# Nonvolk/Nov The Official Community Publication of Norwalk, CA July 2021, Volume 42, #7

# **State Level Emergency Powers**

In June 2021, Governor Gavin Newsom announced that he would extend his use of "emergency powers" and extend the state of emergency, as well as some masking mandates past the June 15th reopening date.

he City is closely monitoring state-initiated actions to mitigate any potential local impacts.

The City continues to discuss the scheduled ending to several programs initiated by the state and county and has been in communication with the agencies overseeing these programs.

- The Metropolitan State Hospital's use of the annex, formerly known as the California Youth Authority facility, is still scheduled to end on September 30, 2021.
- The Project Roomkey (PRK) program in Norwalk saw a total of 205 rooms being occupied, with a total number of 232 participants in the latest update. This program is expected to come to an end by September 2021.
- As of June 2021, the Project Homekey (PHK) site in Norwalk has reopened. It had been closed since late March due to a fire that damaged the building. Before its closure, the City was able to house many of its own homeless population at the site. The City will continue to be proactive and negotiate with the County to transfer more of the homeless population in Norwalk off the streets and into the facility.



The City will continue to monitor any new developments regarding these issues and keep residents informed.

# Save the Date: Virtual Community Forum Thursday, August 5 at 6 p.m.

Connect with the Norwalk City Council on important quality of life issues at our next forum. Additional information, including Zoom meeting details, will be shared in the August edition of the Norwalk NOW and on social media. For more info, please call 562-929-5735.

# City Wide "SAY NO" to Illegal Fireworks **Campaign in Full Swing**



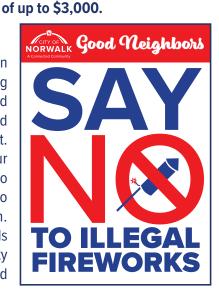
If anyone is observed on your property using or possessing illegal fireworks, you can be held responsible as the property owner and receive a citation for the full amount. Illegal fireworks are a danger to our community. They are disruptive to neighbors and can be traumatic to veterans, pets and young children. They are also responsible for thousands of fires, millions of dollars in property damage, and numerous deaths and

The City has a **ZERO TOLERANCE** policy for illegal fireworks and will seek the maximum allowable penalties for any and all violations. If you are caught using or storing illegal fireworks, you will receive a fine

severe injuries annually. Public Safety and the Norwalk Sheriff's Department will be on full deployment over the holiday weekend to patrol and enforce. Help us hold violators accountable and put a stop to illegal fireworks in your neighborhood by reporting any violations that you see.

### REPORT ILLEGAL FIREWORK ACTIVITY **ANONYMOUSLY TO 562-929-5333.**

La ciudad tiene cero tolerancia para los fuego artificiales ilegales y buscará penas máximas por cualquier violación. Le recordamos a la comunidad que celebren el día festivo de manera responsable.





# **Norwalk City Council**

**Mayor** Jennifer Perez Vice Mayor Tony Ayala **Councilmember** Rick Ramirez Councilmember Margarita L. Rios Councilmember Ana Valencia

# **Proposed Future Vision** For Entertainment District



# **YOUR VOICE COUNTS!**

On Tuesday, June 1, 2021, Primestor, a Los Angeles developer, presented the Norwalk City Council with a plan to redevelop the Civic Center to enhance the Entertainment District. The Entertainment District includes the Civic Center, AMC Theater, Doubletree Hotel, Outback Steakhouse and surrounding restaurants and businesses.

The redevelopment of the 10-acres of cityowned property along Imperial Highway at Norwalk Boulevard, dubbed "The Walk," will include open space, shops, restaurants and housing. The intent of the project is to create a community-driven destination that meets the needs of residents, attracts additional economic development, promotes local hiring, and creates high-quality development in the center of Norwalk.

Following the presentation, the Council gave direction to Primestor to work closely with the community to solicit feedback on the redevelopment proposal. The community engagement efforts will begin soon and include community meetings, doorto-door canvassing, online surveys, social media advertisement, and a project-specific website.

The City Council initially adopted the Economic Development Opportunities Plan in October 2018 to identify areas within the City to promote economic development. In February 2019, the City entered into an exclusive negotiating agreement with Primestor Development, Inc. to undertake a feasibility study for the development of the area and explore viable opportunities to revitalize the 10-acre Civic Center lawn, surface parking lot and City Hall site. The developer commenced their public input efforts in December 2019, but stopped in late 2020 due to the pandemic. Initial feedback from community was positive, reflecting a strong desire for additional dining options.

