for customers whose income may have recently changed due to the coronavirus outbreak. Both programs have the same application, and it only takes a few minutes to sign up with no additional documentation required.

<https://www.sce.com/residential/assistance/care-fera>

## Senior Center

14040 San Antonio Dr • 562-929-5580

### Weekly Mental Health Support Group

Every Monday • 2:00 - 2:45 p.m.  
 Call-In Number: 1 (978) 990-5176  
 Conference ID: 695849#

This support group, led by a staff member from Telecare Corporation, will meet by phone on a weekly basis. Some of the topics discussed are depression, anxiety, stress management, self-care, grief & loss, mental well-being, and the aging process.

### CalFresh

First & Third Tuesday of every month  
 9:00 - 11:00 a.m.  
 Norwalk Senior Center

A CalFresh Outreach worker, from the Los Angeles Regional Food Bank, is available on site to assist seniors with their CalFresh application. CalFresh Outreach worker is also available via phone to assist seniors throughout the week.

### Loteria

Thursday, February 3  
 Session 1: 2:00 p.m. • Session 2: 3:00 p.m.  
 Norwalk Senior Center  
 Cost: Free

It's time for everyone's favorite game, Loteria! Similar to Bingo, Loteria will have you marking cards to match the images being called. Seniors, age 50 and older, can come and enjoy Senior Center Loteria. Call to reserve your spot for Loteria! One session only.

Space is limited to 20 per session. One card per person. Prizes for winner of games! Call now to reserve your spot, (562) 929-5580.

### Keeping it Crafty Valentine's Day Gnome Craft

Tuesday, February 8 • 2:00 – 4:00 p.m.  
 Norwalk Senior Center  
 Cost: \$5.00 per person

There is a better way to say "Happy Valentine's Day" than with our craft. Join us as we get crafty. You will have a chance to put together two Valentine themed gnomes and add your own personal message.

Space is limited to 20 participants and reservations are required. Call now to register or for more information (562) 929-5580.

### Stroke/Healthy Hearts Presentation by Lakewood Regional Medical Center

Thursday, February 10 • 2:00-3:00pm  
 Norwalk Senior Center

Staff from Lakewood Regional Medical Center will be presenting valuable information on stroke and healthy hearts. Seniors will learn about prevention in order to stay healthy and learn about the signs of a stroke.

### DMH- COVID-19 and Emotional Wellbeing

Tuesday, February 15 • 2:00 pm

Norwalk Senior Center

Staff from DMH/ Promotoras will present on Emotional Wellbeing during COVID-19. Seniors will learn about prevention of anxiety, depression and how to protect their mental health. DMH Staff will provide educational information about mental health, emotional health and different methods to help reduce stress.

### Movie Night

Tuesday, February 15 • 6:00 p.m.  
 Cost: Free

Norwalk Senior Center

Join us for an evening showing of "50 First Dates" in the Senior Center Lobby. Seniors will be socially distanced so they can sit in their own chair to watch the movie. A snack pack will be provided to all seniors who attend.

Space is limited to the first 20 seniors and reservations are required. Registration begins Monday, January 31, 2022. Call (562) 929-5580 for more information.



# RECREATION

## AND PARK SERVICES DEPARTMENT SCHEDULE OF ACTIVITIES



The Norwalk Recreation and Park Services Department offers a variety of programming for youth, teens and adults. Register now: [tinyurl.com/registernorwalk](https://tinyurl.com/registernorwalk). See below for a small highlight of the upcoming programs that will be offered, but keep up to date with us on social media for more programs, activities and events! We will also be sharing specific COVID-19 related protocols and procedures.

Instagram: RecNorwalk  
 Twitter: RecNorwalk  
 Facebook: Norwalk Arts & Sports Complex

### NORWALK ARTS & SPORTS COMPLEX

#### Personal Training

Need help on your fitness journey? Not sure of what to do at the gym? Personal training is now available. Have a trainer guide you through your fitness journey and design a workout plan that is suited specifically for you and your fitness goals.

**Personal Trainer: Claudia Godinez**  
**Flexible days/times \$25/thirty minutes or \$40/hour**  
 \*session packets available



#### Norwalk Boxing Club

The City of Norwalk offers a Boxing Program at the Norwalk Arts & Sports Complex where participants can learn boxing techniques and conditioning skills. The youth program is taught with a structured, class format, and adult times are drop-in with instruction as requested.

