

# Norwalk<sup>e</sup>Now

norwalk.org The official community publication of Norwalk, California June 2019, Volume 40, #6



**Summer  
CONCERT  
Series**

**FREE!**

**7PM**

**Concerts on Civic Center Lawn  
Wednesdays • 12700 Norwalk Blvd**

Come enjoy Norwalk's free entertainment for the entire family! Bring your blankets, chairs, picnic baskets, and be serenaded under the stars. Arrive early to guarantee a great view. Refreshments will be available for purchase. For more information, please call the Recreation and Park Services Department at 562-929-5702.



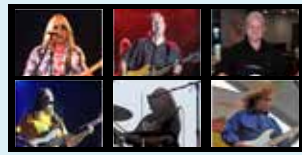
**June 12 - Tease Band**  
Old School/R&B



**June 19 - Pop Vinyl**  
Today's Hits



**June 26 - DSB**  
Journey Tribute Band



**July 10 - The Boys of Summer**  
Eagles Tribute Band



**July 17 - Blue Breeze Band**  
Motown



**July 24 - Latin Nation**  
Latin/Cumbias



**July 31 - Moody**  
Today's hits, 80's, 90's, Rock



**\*August 7 - Mariachi Divas**  
Mariachi/National Night Out

\*Concert sponsored by the Los Angeles County Arts Commission. \*Norwalk Chamber of Commerce Business Expo & Health Fair - featuring local businesses and their products as well as health and wellness services available to the community.

No se pierda nuestra serie de conciertos de verano gratis en el césped de la municipalidad todos los miércoles a las 7 p.m.!



**Panera  
Grand Opening!**

We are excited to announce that Norwalk and Panera Bread will be celebrating its grand opening on Monday, June 24th at 10 a.m. Join us for presentations by City officials, Panera Bread representatives, ribbon cutting, and of course delicious Panera pastries! The festivities will take place at 12531 Imperial Hwy.

Located in the Norwalk Fitness Village, Panera Bread can accommodate 80 patrons inside the café and 60 in the patio, and is part of the City's efforts to draw more nationally recognized businesses to Norwalk. Other recently completed projects in Fitness Village include LA Fitness and Chick-fil-A.

## Remembering Our Fallen Heroes

Hundreds of families and veterans gathered at the Freedom Memorial Art Installation at City Hall to pay respect to our fallen heroes during Norwalk's Memorial Day Tribute, Monday May 27.

The annual event, brought in collaboration with the American Legion Unit 359, featured a Presentation of Colors by a combined Color Guard, POW/MIA ceremony, wreath presentation and patriotic performances by the Norwalk All-City Youth Band.

Guest speaker and graduating Southeast Academy (SEA) High School senior, Eva Beteta captured the audience with her story of leadership and dedication to serve our country. Beteta serves as First Lieutenant and Platoon

Commander for SEA. After graduation, Beteta will be serving in the U.S. Marine Corps.

The event also featured keynote speaker Gerardo Castro Gonzalez, who served in the U.S. Navy for seven years. While on duty, Gonzalez suffered hip injuries, requiring numerous surgeries and speedy recoveries. While transitioning to civilian life, Gonzalez was diagnosed with stage 3 cancer. Today, Gonzalez celebrates four years of remission.

Reflecting on Memorial Day, Gonzalez asked the audience to pay respect to those who sacrificed their lives for our freedom. The City of Norwalk respects its fallen heroes, may we honor their lives today and everyday.



## Norwalk Hero Recognized by American Red Cross



On Thursday, May 9, Gabriel Castillo, one of our own, was recognized at the 15th Annual American Red Cross Hometown Heroes luncheon, honoring community members who have demonstrated heroism through extraordinary acts of courage or service. Castillo, a Lakeside Middle School student, was nominated by Norwalk City Council for coming to the aid of someone in distress, having performed the Heimlich maneuver on a choking classmate at lunchtime. He was previously recognized at a City Council meeting and rode in the 2018 Arturo Sanchez Sr. Halloween Parade.

### Norwalk City Hall Hours of Operation

Monday - Thursday 8 a.m. - 6 p.m.  
Alternating Fridays 8 a.m. - 5 p.m.  
Saturday & Sundays Closed

Phone 562-929-5700

### Norwalk City Council

Mayor Margarita L. Rios  
Vice Mayor Luigi Vernola  
Councilmember Tony Ayala  
Councilmember Jennifer Perez  
Councilmember Leonard Shryock

City of Norwalk  
12700 Norwalk Blvd.  
Norwalk, CA 90650

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Get Involved

# FREE Lunch & Snacks for Children this Summer!

Ages 1-18 • Monday-Friday • Lunch 12:30-1:30 p.m. • Snacks 3-4 p.m.  
 Gerdes Park, 14700 Gridley Rd, 562-868-5817  
 Hermosillo Park, 11959 162<sup>nd</sup> St, 562-929-5613  
 Norwalk Park, 13000 Clarkdale Ave, 562-929-5702



Join us for lunch in the park! The City of Norwalk Recreation and Park Services Department, in conjunction with the County of Los Angeles, will offer a nutritious meal, sponsored by the U.S. Department of Agriculture, for children 18 years and younger.