Stay tuned for more info on opportunities

to help shape Norwalk's future. Additional information on the City's **Economic Development Projects can** be found at norwalkecondev.org



El martes 1 de junio de 2021, Primestor, un desarrollador, presentó al Concejo Municipal de Norwalk un plan para reconstruir el Centro Cívico para mejorar el Distrito de Entretenimiento, que incluye el Centro Cívico, el Teatro AMC, el Hotel Doubletree, Outback y los restaurantes y negocios de los alrededores. La remodelación de los 10 acres de propiedad de la ciudad a

lo largo de Imperial y Norwalk, apodado "The Walk", incluirá espacios abiertos, tiendas, restaurantes y viviendas. Después de la presentación, el Concejo dio instrucciones a Primestor para colaborar con la comunidad para solicitar comentarios sobre la propuesta de reurbanización. Los esfuerzos de participación comenzarán pronto e incluirán reuniones comunitarias, encuestas puerta a puerta, encuestas en línea, publicidad en redes sociales y un sitio web específico del proyecto. Este atentos para más información!

> City of Norwalk 12700 Norwalk Blvd. Norwalk, CA 90650

PRSRT STD **US** Postage PAID Permit No. 1139

# County Programs to Help Low-Income Residents



The City of Norwalk is committed to helping Norwalk residents in need and offer several services for low-income residents through its Social Services Department. However, there are also services and programs available to Norwalk residents offered by the County of Los Angeles. Here are a few of the services and programs offered by the Los Angeles County Department of Public Social Services (DPSS) and other County agencies:

### **CalWORKs**

California Work Opportunity and Responsibility to Kids (CalWORKs) provides temporary financial assistance and employment-focused services to families, with children that are minors, whose income and property are below State maximum limits for their family size.

### **Greater Avenues for Independence (GAIN)**

Participants in this program can receive employmentrelated services to help find a job, stay employed, and move on to higher paying jobs. Services include Job Club, Vocational Assessment, Education and Training, Subsidized Employment, Community Services, and Post-Employment Services. Participants can also receive help with transportation, child care, and special job-related expenses, such as uniforms and

### **Cash Assistance**

General Relief (GR) is a County-funded program that provides cash aid if you are an adult without any income or resources, and children in certain special circumstances who are ineligible for federal or State programs.

### **CalFresh**

The CalFresh Program helps low-income households increase their food-buying power to meet their household's nutritional needs. CalFresh benefits issued through Electronic Benefit Transfer (EBT) can be used in grocery stores and participating Farmers Markets. Homeless, elderly or disabled persons may purchase prepared meals from participating restaurants with their EBT card.

### **In-Home Supportive Services (IHSS)**

In-Home Supportive Services can help pay for services if you're a low-income elderly, blind or disabled individual, including children, so that you can remain safely in your own home. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities.

For more info on any of these services and programs, visit https://dpss.lacounty.gov/en/programs.html

### **Los Angeles Regional Food Bank**

The Los Angeles Regional Food Bank's mission is to mobilize resources to fight hunger in the community. It distributes food and other essentials to children, seniors, families and other individuals in need. For more info on the nearest food banks, visit https:// www.lafoodbank.org/find-food/pantry-locator

### **CA COVID-19 Rent Relief Program**

Income eligible households who need financial assistance for unpaid rent and utilities will be able to apply for help through the CA COVID-19 Rent Relief Program, which is being administered by the California Business, Consumer Services and Housing Agency. For more info on this program, visit https:// wwwa.lacda.org/programs/rent-relief

# **City Operations Update**

The City of Norwalk looks forward to resuming normal operations at several of our City facilities. The following updates to our City operations go into effect on July 6, 2021.

City services will be available in a non-appointment, walk-up capacity. Appointments will still be highly recommended.

- Temperature checks and symptom screenings will no longer be required upon entry to facilities.
- Face coverings will still be required to be worn by members of the public inside all City facilities.
- Social distancing and capacity limits will be lifted at some City sites. You may still have to check-in at dedicated access points for certain services.

We encourage you to visit our website for more information and take advantage of our available online services, including yard sale applications and online payment systems. To help save you a trip to City Hall, we also recommend that you contact the appropriate department directly via email or phone before your visit, and if needed, schedule an in-person appointment.

La ciudad de Norwalk reanudara las operaciones normales en varias de nuestras instalaciones de la ciudad. Al partir del 6 de julio, los servicios de la ciudad estarán disponibles en una capacidad sin cita previa. Sin embargo, las citas seguirán siendo muy recomendables. Los exámenes de síntomas ya no serán necesarios al entrar en las instalaciones. Los miembros del público aún deberán usar cubiertas faciales dentro de todas nuestras instalaciones.

