

NorwalkNow

The Official Community Publication of Norwalk, CA
August 2021, Volume 42, #8



National Night Out

We missed connecting with our residents during National Night Out last year and we are excited to announce that this great event is back! National Night Out is an annual event intended to bring communities across America together to take a stand against crime, drugs, and disorder in their neighborhoods.

Join the City of Norwalk, Department of Public Safety, the Norwalk Sheriff's Department, and other law enforcement agencies on **Wednesday, August 4, from 7 p.m. to 9 p.m.**, on the City Hall lawn for our National Night Out celebration. This year's event will take place during our Summer Concert Series featuring Soto. We look forward to seeing members of the community come together to support law enforcement and reaffirm their stance against crime.

You can also make a commitment to get involved in the Neighborhood Watch Program. This year-round program brings you, your neighbors, Public Safety, Norwalk Sheriff's Department, and other law enforcement agencies together to help ensure safe neighborhoods and a secure community! Call 562-929-5732 for more information on how you can get involved in the Neighborhood Watch Program and "make a difference!"

Working Together

to Foster a Safer, Stronger Community

The Norwalk City Council invites residents and business members to our next Virtual Community Forum on **Thursday, August 5 at 6 p.m.** The forums provide an opportunity for the community to connect with Council and City staff on quality of life issues, such as public safety and economic development. In addition, updates on current and upcoming projects aimed at ensuring a safer, stronger Norwalk are also provided.

Questions may be submitted in advance of the meeting at publiccomments@norwalkca.gov

Zoom Meeting

Dial in Number: 669-900-6833

Meeting ID: 709 573 2685

For more info, please call 562-929-5735.

Norwalk City Council Passes Budget for Fiscal Year 2021/2022



On June 15, 2021, the Norwalk City Council passed the proposed budget for the City's financial plan for the Fiscal Year (FY) 2021/2022. The proposed operating budget is balanced with no use of reserves.

The budget includes priorities set by the Council focusing on the City's core services of public safety including homelessness outreach, maintenance of streets and other infrastructure improvements, economic development, and quality of life services. The proposed budget was prepared with an assumption that the City will resume and restore its operations to the pre-COVID-19 status.

The General Fund revenues are projected to increase 2% due to the voter approved Measure P local sales tax and increasing property taxes due to increasing property values.

The budget increases include funding for six full-time positions that had been previously frozen and adds an additional 10 new full-time positions. Newly added positions will primarily enhance services to address homelessness and social assistance needs in the community.

In the hopes of addressing the local homelessness issue, Council made some notable new positions such as a second HOPE team comprised of four full-time positions, and one mid-management position under Public Safety.

The Public Safety General Fund budget includes additional part-time hours for the enhancement of Community Relations, Community Policing, and Code Compliance programs.

Interim Director of Public Safety Dennis Kato worked closely with City administration to address the necessary staff needs for public safety in the community. Mr. Kato is leading the many efforts in the City to expand on the duties of community policing efforts for Norwalk's growing community.

The Public Safety and Social Services Departments will have an overall operating budget increase of 15%.

Emergency Powers



California continues to slowly return to normalcy since the June 15 reopening date due to an increase in vaccination rates throughout the State. However, Gov. Newsom has chosen to retain his use of "emergency powers." As such, the City will continue to monitor any State decisions that may potentially impact the City and its residents.

Updates on some of these State actions are – Project Roomkey (PRK), located at the Saddleback Hotel in Norwalk, which had been in operation in the

City since May 7, 2021. This program temporarily housed people experiencing homelessness who were not COVID-19 positive or symptomatic but were vulnerable to complications associated with the virus. The program is scheduled to end this month and Los Angeles County will be transitioning all the clients out of the Saddleback Hotel location to other shelters and will assist them as needed.

The state-initiated program at the annex, formerly known as the California Youth Authority facility, is still scheduled to come to an end in September 2021. Per the agreement between the City and the Metropolitan State Hospital, the hospital will no longer need to use the facility to temporarily house transitioning patients to its facilities past the planned ending date.

As for the Project Homekey (PHK) site in Norwalk, which is the state's plan to permanently house homeless residents, it will continue to operate as planned. The County owned property is currently being used as a temporary shelter until the program is fully operational. The City will continue to negotiate with the County to transfer people from Norwalk's own homeless population off the streets and into the facility.

The City will continue to monitor any new developments regarding these issues and keep residents informed.