DAY	TIME	AGE	FEE (Quarterly)	LOCATION
M-F	4-5:30pm	8-17	\$50(Resident)/\$75(Non-Resident)	NASC
M-F	5:30-7pm	18+	\$50(Resident)/\$75(Non-Resident)	NASC
Sat	9am-12pm	8+	\$50(Resident)/\$75(Non-Resident)	NASC

#### - CONTRACT CLASSES -

To register for contract classes and to see full class descriptions, locations, and more, visit [tinyurl.com/registernorwalk](https://tinyurl.com/registernorwalk).

*\*Non-resident fee increases all contract class prices by \$5.*

Tae Kwon Do					
DAY	DATES	TIME	AGE	FEE	
Mon/Wed/Fri	Jan 31-Feb 25	5-6p	5+	\$50	
Yoga					
DAY	DATES	TIME	AGE	FEE	
Tues	Feb 1-22	6-7p	14+	\$21	
Zumba					
DAY	DATES	TIME	AGE	FEE	
Tues/Thurs	Feb 1-24	6-7p	18+	\$32	
Aztec Dance					
DAY	DATES	TIME	AGE	FEE	
Tues/Thurs	Jan 4-Feb 24	7:15-9p	5+	Free	
Gymnastics					
DAY	DATES	TIME	AGE	FEE	
Sat	Feb 5-26	10:30-11a	1-3	\$55	
Sat	Feb 5-26	11:05-11:45a	3-6	\$55	
Sat	Feb 5-26	12-12:55p	6-10	\$55	
Sat	Feb 5-26	1:30-2:25p	8-14	\$55	
Salsa & Bachata					
DAY	DATES	TIME	AGE	FEE	
Thurs/Fri	Feb 3-25	7-8p	18-64	\$30	
Folklorico					
LEVEL	DAY	DATES	TIME	AGE	FEE
Advanced	Tues	Feb 1-22	7-8p	9-15	\$40
Beginner	Wed	Feb 1-22	7-8p	5-54	\$40
Seniors	Wed	Feb 1-22	8-9p	55+	\$40
Belly Dancing					
LEVEL	DAY	DATES	TIME	AGE	FEE
Beginner	Mon/Wed	Jan 31-Feb 23	6:15-7:15p	15+	\$65
Advanced	Mon/Wed	Jan 31-Feb 23	6:15-7:15p	15+	\$65
Karate					
LEVEL	DAY	DATES	TIME	AGE	FEE
White Belt	Tues	Jan 18-Mar 22	6:15-6:55p	4-15	\$88
Yellow/Orange Belt	Tues	Jan 18-Mar 22	7-7:40p	4-15	\$88
Purple Belt & Up	Tues	Jan 18-Mar 22	7:45-8:25p	4-15	\$88

Recreation and Park Services Department

### CAC WINTER CLASSES

**SESSION II LIL' MUNCHKINS AGES 1-2**

- Sweetheart Craft** Valentine's themed crafts  
Tuesdays Feb 1-22 6:00 p.m. Cost: \$10
- Tiny Finger Painting** Easy fun finger painting  
Wednesdays Feb 2-23 6:00 p.m. Cost: \$10
- Getting Artsy** Creating unique pieces  
Thursdays Feb 3-24 6:00 p.m. Cost: \$10

**TOT CLASSES AGES 3-5**

- Love Bug** Valentine's themed crafts  
Tuesdays Feb 1-22 3:00 p.m. Cost: \$10
- Smell, Taste & Touch** Sensory Class  
Tuesdays Feb 1-22 4:00 p.m. Cost: \$10
- Snack Attack** Fun & Easy Snacks  
Tuesdays Feb 1-22 5:00 p.m. Cost: \$10
- Trucks & Cars** Car themed crafts  
Thursdays Feb 3-24 3:00 p.m. Cost: \$10
- Sweetheart Treats** Valentine's themed treats  
Thursdays Feb 3-24 4:00 p.m. Cost: \$15
- Tiny Valentines** Heart themed crafts  
Thursdays Feb 3-24 5:00 p.m. Cost: \$5
- Homemade Playdough** Different types of Playdough  
Fridays Feb 4-25 3:00 p.m. Cost: \$5