# Street Rehab Update

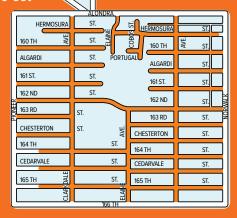
The City of Norwalk is committed to improving our infrastructure and ensuring safe streets for our residents. The Local Street Rehabilitation Project in Zones 24, 27 and 32 continues, with the initiation of pavement improvements. The work has been coordinated to reduce the construction impacts to our residents and travelers to and from the city. Residents should expect parking to be affected, detours to be set



and potential delays due to traffic around these project areas. We apologize for any inconveniences; however, these temporary traffic impacts are common for projects of this magnitude.

Please scan the QR code to the right for more info, including maps of the zones to be impacted.





# City COVID-19 Rental, Mortgage NORWALK and Utilities Assistance Program

# **A**bout the Program

The City of Norwalk is providing a COVID-19 Rental, Mortgage, and Utilities Assistance Program for its residents. The program is funded by the Community Development Block Grant (CDBG) through the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

Grants are to be awarded to eligible residents of the City of Norwalk for rental, mortgage, and utilities assistance up to three months. Recipients of this grant will not be obligated to repay the monies. Applications will be processed on a first come first served basis until funding is exhausted.

# The City is accepting applications through July 30, 2021

- a resident of the City of Norwalk
- ✓ Must show inability to make rent, mortgage, or utility payments due to the impacts of COVID-19
- ✓ Must be extremely low, very low, low-to-moderate
- ✓ Must meet income qualifications based on household size (see graph below)



### 2021 Los Angeles County Income Limits

Household Size	1 person	2 persons	3 persons	4 persons	5 persons	6 persons	7 persons	8 persons
Extremely Low- Income Limits	\$24,850	\$28,400	\$31,950	\$35,450	\$38,300	\$41,150	\$44,000	\$46,800
Very Low (50%) Income Limits	\$41,400	\$47,300	\$53,200	\$59,100	\$63,850	\$68,600	\$73,300	\$78,050
Low (80%) Income Limits	\$66,250	\$75,700	\$85,150	\$94,600	\$102,200	\$109,750	\$117,350	\$124,900



For more information about the program, or if you have questions, <u>CDBG</u> @norwalkca.gov please contact:

Community Development Department (562) 929-5951

Or visit the City's website at:

https://www.norwalk.org



# COMMUNIT SAFETYZONE

# **Athens & Nationwide Reroute**

Services and Nationwide Environmental Services to update their routing schedule. The new routes will provide more efficient services to Norwalk residents.

There are multiple areas within city limits that will have both their waste & recycling collection and their street sweeping days changed. These affected residents received postcards in the mail informing them of these changes.

Additional areas in the City may also note that the timeframe for their street sweeping service might change. The change is expected to be more

The City of Norwalk has partnered with Athens convenient for these residents as it will shorten the street sweeping timeframe.

> The new routes go into effect on Monday, August 2, 2021, but note that street sweeping signs in some areas might have already been updated. Please continue to move your vehicle(s) on your regularly scheduled day and time until the new routes are implemented.

> For additional information, including a map of the new collection and sweeping schedule, please visit the City's website page at www.norwalk.org/i-want-to/trashand-street-sweeping-re-route or scan the QR code below.

### You can also visit your service providers' websites at:



https://athensservices.com





La ciudad de Norwalk en colaboración con Athens Services y Nationwide Environmental Services actualizara un cambio en la ruta de servicio de basura y barrido de calles para proporcionar servicios más eficientes para los residentes de Norwalk.

Hay varias áreas en la ciudad que tendrán cambio de día de colección de basura y barrido de calles. Estos residentes afectados recibieron una tarjeta postal por correo informándoles de estos cambios.

Tenga en cuenta que su cambio en la ruta de servicio de basura y barrido, así como los tiempos de barrido de calles, seguirán siendo los mismos hasta el lunes 2 de agosto de 2021, que será la fecha de implementación de estos cambios. Por favor, siga moviendo su(s) vehículo(s) el día y la hora programados regularmente hasta que se implementen las nuevas rutas.

La ciudad continuara a compartir información acerca de los cambios con la comunidad. https://www.athensservices.com http://www.nes-sweeping.com

# Spread The Word - Illegal Fireworks Are Not Worth It

The City has developed an extensive public outreach campaign to inform residents about the harmful impacts that illegal fireworks have on our community. We want to empower you to take an active role in helping us stop this dangerous activity. Four large message boards have been deployed throughout the City reminding commuters of the



consequences of using illegal fireworks in Norwalk. The City has also advertised the dangers of illegal fireworks in all of our print publications, posted fine and violation amounts on all of our social media platforms, and informed residents how to report violations anonymously

via displays at schools and City facilities. New this year, the City has even brought the messaging to your own backyard. Residents will find anti-fireworks lawn signs in neighborhoods across the City, as well as at parks and other public places, reminding everyone to be a good neighbor and informing them that Norwalk has a zero tolerance policy for