The goal of the program is to ensure that children receive at least one balanced meal per day when school is not in session. Adults will be allowed within the serving area only to supervise their children. For more information, please call 562-929-5763.

*El Departamento de Recreación ofrecerá un programa de almuerzo gratis este verano de lunes a viernes en los parques Gerdes, Hermosillo y Norwalk para niños de 18 años y menor.*



## Independence Day Pageant

Wednesday, July 3 • 6 – 9 p.m.  
 Civic Center Lawn,  
 12700 Norwalk Blvd

Celebrate the 4th of July a day early in Norwalk! Show off your patriotism and don't miss the pageantry and entertainment that leads up to our spectacular fireworks display. Music, games and food booths open at 6 p.m., followed by our spectacular fireworks display at 9 p.m.



## Locks of Love Hair Drive

Wednesday, July 3 • 1 – 7 p.m.

Making a difference in the life of another person can be as simple as getting a haircut. Come out to the Locks of Love Hair Drive taking place at the Independence Day Pageant on Wednesday, July 3 and donate your hair to a great cause! All hair donated will be used to make hairpieces for individuals suffering from hair loss due to a medical diagnosis. Hair stylists will be on site that day to cut and style your hair. Hair should be clean and dry.

For more information, please call Recreation at 562-929-5702.

## Arbor Day



The City's sixth annual Arbor Day event was held on Saturday, April 27 at Holifield Park. Approximately 40 volunteers, including members of the League of United Latin American Citizens (L.U.L.A.C.), parishioners from The Walk Church, TAP participants, Public Safety Cadets, and residents helped Public Services staff plant a mix of 40 magnolia and pine trees in the park. Athens Services and West Coast Arborists (WCA) participated during the event by providing valuable information to attendees, and Parks & Recreation staff helped with crafts for children. While onsite, WCA distributed flags to homeowners who pre-registered online as part of the C.I.R.C.L.E. 3.0 grant to receive free trees. Lastly, as part of the City's Arbor Day celebration, students from Dolland Elementary participated in an "I Love Trees Because..." poster contest depicting the benefits of trees, with attendees at the event voting for the top four entries. The winners will be recognized at the June 4th City Council Meeting.

## FREE Friday Family Movie Nights

Norwalk Park, 13000 Clarkdale Ave

Join us at Norwalk Park and enjoy the summer breeze and a "drive-in" movie atmosphere. Connect with friends and family as you enjoy a movie projected on a 400 square foot screen! Don't forget to bring a blanket or lawn chair! Refreshments will be available for purchase. Movies begin at dusk. For more information, please call Recreation at 562-929-5763. Remember to tag us at #NorwalkFamilyFlicks.

MOVIE	DAY	DATE
Ralph Breaks the Internet (PG)	F	Jul 12
Incredibles 2 (PG)	F	Jul 19
A Dog's Way Home (PG)	F	Jul 26
Bumblebee (PG-13)	F	Aug 2

## Family Friday Fun Nights!

Aquatic Pavilion • 12301 Sproul Street

Bring the entire family to enjoy fun recreational swimming with a themed night! Families that come dressed in theme will get a surprise treat.

DAY	TIME	DATE	THEME
F	7:45-9:15 p.m.	June 28	Red, White, & Blue

**Fee:**  
 Adults (Ages 18-54): \$4  
 Children (Ages 6 mo-17) \$3  
 Seniors (Ages 55+) \$3

**All Recreational Swim Attire Rules and Regulations will apply to enter the water.**

For more information, please call the Aquatic Pavilion at 562-929-5622.



## Beach Bus Trip Seaside Lagoon, Redondo Beach

Looking forward to going to the beach this summer? Join our Recreation staff and other Norwalk youth for a fun day at Seaside Lagoon and play football, build sand castles, and soak in the sun. Participants will be required to bring towels, lunch, and sunblock. Pre-registration is required. Transportation and supervision will be provided.

**Bus will depart from and return to:**  
 Norwalk Arts & Sports Complex (NASC), 13000 Clarkdale Ave  
 Social Services Center, 11929 Alondra Blvd.