Norwalk City Council

Mayor Jennifer Perez **Vice Mayor** Tony Ayala

Councilmember Rick Ramirez

Councilmember Margarita L. Rios

Councilmember Ana Valencia

City of Norwalk
12700 Norwalk Blvd.
Norwalk, CA 90650

To Postal Patron

Norwalk City Hall Hours of Operation

Monday - Thursday 8 a.m. - 6 p.m.

Alternating Fridays 8 a.m. - 5 p.m.

562-929-5700

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Whittier, CA

Assistance Available to Residents

The City of Norwalk launched a COVID-19 Emergency Rental Assistance Program to mitigate the displacement of Norwalk residents, or those who work in Norwalk, who are experiencing a decrease in household income due to the pandemic and unable to pay their rent, mortgage and/or utilities.

To be eligible, applicants must meet the following requirements:

- Live or work in the City of Norwalk
- Experiencing a loss of income due to COVID-19
- Not be eligible for or receiving other Federal financial assistance
- Be able to provide a lease agreement or letter confirming tenancy; or able to provide most recent mortgage payment statement issued by mortgage company; and/or most recent utility payment statement issued by utility company
- Have been current on rent, mortgage and/or utility payments prior to COVID-19
- Make less than 80% of Area Median Income

The City will provide a maximum of three (3) months of rental, mortgage, and/or utility assistance. Eligible applicants are funded on a first come, first serve basis until funding is exhausted. For more info and online application, call 562-929-5951 or visit <https://tinyurl.com/norwalkeraap>

Nationwide and Athens Reroute



As a reminder to residents, starting in August, both waste & recycling collection and street sweeping days have changed for multiple areas within city limits. These affected residents received postcards in the mail, in advance, informing them of these changes.

The implementation date for the new routes and street sweeping timeframes starts Monday, August 2, 2021. Please note that street sweeping signs in some areas have been updated, so be sure to check street sweeping signage in your area.

The new sweeping routes will provide more efficient services for Norwalk residents. The timeframe changes are expected to be more convenient for residents, as it shortens the street sweeping timeframe.

For additional information, including a map of the new collection and sweeping schedule, please visit: tinyurl.com/norwalkreroute or scan the QR code below.



Como recordatorio para los residentes de la ciudad, agosto es cuando los días de colección de basura y barrido de calles cambian para varias áreas de la ciudad. Anteriormente, estos residentes afectados recibieron cartas en el correo informándoles de estos cambios

La fecha de implementación de las nuevas rutas de servicio de basura y barrido, así como los tiempos de barrido de calles, comienza el lunes 2 de agosto de 2021. Tenga en cuenta que se han cambiado los letreros de barrido de calles en algunas áreas, así que asegúrese de revisar los letreros de barrido de calles en su área.