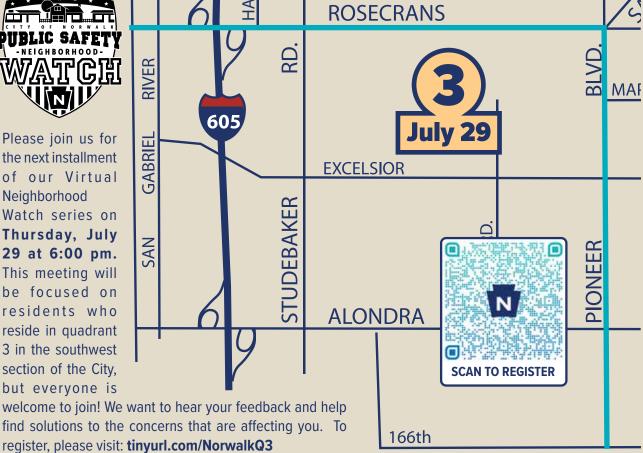
all illegal fireworks activity. Help us spread the word: tell your friends and family that illegal fireworks are not worth it!

> Report illegal fireworks activity anonymously to 562-929-5333

# Virtual Neighborhood Watch: Quadrant 3



Please join us for the next installment of our Virtual Neighborhood Watch series on Thursday, July 29 at 6:00 pm. This meeting will be focused on residents who reside in quadrant 3 in the southwest section of the City, but everyone is





# **Crime Prevention Awareness**

Norwalk will be hosting a modified version of our National Night Out programming in August. Residents will be able to connect with our law enforcement community and help raise awareness about the programs and services that they offer. Event details are still being finalized, so please stay tuned to the City's social media platforms for updates. You can also contact Miguel Lucero in the Public Safety Department at 562-929-5732 for more information.

# **Vehicle Theft Prevention Month**

July is National Vehicle Theft Prevention Month. To help vehicle owners keep their cars safe, the U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) is continuing its annual Vehicle Theft Prevention Campaign. In 2019, nearly three quarters of a million motor vehicles were stolen in the United States, costing vehicle owners more than \$6 billion. These vehicles included passenger cars, trucks, and multipurpose vehicles. Here are some statistics on vehicle theft and tips on how to keep your vehicle safe:

- Only 56% of all stolen vehicles were recovered
- There were 721,885 total motor vehicles stolen
- 75% of all stolen vehicles were passenger vehicles
- A vehicle is stolen every 43.8 seconds

### **TAKE ACTION!**

### Here are some ways that you can help prevent vehicle theft:

- Park in well-lit areas
- Close and lock all windows and doors when you park
- · Secure your valuables and keep them out of sight
- Do not leave your keys in your vehicle
- Do not leave vehicle unattended while it is running

For more information on vehicle theft prevention, visit NHTSA.gov/theft.

# **ATM Scam**

The City of Norwalk would like to warn the public about a growing scam involving ATM skimmers so that you don't fall victim to it. ATM skimmers are credit and debit card readers that are hidden within an ATM reader. Scammers are tampering with ATMs to install their skimmers, which allows them to access the cardholder's sensitive bank information. To help prevent falling victim to these scams, please do not use the ATM if:

- There appears to be any form of tampering, such as graphics not properly aligning
- The ATM keypad appears too thick or off-center
- Multiple attempts are required in order for your card
- The security seal on the ATM is broken

Whenever possible, use ATMs inside a location where it is difficult for scammers to tamper with the ATM. Also, make sure to check your bank statements often for any unauthorized activity and report suspicious charges immediately.

**Source: Los Angeles County Sheriff's Department** 

# NORWALK CONNECTS

# **Submit Requests** in a few Easy Steps



Do you need to submit a request for graffiti removal or pothole repair? Download Norwalk Connects on Google Play or the App Store. Our custom app allows residents to submit requests, questions or concerns 24 hours-aday, 7 days-a-week. As an added feature, users can upload photos to their requests.



# **Rabies Clinic**

### Friday, July 16 • 3 - 7 pm Norwalk City Hall Lawn 12700 Norwalk Blvd

Our annual Vaccine Rabies Clinic provides pet owners an opportunity to renew dog licenses and take steps to keep their pets healthy. Rabies vaccinations will available for \$9. Dogs must be on leashes and cats in carriers.

Animal licenses are set to expire June 30, 2021; however, residents have until July 31, 2021 to renew without incurring late penalties. As a reminder, you can save a trip to City Hall by renewing your license



# **Beat the Heat!**

When temperatures reach extreme highs, residents can find relief from the heat at designated cooling centers throughout LA County. A cooling center is an air-conditioned space designated by local agencies for use by the public during a heat wave.