**SESSION II YOUTH CLASSES AGES 6-12**

- Sensory DIY** Homemade Fidgets Toys  
Tuesdays Feb 1-22 6:00 p.m. Cost: \$10
- Cremates & Imposter's** Among us Themed Crafts  
Thursdays Feb 3-24 6:00 p.m. Cost: \$5
- Plant a Kiss** Creating Plant Crafts  
Wednesdays Feb 2-23 3:00 p.m. Cost: \$10
- Fondue for Me & You** Creating Treats with Chocolate and Cheese  
Wednesdays Feb 2-23 4:00 p.m. Cost: \$12
- Ceramics** Making Clay Pieces  
Wednesdays Feb 2-23 5:00 p.m. Cost: \$8
- Painting & Pastries** Step by Step Painting  
Fridays Feb 4-25 4:00 p.m. Cost: \$15
- Silly Slime** Homemade Slime  
Wednesdays Feb 2-23 6:00 p.m. Cost: \$5

**TEEN CLASSES AGES 13-17**

- Ceramics** Learning Basics of Clay  
Fridays Feb 4-25 4:00 p.m. Cost: \$5
- Grill Time** Grill Recipes  
Fridays Feb 4-25 5:00 p.m. Cost: \$15

Cultural Arts Center • 13200 Clarkdale Avenue  
<https://tinyurl.com/RegisterNorwalk>

In person registration:  
 Norwalk Arts & Sports Complex, 13000 Clarkdale Ave.  
 For more information, please call 562-929-5521.

Kidz Talent Academy also has multiple options for youth dance, acting and modeling classes! Visit [tinyurl.com/registernorwalk](https://tinyurl.com/registernorwalk) to view their class selection.





Recreation & Park Services Department

# YOUTH BASKETBALL LEAGUE

## March 26-May 14

### AGES 5-13

#### REGISTRATION IS NOW OPEN

at the Norwalk Arts & Sports Complex or scan the QR code to register online.

# \$39

Parent/Coaches Meetings

Wednesday, February 23

\*Kids will be sized for shirts.

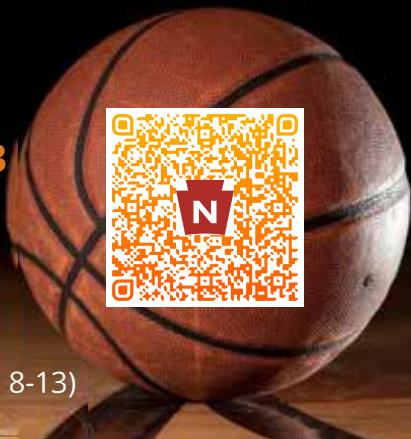
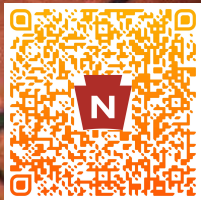
Norwalk Arts & Sports Complex  
13000 Clarkdale Ave.

6:00 p.m.- Small Fry Parents (Ages 5-7)

6:30 p.m.- Small Fry Coaches

7:15 p.m.- Youth Division Parents (Ages 8-13)

7:45 p.m.- Youth Division Coaches



## - NORWALK AQUATIC PAVILION -

Join a class, work out on your own, or just jump in and enjoy the Norwalk Aquatic Pavilion! Located at 12301 Sproul St., the Aquatic Pavilion is a great place to bring the family to learn to swim or just enjoy a day outdoors. Proper bathing suits required. No cotton clothing permitted. Non-potty trained children require swim diapers. For more information, please call (562) 929-5622.

Please note: The Aquatic Pavilion will be closed for President's Day Monday, February 21.

### Water Aerobics

This is one of our most popular programs! Make your workouts fun and get into great shape. No reservation required; first come, first served.

#### Shallow

DAY	DATES	TIME	AGE	FEE
M/W	Jan 31 - Feb 25	1-2p	18+	\$4 Adults/\$3 Seniors (55+)

#### Deep

DAY	DATES	TIME	AGE	FEE
M/W	Jan 31 - Feb 25	12-1p	18+	\$4 Adults/\$3 Seniors (55+)

### Lap Swim

Use our facility to stay in shape and look great, too! Swimming is one of the most effective and complete exercises you can do. Lap swimmers have dedicated lanes, but may be shared with an additional party. One hour maximum per swimmer. First come, first served.