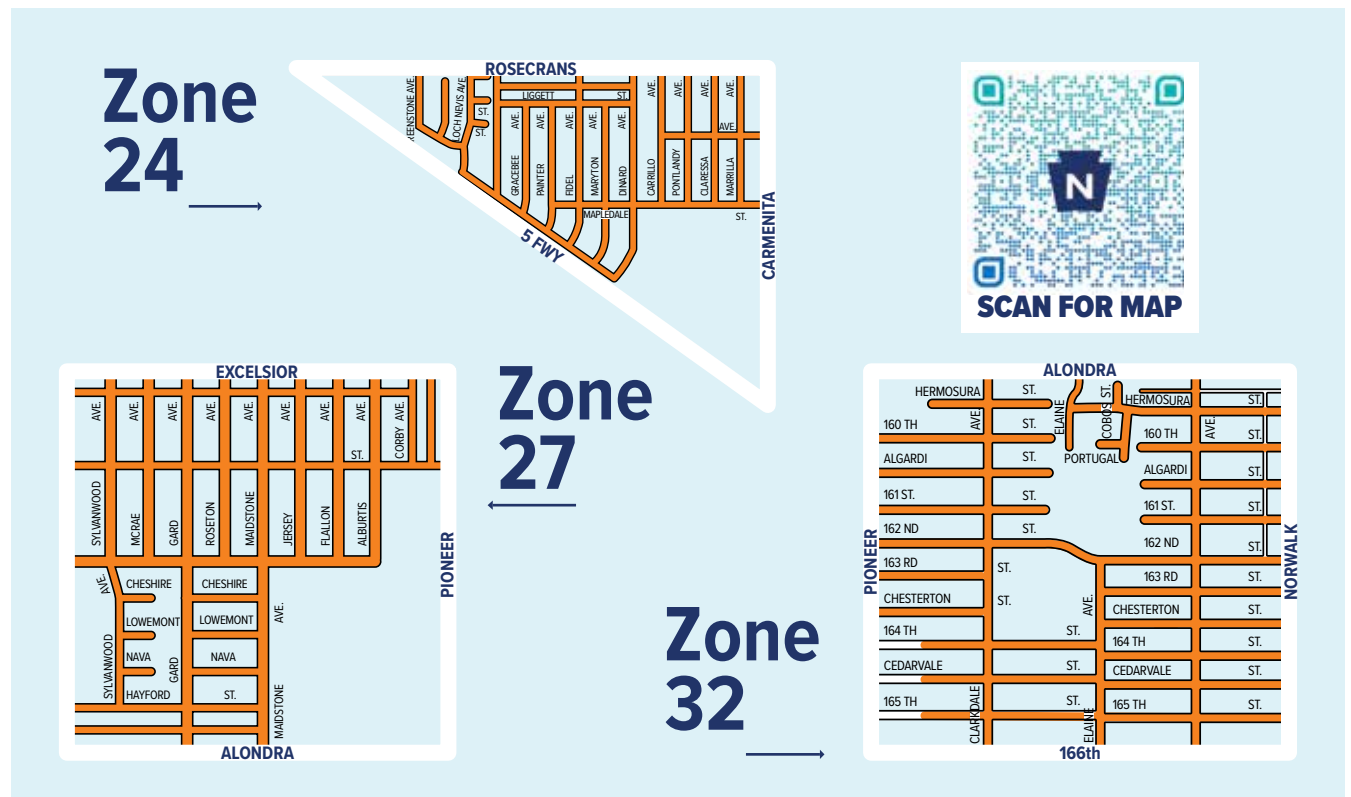
Street Rehab Project Update

Three contractors were awarded the paving construction for three zones of Phase I of the Local Streets Rehabilitation Program. The work is scheduled in a way that there is no more than one major paving operation occurring at each zone at any given time. However, there may be times that two contractors are within the same zone, but only one major work is in progress.

Mobilization will begin July 19th in Zone 32, where the contractor will be doing some preliminary site preparation. Street work will begin August on Clarkdale Avenue between Alondra Boulevard to 166th Street and will progress from north (Alondra Blvd) towards 166th St within Zone 32, with an estimated completion of early October.

As the work continues in Zone 32, another contractor will begin their preliminary site preparation for Zone 27 and street work will begin August 9th and estimated to be complete by the end of September.

In the midst of the work being done in Zone 32 and Zone 27, the contractor will mobilize towards Zone 24 to begin the street work in mid-August. Construction in Zone 24 is estimated to be completed by the end of September as well.



Shoemaker Avenue Street Improvements

Street improvements are underway on Shoemaker Avenue between Rosecrans Avenue and Firestone Boulevard. Along the west side of the street, the sidewalk has been widened where it was too narrow for passage around the utility poles and new sidewalk has been placed to complete access to the bridge over the I-5 freeway.

Coordination efforts with the contractor and City of Santa Fe Springs for full closure of the bridge are being made to accommodate the construction of the improvements to the existing median island as well as the extensive paving operations along Shoemaker Ave from Firestone Ave and Rosecrans Ave.

The bridge closure is estimated to begin early August and estimated to reopen mid-September. Soon after the completion of the improvements to the existing median island and the street paving, new landscaping will be placed on the median island.



Upcoming Community Meetings

Sat • 7/31 • 11 a.m.

Via Zoom

Scan Me!

Tue • 8/10 • 6:30 p.m.

Via Zoom

Scan Me!

Thursday 8/26 @ 6 p.m.
Council Chambers
City Hall
12700 Norwalk Blvd.
Free Parking

Re-Imagine

Join us for an informational meeting on redevelopment options being considered for the Entertainment District. Share ideas, input and priorities for what you would like to see included and featured at the dynamic mixed-used project proposed as an expansion of the Norwalk Entertainment District.



FOR MORE INFO: Claudia Cardenas
 213.223.5526 claudia@primestor.com



COMMUNITY SAFETY ZONE



Say No to Illegal Fireworks Coloring Contest Winners

The Public Safety Department concluded the Say No to Dangerous Fireworks Coloring Contest on July 4 and winners were announced via social media. Participants were able to share the message that illegal fireworks have no place in their neighborhoods. We would like to thank everyone who participated and displayed their signs with pride.

Want to Make a Difference in Your Community?