The City of Norwalk will activate the Norwalk Senior Center as a cooling center in accordance with a heat alert issued by the County. Please follow our social media or sign up for Nixle emergency alerts to stay informed. To sign up, simply text "90650" to 888-777.

When activated as a cooling center reservations and face coverings will be required. To make a reservation, please call 562-929-5580. For additional information, residents may call 211 or visit:

www.lacounty.gov/heat.



### Weekly Mental Health Support Group Every Monday • 2 to 2:45 p.m. Call-In Number: 1 (978) 990-5176 Conference ID: 695849#

This support group, led by a staff member from Telecare Corporation, will meet by phone on a weekly basis. Some of the topics discussed are depression, anxiety, stress management, self-care, grief & loss, mental well-being, and the aging process.

### 4th of July Virtual Concert Sunday, July 4 • 1 to 2 p.m.

It is a Fourth of July Virtual Concert so let us Indepen-dance the afternoon away! "The Hodads" will get you out of your chair and on your floor dancing to classic songs from the Beach Boys, Beatles, and other groups. Tune in to Norwalk TV on Channel 3 or Channel 32 and enjoy the music.

# Communication & Dementia-Connecting with a Person with Memory Loss

Tuesday, July 13 • 1 to 2 p.m. Call Alzheimer's Los Angeles at (844) 435-7259 for meeting link

Communication becomes increasingly more difficult when someone is diagnosed with Alzheimer's disease or another form of dementia. This program offers a variety of strategies that assist with communicating with a person with memory loss.

# **Parking Lot Loteria**

Thursday, July 15 Session 1: 9:00 a.m. • Session 2: 10:30 a.m.

If you are looking for something to keep you busy in the morning, then we have a game for you! Similar to Bingo, Loteria will have you marking cards to match the images being called. Seniors, age 50 and older, can come and enjoy a morning of Loteria from inside your car. One card per person in car. Prizes for winner of games! Space is limited to 20 vehicles per session. Reservations begin Thursday, July 1. Call 562-929-5580 to reserve your spot.

All participants must remain in their vehicles. Please use restroom prior to coming and bring your own snacks.

# FREE! Summer Night Movie in the Lot Tuesday, July 20 • 7 p.m.

Join us for an evening showing of "Mrs. Doubtfire" in the Senior Center parking lot. Seniors will be socially distanced so they can sit in their own chair to watch the movie. A snack pack will be provided to all those in attendance. Space is limited to the first 60 seniors and reservations are required. Reservations begin Tuesday, July 6. Call 562-929-5580 to reserve your spot in the lot.

### **Brunch & Fun** Thursday, July 29

Session 1: 9:00 a.m. • Session 2: 10:30 a.m.

Wake up and join us as we turn down for brunch, and fun, in the Senior Center parking lot! Guests will start the morning off with a morning snack of bagels, cream cheese, and juice. Relax and enjoy your morning snack with friends and music. Then it is time to play! You will have a chance to play games spread out in the parking lot for your chance to win tickets for a raffle at the end of your session. Reservations begin Thursday, July 15. Call 562-929-5580 to reserve your spot.

# "Give More Life" Red Cross Blood Drive

Tuesday, August 3 11:00 a.m. – 5:00 p.m. Social Services Center 11929 Alondra Blvd.

If you are interested in donating blood, please call the Social Services Center at 562-929-5544 to schedule an appointment or for more information.



# **Yard Sales**



The City of Norwalk has resumed issuing yard sale permits. Even better, we made some improvements to the permit process to save you a trip to City Hall. Permits are available free

of charge and are currently only processed online, within two business days. Simply complete a fillable form and submit via email to yardsales@norwalkca. gov. The deadline for processing yard sale permits for the weekend is 12 p.m. Wednesday of that same week.

If you would like help applying for a permit in person, you will need to make an appointment by calling 562-929-5744.

For more info, visit norwalk.org/i-want-to/obtain-a-yard-or-garage-sale-permit or scan the QR code here.







# AND PARK SERVICES

The Norwalk Recreation and Park Services Department offers a variety of virtual and in-person programming for youth, teens and adults.

### Register now: tiny.cc/norwalkrec.

See below for a small highlight of the upcoming programs that will be offered, but keep up to date with us on social media for more programs, activities and events! We will also be sharing specific COVID-19 related protocols and procedures.

Instagram: RecNorwalk
Facebook: Norwalk Arts & Sports Complex

# - TOT PROGRAMS -

# **Toddler Town Summer Session**

Sara Mendez Park 11660 Dune St 868-1093



Learn with us this summer. Toddlers will get a head start for Pre-school and Kindergarten in this learning program. They will practice listening skills, sharing, and taking turns. Tots will participate in art, music, and storytelling while interacting with peers to build social skills and independence. All materials are included. Activities are selected to enhance the learning

of shapes, colors, and the ABC's. Please Note: Participants must be fully potty-trained and must have turned three (3) years of age by the first day of the session. For more information, please call 929-5922.