Registration is open at all local parks and the NASC.

AGE	DAY	DATES	TIME	FEE
8-17	Th	Jul 11	9 a.m.-4 p.m.	\$5 (w/transportation)
8-17	Th	Aug 1	9 a.m.-4 p.m.	\$5 (w/transportation)

*El Departamento de Recreación invita a los jóvenes a pasarse una tarde divertida en la playa. \$5 incluye transporte y supervisión en Seaside Lagoon en la ciudad de Redondo Beach.*

For more information, please call 562-929-5518.



Public Safety's first 2019 block party barbecue will be held on Saturday, July 13 from 12 to 2 p.m. at Sara Mendez Park, 11660 Dune Street. Meet and connect with your neighbors, elected officials, and your Public Safety/Sheriff teams. Stay tuned for more information and other dates planned in July through September.



## RING Home Security

Join us on Thursday, June 27 as we partner with Ring to bring Norwalk residents a \$100 rebate off eligible Ring camera products. The event takes place from 6 to 8 p.m. in the Sproul Room at the Norwalk Arts & Sports Complex, located at 13000 Clarkdale Avenue. The rebates are available to the first 200 residents only, first come, first served. Proof of residency (ID/License and utility bill) is required. For those who are after the first 200 residents in line, Ring is still offering \$30 off additional security devices with a maximum of two (2) per household, while supplies last. If you have any questions, please contact Public Safety at 562-929-5732.



## Holiday Trash & Street Sweeping Schedule

In observance of Independence Day, street sweeping and trash collection will not take place on Thursday, July 4. When street sweeping does not take place, it will not be made up. Streets can only be swept on the posted day. However, trash WILL be collected the day after the normal collection day for the remainder of the week. For example, Thursday's trash will be collected on Friday.

For questions about trash collection, contact Athens Services at 888-336-6100. For street sweeping questions, call Public Services at 562-929-5511, with parking enforcement inquiries for Public Safety at 562-929-5732.

### Important:

The altered schedule may cause trash collection to be on the same day as street sweeping in some areas. During these times, please place trash barrels up on the parkway (grass between sidewalk and street) to allow the sweeper to properly clean the street. We appreciate your efforts in keeping the streets safe and clean by ensuring trash cans do not interfere with sweeping.

*En observancia del Día de la Independencia, no habrá barrido de calles o colección de basura el jueves, 4 de julio. La colección de basura se llevará a cabo el día después de la normal recolección.*

The Norwalk Woman's Club presents

## Quartermania

Sunday, June 23 • 11 a.m. to 2:30 p.m.  
Norwalk Arts & Sport Complex  
13000 Clarkdale Avenue

Join one of our local social service organizations for an afternoon of fun, laughter and shopping, all for a great cause. A \$20 donation includes lunch and access to vendor displays, including jewelry, sweets and more. Bring a roll of quarters for even more opportunities at great items!

Monies raised will help fund scholarships for local students and a veteran project.

For tickets and additional info, please contact Eloisa at 714-994-1847 or velasquez.eloisa@gmail.com



## Rabies Clinics

Thursday, June 13 and July 11  
4 - 7 p.m.  
Norwalk City Hall Lawn  
12700 Norwalk Blvd

On Thursday, June 13 and July 11, City Hall is going to get swamped with four legged visitors! Our annual Rabies Clinics provides pet owners an opportunity to renew dog licenses and take steps to keep their pets healthy and safe. Individual vaccines, microchipping and flea control products will be available. Rabies vaccinations will be \$8. Dogs must be on leashes and cats in carriers.

For additional information, please contact Animal Licensing at 562-929-5711.

## FIREWORKS REGULATIONS



The City of Norwalk wants everyone to enjoy a festive Fourth of July holiday. In order to ensure the safety of all residents and visitors during Independence Day celebrations, we are reminding the community that only safe and sane fireworks are permitted in Norwalk. **We have a zero tolerance policy for illegal fireworks and will seek maximum penalties for any and all violations.**

### Additionally:

- No one shall possess fireworks at any time other than the hours of 10 a.m. July 1st through 10 p.m. July 4th
- Fireworks are prohibited from being discharged on any days other than July 1st, 2nd, 3rd, and 4th between the hours of 10 a.m. and 10 p.m.
- You must be 18 years of age or older to purchase fireworks. Those under the age of 18 must be accompanied by a responsible person 21 years of age or older.
- No minor under the age of 18 shall possess, fire, set off, discharge, or use any fireworks unless they are physically supervised by a person over the age of 21.