If you've been looking for an opportunity to get involved, make sure to mark your calendar for **Saturday, August 28**. The City of Norwalk Public Safety Department is coordinating a Community Clean up and is looking for volunteers. This is a great opportunity for youth, families, and organizations to make a positive contribution to our community by beautifying a section of our City. All are welcome and supplies will be provided!

For more info or to sign up, please contact Lieutenant Mike Armendariz: marmendariz@norwalkca.gov or 562-929-5683.



Back to School Safety Tips

With children returning to in-person classroom learning, Public Safety would like to remind parents to travel safely in school zones. Parents can anticipate congested streets around school zones and are responsible for obeying all traffic laws in these areas at all times.

Common violations include:

- Blocking entrances / driveways
- 25 MPH speed limit in school zones
- Not using pedestrian crossings correctly
- Parking zone restrictions (red curbs, etc.)
- Impeding / blocking traffic
- Loading / unloading passengers from vehicles stopped in the street
- Not wearing seat belts / using improper child restraint systems
- Not yielding to children while crossing
- Passing buses with stop signs displayed

LEADERSHIP • DETERMINATION • SERVICE • DEDICATION



CADETS WANTED

SEEKING VOLUNTEERS:

Must be Norwalk residents (or attend Norwalk schools); between 13-18 years old



Benefits:

- Field training Ride-a-Long with Public Safety Officers
- Physical fitness
- Community Service hours through service projects
- Potential scholarship opportunities
- Participate in an Explorer Law Enforcement Academy
- Career exploration/ Educational workshops & field trips
- Gain hands on experience; assisting with community events, office operations

When:

Every Wednesday
5:30—7:30 PM

Location:

Norwalk Arts & Sports Complex
13000 Clarkdale Ave., Norwalk, CA 90650
For more information, please call the
Department of Public Safety at (562) 929-5732



CALL: (562) 929-5732

Applications Available at:
norwalk.org/public-safety-cadet

School Loading Zones

We would like to remind residents to be mindful when parking in Loading Zones (painted white curbs) in front of schools. School Loading Zones are intended for loading and unloading only. As families transition into in-classroom learning, we ask everyone to abide by all loading zone regulations to keep everyone safe. Any observed or reported loading zones violations are subject to citation. Thank you for your support and adherence.



Helpful Contact Information

Department of Public Safety
12700 Norwalk Blvd. Room 15
Phone: 562-929-5732
Fax: 562-929-5564



Norwalk Sheriff's Station

12335 Civic Center Drive
Phone: 562-863-8711
Emergency 9-1-1



Nutrition Bingo

Thursday, August 5 • 2 – 3 p.m.
 Zoom Call in Number: 1 669 900 6833
 Meeting ID: 958 8759 7352#

Learn while playing a game? It's true! Learn interesting nutrition facts and how to eat healthier while playing an old favorite, nutrition bingo.

FREE!! Senior Summer Camp

Tuesday, August 10 and Thursday, August 12 • 10 – 11:30 a.m.

Adventure awaits you at the Senior Center Summer Camp. Staff will have activities ready for you to enjoy on our two-day minicamp. Camp is for ages 50 and older, registration is required, and space is limited. Call 562-929-5580 to reserve your spot.

Healthy Grieving: How to Live After Loss

Thursday, August 12 • 2 – 3 p.m.
 Zoom Call in Number: 1 669 900 6833
 Meeting ID: 952 1374 8121#

As we age, we tend to have more losses in life. Grief is a natural response to a loss. We grieve for our losses but how you grieve is unique to you. Learn about how to express your grief in healthy ways and how to live after loss.

Plant One on You

Tuesday, August 17 • 6 p.m.

Come have an “unbeleafable” time as we get together and create our own succulent works of art. Our instructor will guide you step by step, and don't worry if you wet your plants, we won't tell. Fee: \$20 per person. Registration is required and space is limited. Call 562-929-5580 to register.

Quarterly Birthday Drive Thru

Location: Norwalk Senior Center Parking Lot
 Thursday, August 19 • 1 – 3 p.m.

If you are over the age of 60, and your birthday is in July, August, or September, then we want to help you celebrate it! Call the Norwalk Senior Center at 562-929-5580, to reserve your spot for our Sunset Birthday Drive-Thru. We will cheer for your birthday and have a birthday surprise for you! Space is limited to the first 60 seniors who call and register. Last day to register: Tuesday, August 17.

Aloha Summer Mixer

Thursday, August 26 • 6 – 8 p.m.