Session 1					
<b>AGE</b>	DAY	<b>DATES</b>	TIME	FEE	
3-5	M/W	<b>Jul 7-28</b>	9 a.m12 p.m.	\$60 Resident/\$70 Non-Resident	
3-5	T/Th	Jul 6-29	9 a.m12 p.m.	\$60 Resident/\$70 Non-Resident	
			Session 2		
<b>AGE</b>	DAY	<b>DATES</b>	TIME	FEE	
3-5	M/W	Aug-2-25	9 a.m12 p.m.	\$60 Resident/\$70 Non-Resident	
3-5	T/Th	Aug-3-26	9 a.m12 p.m.	\$60 Resident/\$70 Non-Resident	

### Now taking online registration at:

https://www.norwalk.org/city-hall/departments/recreation-park-services

# - YOUTH PROGRAMS -



Gerdes Park, 14700 Gridley Rd. Hermosillo Park, 11959 162nd St. Vista Verde Park, 11459 Ratliffe St.

Summer lunches are back! Join us for lunch in the park! The City of Norwalk Recreation and Park Services Department will offer a nutritious meal for children 18 years and younger. The goal of the program is to ensure that children receive at least one nutritious and balanced meal per day when school is not in session. Children will be able to pick up their lunch daily at the park of their choice. For more information, please call 929-5922.

AGE DAY DATES TIME
1-18 M-F Jul 6-Aug 6 12-1 p.m.

# **Kids Adventure Camp**

**Sproul Reception Center, 12239 Sproul St** 

The Recreation Department offers a five-week Summer Day Camp for children ages 6-12. The camp provides a wide variety of activities planned for youth including special guests, swimming, games, arts and crafts, and Kidz Talent Academy classes. Campers will also go on a weekly local field trip.

In order to be eligible for resident rates, at the time of registration, parents must provide proof of residency (i.e., driver's license, a recent bill, tax information). Parents must also verify their child's age (i.e., birth certificate, medical records, or school registration).

**Please Note:** Extended hours (7:30-8 a.m. and 5-6 p.m.) are available for a nominal fee. Parents must enroll for extended hours at time of registration. For more information, please call 929-5702.

<b>AGE</b>	DAY	DATES	TIME	FEE
6-12	M-F	Jul 6-Aug 6	8 a.m5 p.m.	\$155 per week – Residents
		(no camp Ju	ly 5)	\$205 per week – Non Residents
Exten	ded hou	rs:		

DAY DATES TIME FE

M-F Jul 6-Aug 6 7:30-8 a.m. & 5-6 p.m. \$20 per week – Residents \$30 per week – Non-Residents

WEEKS	DATES	THEME
Week 1	July 6-9	Splash Into Summer
Week 2	<b>July 12-16</b>	Build It
Week 3	<b>July 19-23</b>	All Stars
Week 4	July 26-30	<b>DIY Artists</b>
Week 5	Aug 2-6	Nature Fun

Now taking online registration at:

https://www.norwalk.org/city-hall/departments/recreation-park-services

# - SUPERVISED PARK HOURS -

# **Summer Park Hours**

AGE
DAY
DATES
TIME
5-17
M-F
Jul 6-Aug 6
1-6 p.m.
LOCATIONS:
Gerdes Park, 14700 Gridley Rd
Hermosillo Park, 11959 162<sup>nd</sup> St

Vista Verde Park, 11459 Ratliffe St

# Summer Fun Weeks at Gerdes, Hermosillo & Vista Verde Parks!

Enjoy your summer with friends by visiting one of three local parks that will be staffed this summer! All summer long, a variety of daily themed activities will be offered. Check Gerdes, Vista Verde or Hermosillo Park for activities.

*Parks will not be staffed Monday, July 5						
<b>AGE</b>	DAY	DATES	TIME	THEME	FEE	
<b>5-17</b>	M-F	July 6-9*	1-6 p.m.	Splashtastic	Free	
<b>5-17</b>	M-F	<b>July 12-16</b>	1-6 p.m.	<b>Build it Up</b>	Free	
<b>5-17</b>	M-F	<b>July 19-23</b>	1-6 p.m.	All Star Sports	Free	
<b>5-17</b>	M-F	July 26-30	1-6 p.m.	<b>DIY Art Attack</b>	Free	
<b>5-17</b>	M-F	Aug-1-6	1-6 p.m.	<b>Forces of Nature</b>	Free	

### **Swim Lessons**

Norwalk Aquatic Pavilion, 12301 Sproul St.

Swim Lessons are back! Modified lessons will be offered on Mondays, Wednesdays, Fridays and Saturdays at the Norwalk Aquatic Pavilion. Unless swimmers plan to enroll into Private Lessons or Parent/Child classes, all participants are required to be swim level tested prior to enrollment.