Individuals will be held accountable for the discharge, possession, storage, and sales of dangerous (illegal) fireworks on property they own, rent, lease, or are in immediate control of and subject to fines of up to \$1,500 for the first violation.

**Community members may report illegal fireworks activity anonymously at 562-929-5333.**

## ENERGY corner

## Cool off your Energy Use this Summer

Summer is just around the corner and with the heat comes high energy use. Southern California Edison offers these tips to help you save.

- **Close blinds/curtains to keep out afternoon heat.**
- **Cool your home with open windows and fans to give your air conditioner a rest.**
- **Cook with a grill or use a microwave to keep your home cool.**
- **Set your thermostat to 78° when you are home. Set it to 85° when you're away.**

For these and other cooling tips visit [www.sce.com/residential/rebates-savings/energy-savings-tips](http://www.sce.com/residential/rebates-savings/energy-savings-tips)

## Career and Technical Training Scholarships

The City of Norwalk has scholarships available to assist low income residents with the cost of technical training in health sciences, medical technology and welding/metal fabrication. The training is offered through the Norwalk-La Mirada Adult School (NLMAS) with funding provided by the Community Development Block Grant program. Applications will be available starting June 3 at City Hall, Room 12.

The City will pay for the cost of tuition (class fees). Depending upon the program, the amount of assistance ranges from \$1,050 to \$2,600. The student is responsible for the cost of books, uniforms, background checks, and/or exams. Funding for the program is limited. The deadline to submit a completed application is 6 p.m. on Tuesday, June 25.

For more information, contact the Housing & Neighborhood Development Division at 562-929-5951.

### To qualify:

1. You must be a Norwalk resident. Proof of residency is required.
2. You must be 18 years of age or older.
3. You must submit a completed application and essay during the application period.
4. Your total combined household income cannot exceed the following income limits:

Number in Household	Income Limit
1	\$54,250
2	\$62,000
3	\$69,750
4	\$77,500
5	\$83,700
6	\$89,900
7	\$96,100
8	\$102,300

*La ciudad de Norwalk ofrecerá becas para ayudar a los residentes de bajos recursos con el costo de la capacitación técnica en ciencias de la salud, tecnología médica o fabricación de metales. Someta su aplicación antes del 25 de junio. Para más información, llame al 562-929-5951.*

## Senior Center

14040 San Antonio Drive  
562-929-5580

**“Dance & Learn” Seminar**  
Wednesday, June 5 • 1 – 3 p.m.

Remita Health will educate seniors on the importance of advanced care planning and the options available to them. The second part of this creative seminar/demonstration is dancing and fellowship with some light snacks to lighten the mood.

**Sponsored by: Remita Health**

### Paint Palate

Wednesday, June 5 • 6 – 8 p.m.  
Cost: \$15.00

Take a break away from your typical night and release your stress with the stroke of your brush. Come alone, bring a family member or a friend and reconnect face to face, as you enjoy an evening of painting. Our instructor will have a predetermined painting that all levels of painters can follow. Light refreshments and snacks will be served. Prior Registration Required.

### Cooking with Chef Pablo Cooking Demonstration

Thursday, June 6 • 10 – 11 a.m.

Come and learn how to prepare a nutritious and tasty dish from Chef Pablo. He will demonstrate how easy it is to prepare a healthy and nutritious meal, without sacrificing taste.

**Sponsored by: Regal Medical Group**

### “Health, Wellness, Wholeness” Seminar

Friday, June 7 • 10 – 11 a.m.

Mental well-being is a key part of overall health. Staff from the L.A. County Department of Mental Health will teach seniors simple techniques they can use to better their health, and help them achieve both wellness and wholeness.

**Sponsored by: L.A. County Department of Mental Health**



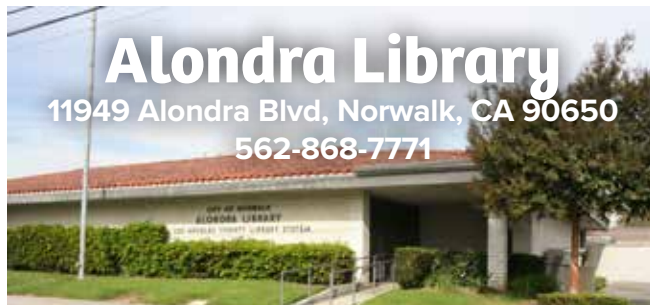
## Norwalk Library

12350 Imperial Hwy. Norwalk, CA 90650  
562-868-0775

Take part in your local library’s Summer Discovery Program! Sign-ups begin June 1 at Norwalk Library and June 11 at Alondra Library. Children, teens and adults will be able to read and win prizes! Make sure to check out our other programs and performance events!