It's summer time and the gangs all here to say “Aloha” to summer. Come lounge with us in our tropical paradise as we celebrate the end of summer! We will supply the music, you supply the moves. Registration begins: Thursday, August 5.



Job Well Done, Coach Operators!



The Norwalk Transit System (NTS) is committed to providing safe and quality transportation services to the community. The Distinguished Coach Operator of the Year program is designed to recognize outstanding performance on the part of our Coach Operators.

Congratulations to the following drivers on being designated as Distinguished Drivers of the 1st and 2nd Quarters of 2021!

1st Quarter

- | | |
|------------------|-----------------|
| Roderick Carter | Mike McCall |
| Anita Hernandez | Carla Reeves |
| Hector Hernandez | Tony Rivera |
| Hoang Le | Alfonso Sanchez |
| Daniel Moran | Lorena Velasco |
| Jose Moran | Yolanda Velasco |

2nd Quarter

- | | |
|------------------|-----------------|
| Joseph Ho | Jose Moran |
| Luis Martinez | Bryant Poche |
| Mike McCall | Margie Rangel |
| Glenn McGowan | Carla Reeves |
| Kindria McLemore | Maria Rodriguez |
| Daniel Moran | Gerardo Toro |

Holiday Trash & Street Sweeping Schedule

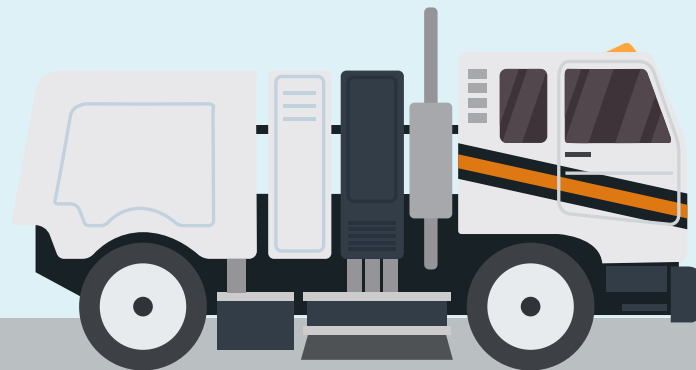
In observance of Labor Day, there will be no street sweeping or trash collection on Monday, September 6. When there is no street sweeping, it will NOT be made up. Streets can only be swept on the posted day. However, trash collection WILL be made up. Trash will be collected the day after the normal collection day for the remainder of the week. For example, Monday's trash will be collected on Tuesday.

Important:

The altered schedule may cause trash collection to be on the same day as street sweeping in some areas. During these times, please place trash & recycle containers up on the parkway (grass between sidewalk and street) to allow the sweeper to properly clean the street. We appreciate your efforts in keeping the streets safe and clean by ensuring trash cans do not interfere with sweeping.

Questions?

Trash Collection	Athens Services	888-336-6100
Street Sweeping	Public Services Department	562-929-5511
Parking Enforcement	Public Safety Department	562-929-5732



Free Waste Collection Event at City Hall



Norwalk residents may dispose of unwanted items, including electronics (e-waste) and expired medications, at our Waste Collection event on Saturday, August 14 from 7 a.m. to 12 p.m. at City Hall, located at 12700

Norwalk Blvd. **The event is first come, first served and may end earlier if trucks are at capacity.**

Examples of e-waste accepted include: television sets, monitors, laptops, fax machines and microwaves. Please be advised that the State requires patrons dropping off tv's/monitors provide their full name and contact info.

Residents may also bring up to five boxes/bags of documents for secure shredding on site. To ensure speedier service, residents are asked to place items in the trunk of their vehicles and remain in their vehicles while items are unloaded.

Questions? Please call 562-929-5964 or email recycling@norwalkca.gov

Libraries are NOW Open

Norwalk Library and Alondra Library are now open for select in-person services. Stop by and browse the collection, checkout items, pickup your holds, or use the public computers. Sidewalk Service is also available by request only during our operational hours. Customer and staff safety is important to us. We ask that all customers maintain 6-feet of physical distance from other customers and staff and wear a face covering over their mouth and nose during their visit. For more info, visit <https://lacountylibrary.org>



Norwalk Library
 12350 Imperial Highway
Monday - Friday
Mon: 10 a.m. - 6 p.m.
Tues: 12 p.m. - 8 p.m.
Wed - Fri: 10 a.m. - 6 p.m.



Alondra Library
 11949 Alondra Boulevard
Tuesday - Saturday
Tues: 12 p.m. - 8 p.m.
Wed - Sat: 10 a.m. - 6 p.m.