Please visit us on social media (Instagram: Recnorwalk or Facebook: Norwalk Arts & Sports Complex) for more specific information regarding the aquatics program.

Swim Lesson Registration Begins: Monday, June 28 at 9 a.m.

All registration will be taken ONLINE ONLY. Visit tinyurl.com/norwalkaquatics to register.





# **TEEN PROGRAMS -**

# **Brunch Time**

Teens, it's almost time for brunch! Come hungry to the Teen Center and enjoy a fun brunch with friends and staff.

DAY	DATES	TIME	AGE	FEE
Saturday	July 10	11 a.m1 p.m.	13-18	\$5

# **Teen Fest Night**

Teens can enjoy live music, a game truck, food, games, screen printing and henna art. Kick off the re-opening of teen programs with a night of fun!

	3 1 - 3	3		
DAY	DATES	TIME	AGE	FEE
Saturday	July 17	6-10 p.m.	13-18	\$10

# **So Cal Summer Nights**

Spend your summer outdoors with SoCal Summer Nights.

Spend your sum	inei outdoors with 500	ai Julillier Nights.				
	<b>Pool Nights</b> (No	orwalk Aquatic Pa	vilion)			
DAY	DATES	TIME	AGE	FEE		
Thursday	July 8	6-9 p.m.	13-18	\$5		
Thursday	July 22	6-9 p.m.	13-18	\$5		
Thursday	August 5	6-9 p.m.	13-18	\$5		
Thursday	August 19	6-9 p.m.	13-18	\$5		
	<b>Dinner &amp; Bowli</b>	ng AMF Cerritos	Lanes			
DAY	DATES	TIME	AGE	FEE		
Friday	July 23	5-10:30 p.m.	13-18	\$5		
	Weeke	end Camp Out				
DAY	DATES	TIME	AGE	FEE		
Fri-Sat	July 30-31	Fri 1 p.m.	13-18	\$10		
		Sat 1 a.m.				
	Beach Day & Bo	nfire Bolsa Chica	Beach			
DAY	DATES	TIME	AGE	FEE		
Saturday	August 7	1-10 p.m.	13-18	\$5		
Outdoor Movie Nights						
DAY	DATES	TIME	AGE	FEE		
Friday	August 13 & 27	7:30-10 p.m.	13-18	\$5		

# Turn Up Tuesdays

Calling all teens, we are outside this summer! Join staff on a variety of excursions on Tuesdays throughout the summer, such as Universal City Walk, the Santa Monica Pier and more.

	Univ	versal City Walk		
DAY	DATES	TIME	AGE	FEE
Tuesday	July 13	4-10 p.m.	13-18	FREE
	Mount He	ollywood Hiking Tra	ail	
DAY	DATES	TIME	AGE	FEE
Tuesday	July 20	8 a.m4 p.m.	13-18	\$5
	Sar	nta Monica Pier		
DAY	DATES	TIME	AGE	FEE
Tuesday	July 27	1-8 p.m.	13-18	\$5
		Avenue 26		
DAY	DATES	TIME	AGE	FEE
Tuesday	August 3	4-10 p.m.	13-18	FREE
	San F	Pedro Fish Market		
DAY	DATES	TIME	AGE	FEE
Tuesday	August 10	1-7 p.m.	13-18	\$5

# - ADULT PROGRAMS -

### **Water Aerobics**

**Norwalk Aquatic Pavilion, 12301 Sproul St.** 

Get in shape with a water aerobics workout! This is a great opportunity for an invigorating, toning and cardio-conditioning exercise. Reservations must be made in advance to reserve a spot in each class as space is limited.

DAY	DATES	TIME	CLASS	FEE
Mon/Wed/Fri	July 7 - August 14	12-1 p.m.	Shallow & Deep	\$4/Class
Mon/Wed/Fri/Sat	July 7 - August 13	6-7 p.m.	Deep	\$4/Class
Mon/Wed/Fri/Sat	July 7 - August 13	7-8 p.m.	Shallow	\$4/Class

# Reservations Begin: Monday, June 28 at 9 a.m.

All reservations will be taken ONLINE ONLY.

Visit tinyurl.com/norwalkaquatics to secure a reservation time.

# Lap Swim

Norwalk Aquatic Pavilion, 12301 Sproul St.

Swimming is one of the most effective full-body exercises, so come and get a complete workout by swimming with us! Maximum two swimmers per lane as long as swimmers are members of the same household. Reservations must be made in advance to reserve a lane as space is limited.

DAY **DATES TIME** FEE

12-2 p.m. & 6-8 p.m. \$2/30 min reservation Mon/Wed/Fri July 7 - August 13

Reservations Begin: Monday, June 28 at 9 a.m.