**SDP Kickoff: David Cousin Juggler**  
Wednesday, June 5 • 2-3 p.m.

Witness jaw-dropping juggling acts and comedy with world-record holder David Cousin!



## Alondra Library

11949 Alondra Blvd, Norwalk, CA 90650  
562-868-7771

**SDP Kickoff : Christopher Yates, The Greatest Showman**  
Tuesday, June 11 • 4-5 p.m.

Learn about the fundamentals of music and what it’s like to be a real circus performer!

## Social Services Center

11929 Alondra Blvd  
562-929-5544

## CalFresh Outreach Assistance

Wednesday, June 5 & June 19  
9 a.m. to 12 p.m.

CalFresh is the new name for Food Stamps. Under new eligibility criteria, those who are age 65 and older may now qualify to receive CalFresh services.

**Sponsored by: Los Angeles Regional Food Bank**



## “10 Warning Signs of Alzheimer’s” Presentation

Monday, June 17 • 10 – 11 a.m.

Come and join us for an informative presentation on 10 common warning signs of Alzheimer’s and what to watch for in yourself and others.

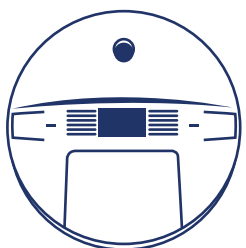
## Responses to Loud Parties/Gatherings

Be courteous of your neighbors!! Loud disruptive music/noise associated with a gathering/party negatively impacts the quality of life for our residents. When any loud or unruly gathering/party occurs, the person in charge of the premises and/or the event is held liable for the cost of providing Sheriff personnel during a second response to that location. This can ultimately result in a bill of

thousands of dollars depending on number of personnel and resources responding. On the first response to said location, Deputies will issue a warning to the responsible party to control the disturbance and help him/her avoid the bill for subsequent Sheriff responses.

If you have questions, please contact Public Safety at 562-929-5732.

## Carbon Monoxide Poisoning



Carbon monoxide is a colorless, odorless, tasteless gas produced by burning gasoline, wood, propane, charcoal or other fuel. Improperly ventilated appliances and engines, particularly in a tightly sealed or enclosed space, may allow carbon monoxide to accumulate to dangerous levels.

Carbon monoxide poisoning is caused by inhaling combustion fumes and occurs when carbon monoxide builds up in your bloodstream. When too much carbon monoxide is in the air, your body replaces the oxygen in your red blood cells with carbon monoxide.

This can lead to serious tissue damage, or even death.

### Signs and symptoms of carbon monoxide poisoning may include:

- Dull headache
- Shortness of breath
- Weakness
- Confusion
- Dizziness
- Blurred vision
- Nausea or vomiting
- Loss of consciousness

Carbon monoxide poisoning can be particularly dangerous for people who are sleeping. People may have irreversible brain damage or even die before anyone realizes there's a problem.

Various fuel-burning appliances and engines produce carbon monoxide. The amount of carbon monoxide produced by these sources usually isn't cause for concern. But if they're used in a closed or partially closed

### Simple precautions can help prevent carbon monoxide poisoning:

- Install carbon monoxide detectors. Put one in the hallway near each sleeping area in your house. Check the batteries at least twice a year. Newer models may include both smoke and carbon monoxide detector. These devices are life-saving tools.
- Open the garage door before starting your car. Never leave your car running in your garage. Be particularly cautious if you have an attached garage.
- Use gas appliances as recommended. Never use a gas stove or oven to heat your home. Use portable gas camp stoves outdoors only. Use fuel-burning space heaters only when someone is awake to monitor them and doors or windows are open to provide fresh air.
- Keep vents and chimneys unblocked during remodeling. Check that they aren't covered by tarps or debris.
- Keep your fuel-burning appliances and engines properly vented.

space — cooking with a charcoal grill indoors, for example — the carbon monoxide can build to dangerous levels. Smoke inhalation during a fire also can cause carbon monoxide poisoning.

### These include:

- Space heaters
- Fireplaces
- Furnaces
- Portable generators
- Charcoal grills
- Wood-burning stoves
- Cooking ranges
- Car and truck engines
- Water heaters

Ask your utility company about yearly checkups for all gas appliances, including your furnace.

- If you have a fireplace, keep it in good repair. Clean your fireplace chimney and flue every year.
- Use caution when working with solvents in a closed area. Methylene chloride, a solvent commonly found in paint and varnish removers, can break down (metabolize) into carbon monoxide when inhaled. Exposure to methylene chloride can cause carbon monoxide poisoning.

Source: The Mayo Clinic

# Photo Highlights: May 2019 City Council Meeting