RECREATION

AND PARK SERVICES DEPARTMENT SCHEDULE OF ACTIVITIES



The Norwalk Recreation and Park Services Department offers a variety of virtual and in-person programming for youth, teens and adults.

Register now: tinyurl.com/registernorwalk

See below for a small highlight of the upcoming programs that will be offered, but keep up to date with us on social media for more programs, activities and events! We will also be sharing specific COVID-19 related protocols and procedures.

Instagram: RecNorwalk

Facebook: Norwalk Arts & Sports Complex

- TOT PROGRAMS -

Toddler Town Fall Session

Sara Mendez Park 11660 Dune St 868-1093



Learn with us this summer. Toddlers will get a head start for Pre-school and Kindergarten in this learning program. They will practice listening skills, sharing, and taking turns. Tots will participate in art, music, and storytelling while interacting with peers to build social skills and independence. All materials are included. Activities are selected to enhance the learning of shapes, colors, and the ABC's. Please Note: Participants must be fully potty-trained and must have turned three (3) years of age by the first day of the session. For more information, please call 929-5922.

Session 1

AGE	DAY	DATES	TIME	FEE
3-5	M/W/F	Sep 8-Oct 1	9 a.m.-12 p.m.	\$60 Resident/\$70 Non-Resident
3-5	T/Th	Sep 7-30	9 a.m.-12 p.m.	\$60 Resident/\$70 Non-Resident

Session 2

AGE	DAY	DATES	TIME	FEE
3-5	M/W/F	Oct 4-29	9 a.m.-12 p.m.	\$60 Resident/\$70 Non-Resident
3-5	T/Th	Oct 5-28	9 a.m.-12 p.m.	\$60 Resident/\$70 Non-Resident

Session 3

AGE	DAY	DATES	TIME	FEE
3-5	M/W/F	Nov 1-24	9 a.m.-12 p.m.	\$60 Resident/\$70 Non-Resident
3-5	T/Th	Nov 2-23	9 a.m.-12 p.m.	\$60 Resident/\$70 Non-Resident

Closed Nov. 11 for Veterans Day

- YOUTH PROGRAMS -

FREE SUPERVISED PARK HOURS

Fall Park Hours (September, October, & November)

*Parks are closed Monday, September 6 / Thursday, November 11

AGE	DAY	DATES	TIME
5-17	M/T/TH/F	Sep 7-Nov 24	2:30-7 p.m.
5-17	W	Sep 7-Nov 24	1:30-7 p.m.

Activities offered

Homework Assistance • Arts & Crafts
Outdoor Games • Monthly Art Workshops

LOCATIONS:

Gerdes Park, 14700 Gridley Rd
Hermosillo Park, 11959 162nd St
Vista Verde Park, 11459 Ratliffe St

Fall Fun Months at Gerdes, Hermosillo and Vista Verde Parks!

Fall fun is back! Come make new friends at one of our local park sites. Come visit one of three local parks that will be staffed this Fall! A variety of monthly themed activities will be offered. Check Gerdes, Vista Verde or Hermosillo Park for activities.

*Parks are closed Monday Sep. 6 & Thursday Nov. 11

AGE	DAY	DATES	TIME	THEME	FEE
5-17	M-F	Sept 7-30	1-6 p.m.	Back to School Fun!	Free
5-17	M-F	Oct 1-30	1-6 p.m.	Creepy Crawlers	Free
5-17	M-F	Nov 1-24	1-6 p.m.	Helping Hand	Free

Folklorico

Come and learn about our cultural richness where we travel through dance to northern and southern states, while exploring customs and Mexican traditions. Ven y aprende mas de nuestra riqueza cultura donde viajamos al travez de la danza a cada estado del norte al sur, costumbres y tradicion mexicano.

AGE	DAY	DATES	TIME	LOCATION	FEE
5-10	TH	Aug 12-Sept 2	6-7 p.m.	Sara Mendez Park	\$40
11-15	T	Aug 10-31	6-7 p.m.	Sara Mendez Park	\$40

KTA Beginning Ballet/Jazz Fusion

We develop an enjoyment of music and movement, while dancers will learn the basic steps of Jazz and Ballet Dance with turns, kicks, leaps, and more with simple rhythm techniques and fun expression. Class focuses on basic rhythm and choreography with the foundation of ballet! Ballet or jazz shoes required for in-person classes.