All reservations will be taken ONLINE ONLY.

Visit tinyurl.com/norwalkaquatics to secure a reservation time.

### PROGRAMS FOR ALL AGES

# - ADAPTIVE RECREATION -

Gerdes Park 14700 Gridley Rd 868-5817

This program is designed for children, teens, and adults with developmental, physical, and/or learning disabilities. Participants are encouraged to maximize their abilities through recreation activities with a social emphasis. All participants must have a current medical/emergency form on file with the department in order to participate.

Please Note: Although group homes are encouraged to participate, an attendant or program aide must remain to assist as needed. Activities are held at Gerdes Park, 14700 Gridley Road, unless otherwise noted. To register for programs or to be added to the mailing list, please call 929-5922 or email us at AR@norwalkca.gov.

# "Funtastic" Summer Camp

Gerdes Park, 14700 Gridley Rd

Join us at Summer Day Camp to play games, create works of art, and make friends and lifelong memories. This structured environment will provide a safe, fun, and a productive time for participants. Please send a sack lunch, sun block and water. Closed toed shoes are required.

**AGE** DAY **DATES TIME** FEE 6-26 M-F Jul 26-30 12-5 p.m. \$100

**Registration is currently being accepted at:** 

https://www.norwalk.org/city-hall/departments/recreation-park-services

# HEART CLUB

**Recreation Adapted for Teens & Adults with Disabilities** 

# Thursday Night Fun

Make Thursdays the highlight of the week with planned activities, excursions, and dances. The best part will be having fun and making new friends!

**DAYS DATES** 13+ yrs Th July 8-August 26 See monthly calendar on city website for details.

### THANK GOODNESS ITS FRIDAY!

TGIF!!! Once a month we will visit a new location to help kick-start a weekend of fun! These Friday night activities are sure to keep you coming back for more! **AGE DAYS** 

F 13+ yrs See monthly calendar on city website for details.

# Awesome Saturdays

Make the most of your Saturdays with us! You will enjoy visiting far away and local attractions.

**AGE DAYS DATES** 

13+ yrs Sat See monthly calendar on city website for details.

Now taking online registration at: https://www.norwalk.org/city-hall/departments/recreation-park-services



Guitar

for Beginners

KTA Yoga SAT\*\*

Yoga for Life

Zumba Fitness

Ages 18+ Adult Dance Fit Bootcamp 5:30-6:15 p.m. Jul 13-Aug 3 Aug 10-31 \$45 10-10:45 a.m. Jul 15-Aug 5 Aug 12-Sep 2 \$45 Ages 5+ Aztec Dance 7-9 p.m. Aug 10-Sep 2 FREE Folklorico - Beginne Ages 5-10 Jul 15-Aug 5 6-7 p.m. Aug 12-Sep 2 \$40 Ages 11-15 Folklorico - Intermediate Jul 13-Aug 3 6-7 p.m. Aug 10-31 \$40 Ages 30+ Folklorico - Advanced Jul 15-Aug 5 7-8:30 p.m. Aug 12-Sep 2 \$40 KTA Beginning Ballet/Jazz Fusion Ages 5-12 10-10:45 a.m. Jul 14-Aug 4 \$45 Aug 11-Sep 1 SAT\*\* Jul 17-Aug 7 10-10:45 a.m. Aug 14-Sep 4 \$45 Ages 5-12 KTA Hip Hop Jul 14-Aug 4 11-11:45 a.m. Aug 11-Sep 1 \$45 Jul 17-Aug 7 11-11:45 a.m. SAT\* Aug 14-Sep 4 \$45 Ages 18+ Sassy Jazz/Funk Combo Jul 17-Aug 7

Aug 14-Sep 4

please call (562) 929-5566.

12-12:45 p.m.

MARTIAL ARTS

Jul 13-Aug 10

Jul 13-Aug 10

Jul 17-Aug 7

Aug 14-Sep 4

Jul 13-Aug 3

Jul 13-Aug 5

Aug 10-Sep 2

Aug 10-31

**HEALTH & FITNESS** 

Private Guitar, Bass, Piano, &

Songwriting Lessons

Tae Kwon Do Jul 12-Aug 6 Aug 9-Sep 3 6-7 p.m.

\$55

\$55

Ages 5+

Ages 18+

30 mins

4:25-5:20 p.m.

\$100/4 lessons

Ages 5-12

Ages 14+

6:15-7 p.m.

Ages 18+

6:15-7:15 p.m.

\$40

\$28

9:25-9:55 a.m

\*Please note: ONLINE classes are marked with an asterisk.

(Zoom information emailed after registration) Non-residents: Additional \$5 fee per class

Seniors (65+): \$5 discount per class