DAY	DATES	TIME	AGE	FEE
M/W	Jan 31 - Feb 25	12-2p	18+	\$4 Adults/\$3 Seniors (55+)

## Norwalk Stingrays Youth Swim Team

The Norwalk Stingrays is a novice swim team designed to teach and encourage young people to participate in watersports on a competitive, yet fun, basis. Team members will learn basic competitive skills and train to compete in swim meets against other area swim teams. Competitions will resume in 2022. Swimmers are divided into different levels for practice and competitions. Children should be able to swim the front-crawl for 50 yards continuously, and have a basic knowledge of the competitive strokes at the time of registration. To try out for the Swim Team, please call ahead to make an appointment with the Aquatic Staff. For more information, please call (562) 929-5622.

DAY	DATES	TIME	AGE	FEE
M-F	Jan 31 - Feb 25	6-8p	6-18	\$70/month per swimmer



## - TEEN CENTER -

12305 Sproul St • 929-4260 • NorwalkTeenCenter@norwalkca.gov

Calling all teens ages 13 to 18! Text, call or snap your friends and join us at the Norwalk Teen Center for some fun! The Center is equipped with computers, gaming equipment, a big screen television, pool table and much more. Staff will keep you entertained with cooking, crafts, outdoor activities, and more.

Please Note: The Teen Center will be closed Jan 17 and Feb 21.

#### General Schedule

AGE	DAY	DATES	TIME	FEE
13-18	M-F	Feb 1-28	3-7p	FREE

## Teen Alliance Program "TAP"

Join TAP and learn valuable working skills, develop social and interpersonal skills, and gain a sense of accomplishment, all while giving back to your community. You will have an opportunity to volunteer at City-wide special events and other activities. This is also a great way to serve volunteer hours for school or church. The Teen Alliance Program General Membership meetings are held on the first Wednesday of each month.

AGE	DAY	DATES	TIME	LOCATION
13-18 yrs	Wed	Feb 2, Mar 2, Apr 6	5:30 p.m.	NASC, 13000 Clarkdale Ave

## Job Training Workshops

Join Teen Center staff as they lead job training workshops for teens of ages 13-18. The workshops are coordinated to develop teen skills for their future job applications, interviews, creating a resume, proper interview etiquette, and much more.

#### Application Assistance

AGE	DAY	DATES	TIME	FEE
13-18	Sat	Feb 12	9a-12p	FREE

#### Resume Assistance

AGE	DAY	DATES	TIME	FEE
13-18	Sat	Feb 19	9a-12p	FREE

#### Mock Interviews

AGE	DAY	DATES	TIME	FEE
13-18	Sat	Feb 26	9a-12p	FREE

## Teen Excursions

#### The Pike (Long Beach)

AGE	DAY	DATES	TIME	FEE
13-18	Fri	Feb 11	5-10p	FREE

#### Bellflower Hollywood Park Gelly Attack

AGE	DAY	DATES	TIME	FEE
13-18	Fri	Feb 25	5-10p	\$20

## - ADAPTIVE RECREATION -

Gerdes Park • 14700 Gridley Rd • 929-5611

This program is designed for children, teens, and adults with developmental, physical, and/or learning disabilities. Participants are encouraged to maximize their abilities through recreation activities with a social emphasis. All participants must have a current medical/emergency form on file with the department in order to participate.

Please Note: Although group homes are encouraged to participate, an attendant or program aide must remain to assist as needed. To register for programs or to be added to the mailing list, please call 929-5922.

#### CLASS (Suggested Ages 6-22)

This after school program is specifically designed for your child with disabilities. Homework help, crafts and games are all done in an environment tailored to fit their needs. (Class will not meet on Monday, February 21)

#### HEART Club (Suggested Ages 13+)

Thursdays 5-7p, One Friday evening per month, one Saturday morning per month HEART Club is a social club for older teens, and adults with special needs. Enjoy planned activities, excursions, and dances while having fun and making new friends. Request a monthly calendar for fees, times, and registration information from SColon@norwalkca.gov

## PARK WITH US!

Come visit a local park near you!

### Park Locations:

<b>Holifield Park</b> 12500 Excelsior Dr.	<b>Sara Mendez Park</b> 11660 Dune St.	<b>New River Park</b> 13432 Halcourt Ave.
<b>Hermosillo Park</b> 11959 162nd St.	<b>Vista Verde Park</b> 11459 Ratliffe St.	

<b>Hours:</b> Monday-Friday 2:30-4:30 p.m. *Wednesdays 1:00-4:30 p.m.	<b>Daily Activities:</b> Homework Assistance Outdoor Games Board Games Arts & Crafts
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\*Hours and days may change due to circumstances beyond our control.