AGE	DAY	DATES	TIME	LOCATION	FEE
5-12	W	Aug 11-Sept 1	10-10:45 a.m.	NASC	\$45

KTA Hip Hop

Get funky with your friends and gain confidence in your dance style. We'll be learning the latest Tik Tok dance trends, dancing along to your favorite songs, and more! This is a high energy class that requires a positive attitude and lots of enthusiasm. No experience needed! Sneakers required for in-person classes.

AGE	DAY	DATES	TIME	LOCATION	FEE
5-12	W	Aug 11-Sept 1	11-11:45 a.m.	NASC	\$40

KTA Yoga

Kids will learn basic yoga terms and poses, while focusing on various breathing and visualization techniques. Students will learn to center their focus with the practices of fun and challenging poses and yoga games! Bring your yoga mat and lets start stretching!

AGE	DAY	DATES	TIME	LOCATION	FEE
5-12	SAT	Aug 14-Sept 4	9:25-9:55 a.m.	Online	\$40

- TEEN PROGRAMS -

Teen Alliance Program "TAP"

Join TAP and learn valuable working skills, develop social skills, interpersonal skills, and gain a sense of accomplishment, all while giving back to your community. You will have opportunities to volunteer at City-wide special events and other activities in Norwalk. This is also a great way to serve volunteer hours for school or church. The Teen Alliance Program General Membership meetings are held on the first Wednesday of each month.

AGE	DAY	MEETING DATES	TIME	LOCATION
13-18	W	Aug 4, Sep 1, Oct 6	5:30 p.m.	NASC



Teen Fest Night

Teens can enjoy live music, a game truck, food, games, screen printing, and henna art.

DAY	DATES	TIME	AGE	FEE
Saturday	August 7	6-9 p.m.	13-18	\$10
Saturday	September 25	6-9 p.m.	13-18	\$10

Follow us on Social Media!



Instagram: @recnorwalk
Facebook: @NorwalkSportsComplex

Turn Up Tuesdays

Avenue 26

DAY	DATES	TIME	AGE	FEE
Tuesday	August 3	4-10 p.m.	13-18	FREE

San Pedro Fish Market

DAY	DATES	TIME	AGE	FEE
Tuesday	August 10	1-7 p.m.	13-18	\$5

So Cal Summer Nights

Pool Nights (Norwalk Aquatic Pavilion)

DAY	DATES	TIME	AGE	FEE
Thursday	August 5	6-9 p.m.	13-18	\$5
Thursday	August 19	6-9 p.m.	13-18	\$5

Beach Day & Bonfire Bolsa Chica Beach

DAY	DATES	TIME	AGE	FEE
Friday	August 13	1-10 p.m.	13-18	\$5

Outdoor Movie Nights

DAY	DATES	TIME	AGE	FEE
Thursday	August 12	7:30-10 p.m.	13-18	\$5
Friday	August 27	7:30-10 p.m.	13-18	\$5
Friday	September 10	7:30-10 p.m.	13-18	\$5

Other Excursions

Rose Bowl Flea Market

DAY	DATES	TIME	AGE	FEE
Saturday	September 18	10 a.m.-3 p.m.	13-18	FREE

- ADULT PROGRAMS -

Aztec Dance

This class will introduce dancers to the basics of Aztec Dance while obtaining a great workout. Enjoy fun, high-energy footwork to the chatter of ankle rattles, and dramatic choreography full of symbolism. Please wear comfortable attire to class.

AGE	DAY	DATES	TIME	LOCATION	FEE
18+	T/TH	Aug 10-Sept 2	7-9 p.m.	Hermosillo Park	\$45

Folklorico

Come and learn about our cultural richness where we travel through dance to northern and southern states, while exploring customs and Mexican traditions. Ven y aprende mas de nuestra riqueza cultura donde viajamos al travez de la danza a cada estado del norte al sur, costumbres y tradicion mexicano.

AGE	DAY	DATES	TIME	LOCATION	FEE
30+	TH	Aug 12-Sept 2	7-8 p.m.	Sara Mendez Park	\$40

KTA Sassy Jazz/Funk Combo

This action packed dance class is sure to spice up your life! Express your body and mind with this funky and sassy style through pop, hip hop, and R&B styles of music. No experience required. Men and women welcome!

AGE	DAY	DATES	TIME	LOCATION	FEE
18+	SAT	Aug 14-Sept 4	12-12:45 p.m.	Online	\$45

Yoga for Life

This class focuses on increased flexibility, balance, controlled breathing, and relaxation through non-intimidating yoga techniques. Please wear comfortable clothing and bring non-slip mat and small towel.

AGE	DAY	DATES	TIME	LOCATION	FEE
14+	T	Aug 10-31	6:15-7 p.m.	NASC	\$28

Zumba Fitness

Zumba Fitness is a medium/high impact cardio dance class. Zumba incorporates several forms of dance, some of which include Salsa, Merengue, Cumbia, Belly Dancing, and Cha-Cha. No fitness level or dance experience required!

AGE	DAY	DATES	TIME	LOCATION	FEE
18+	T/TH	Aug 10-Sept 2	6:15-7:15 p.m.	NASC	\$32

- PROGRAMS FOR ALL AGES -

Tae Kwon Do

A well balanced program designed to teach girls, boys, and adults, confidence, self-discipline, coordination, safety, blocking, spectacular kicking and punching skills, including Korean terminology, and respect associated with Tae Kwon Do. Students must purchase a uniform prior to the first class.

DAY	DATES	TIME	AGE	FEE	LOCATION
MWF	Aug 9-Sept 3	6-7 p.m.	5+	\$50	Hermosillo Park

Ghosts and Goblins at Glazier Park Movie Night

10810 Excelsior Drive

Bring your blankets and lawn chairs and enjoy a fun filled spooky night! We will be watching an all-time Halloween favorite "Hocus Pocus." The movie will be displayed on a 400 square foot screen. There will also be games and activities prior to the movie starting which will be at dusk. Food will also be available for purchase to help support the Teen Alliance Program scholarship fund. For more information, please call (562) 929-5922.

AGE	DAY	DATES	TIME
All Ages	F	Oct 8	6:30 p.m.

- ADAPTIVE RECREATION -

Gerdes Park 14700 Gridley Rd 868-5817

This program is designed for children, teens, and adults with developmental, physical, and/or learning disabilities. Participants are encouraged to maximize their abilities through recreation activities with a social emphasis. All participants must have a current medical/emergency form on file with the department in order to participate.

Please Note: Although group homes are encouraged to participate, an attendant or program aide must remain to assist as needed. Activities are held at Gerdes Park, 14700 Gridley Road, unless otherwise noted. To register for programs or to be added to the mailing list, please call 929-5922 or email us at AR@norwalkca.gov.

HEART CLUB

Recreation Adapted for Teens & Adults with Disabilities

Thursday Nights (Suggested Ages 13+)

Thursdays, September 9-November 18

*Closed November 11 for Veteran's Day

Make Thursdays the highlight of your week with planned activities, excursions, and dances. The best part will be having fun and making new friends. See the monthly calendar for fees, times, and registration information at norwalk.org

CLASS (Suggested Ages 6-22)

This after school program is specifically designed for your child with disabilities. Homework help, crafts and games are all done in an environment tailored to fit their needs.

*No Class Sep 6 & Nov 11, 25, 26

AGE	DAY	DATES	TIME	FEE
6-22	M-F	Aug 23-Sep 3	3:30-5:30 p.m.	\$15
6-22	M-F	Sep 7-Oct 1	3:30-5:30 p.m.	\$30
6-22	M-F	Oct 4-29	3:30-5:30 p.m.	\$30
6-22	M-F	Nov 1-26	3:30-5:30 p.m.	\$30

THANK GOODNESS ITS FRIDAY!

TGIF (Suggested Ages 13+)

Fridays (twice per month)

TGIF!!! Twice a month we will visit a new location to help kick-start a weekend of fun!

These Friday night activities are sure to keep you coming back for more! See the monthly calendar for fees, times, and registration information at norwalk.org

Awesome Saturdays (Suggested Ages 13+)

Saturdays (once per month)

Make the most of the fall season with us! You will enjoy visiting far away and local attractions. See the monthly calendar for fees, times, and registration information at norwalk.org

Halloween Dance

Sproul Reception Center 12239 Sproul St.

Wear your appropriate Halloween costume and your dancing shoes. The night will be filled with delicious food and dancing music. All those in attendance will need to purchase a ticket (including parents and caretakers).

AGE	DAY	DATES	TIME	FEE
6-22	F	October 29	6-9 p.m.	\$15

SAVE THE DATE!

Special Olympics Team Norwalk Informational Meeting
Norwalk Arts & Sports Complex, Sproul Room, 13200 Clarkdale Ave

Parents and care takers, please attend this informational meeting to find out about events and practices happening this season.

DAY	DATE	TIME
T	Dec 7	6:30 p.m.

**Special
Olympics**

