

# Norwalk<sup>e</sup>Now

norwalk.org The official community publication of Norwalk, California March 2019, Volume 40, #3



## Welcome Sheriff Reception



On Friday, February 15, 2019, the Norwalk City Council welcomed L.A. County Sheriff Alex Villanueva at a private reception here in Norwalk. The City Council and staff attentively listened to the Sheriff's vision of community policing and his plans to implement those policing efforts in Norwalk and the other L.A. County cities. The City Council is looking forward to collaborating with Sheriff Villanueva and continuing to provide the best service to Norwalk residents. The Sheriff's vision aligns with Norwalk's own community policing model, which was the foundation of the Public Safety Department created over 30 years ago, focused on building trust, confidence, support and encouraging the community to be part of the problem solving process. Norwalk's policing model is in process of being updated, and implemented under the direction of the Public Safety Department.



## Join us at "ARTASTIC" Cultural Arts Center Special Event

Friday, March 15 • 6 - 9 p.m. • Cost: Free

The Annual Artastic event highlights the Cultural Arts Center and the programs available to the community. The free family event features art activities and projects for youth, multiple exhibits, live entertainment, food trucks, a Scholastic book fair, painting demonstrations and much more.

As part of Artastic, the City is hosting the 10th annual Community Art Competition and Scholarship Program. The competition is open to middle and high school students who currently attend a school in the city; or students who reside in the City of Norwalk. Submitted artwork will be on display at the Mary Paxon Gallery from Tuesday March 12 to Friday March 15, with the awards reception taking place at Artastic. The top artists will be awarded a total of \$500 in scholarships.

For more information, please call the Cultural Arts Center at 562-929-5521.



## Mayor's Prayer Breakfast

Community leaders gathered early on Wednesday, February 13 to listen to an inspiring message during the 49th Annual Mayor's Prayer Breakfast, held at the DoubleTree by Hilton Hotel.

The event's keynote speaker, Jason Barquero, Executive Director of Career Services at the Otis College of Art and Design, delivered a motivating presentation, targeted towards the 175 students in attendance. A proud Cerritos College alumni, Jason has 14 years of experience as a college career counselor, in addition to a career in radio and public broadcasting. Jason serves as the public address announcer for the Lakers G-League team, and was the former voice of the Los Angeles Football Club.



Jason advised students to take advantage of opportunities presented to them, including seeking mentorships or internships that can serve as learning experiences. More importantly, he stressed that determination and effort is key to achieving a life objective.



The event, organized by the Door of Hope Youth and Family Resource Center, also included musical performances and a testimonial message from Joe Kaprielian, a Stanford University student and actor. Joe combined his passion for the creative arts and community service to develop Joe's Organization for Youth (JOY), dedicated to mentoring youth. JOY connects young people to professional opportunities to allow them to learn about different career pathways. As an actor and first generation

college student, Joe explained he has seen first-hand the value of having supportive individuals in one's life. He also highlighted the importance of perseverance, belief in oneself and strong work ethic in the pursuit of one's aspirations.

Door of Hope Youth and Family Resource Center would like to thank the following: Gold Level Sponsors: Athens Services, Norwalk Sheriff Station, Nationwide Environmental Services and Global Pacific Investment Co, Silver Sponsor: Chick-fil-A and Bronze Sponsors: So Cal Pizza, Pro-Tek Pave Inc., Norwalk/La Mirada Heating and Plumbing, and Norwalk Community Coordinating Council, and the Norwalk City Council.



### Norwalk City Hall Hours of Operation

Monday - Thursday 8 a.m. - 6 p.m.  
Alternating Fridays 8 a.m. - 5 p.m.  
Saturday & Sundays Closed

Phone 562-929-5700

### Norwalk City Council

Mayor Jennifer Perez  
Vice Mayor Margarita L. Rios  
Councilmember Tony Ayala  
Councilmember Leonard Shryock  
Councilmember Luigi Vernola

City of Norwalk  
12700 Norwalk Blvd.  
Norwalk, CA 90650

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Get Involved

## Bulky Item

Whether you are moving out of a house or an apartment, leaving those unwanted items on the curb is illegal. Athens Services, the City's trash hauler, has a few ways community members can dispose of items as opposed to simply leaving them on the curb. Residents who live in a single family home are able to schedule free weekly bulky item pickups and residents in apartment buildings are able to schedule 12 pickups a year. Another option is to rent a larger, temporary bin to properly dispose of excess trash.

*El vertido de artículos en el derecho de paso público es ilegal. Ayúdenos a mantener nuestras calles limpias solicitando una recolección de artículos voluminosos. Los residentes que viven en casas unifamiliares pueden programar recolecciones gratuitas semanales, y los residentes en edificios de apartamentos pueden programar 12 recolecciones por año. Póngase en contacto con Athens al 888-336-6100.*



## Norwalk Recycles!

Recycling used motor oil and filters is free, easy and good for our environment! Proper disposal of these items helps prevent contamination in our rivers, lakes, and streams, protects public and marine health, and conserves natural resources.

Bring in a used oil filter and receive a new replacement oil filter for free! Residents may also bring in used motor oil in a clean, uncontaminated container for recycling. Participating residents may be eligible to receive a complimentary motor oil change kit while supplies last.

*\*Event is brought to you by a CalRecycle grant.*

**Saturday, March 16 • 9a.m. - 1p.m.**  
**O'Reilly Auto Parts**  
**11559 Rosecrans Avenue**  
**For more info: 562-944-4766**



*Lleve un filtro de aceite de motor usado a O'Reilly, ubicado en 11559 Rosecrans Avenue, el sábado 16 de marzo de 9 a.m. a 1 p.m. y reciba un nuevo filtro de aceite gratis.*

## FREE Legal Services

Norwalk residents have access to attorney representation for eviction defense and court proceedings through a new partnership with Community Legal Services. Whether you've received a three day notice to pay rent or quit, notice to vacate or summons, visit Community Legal Services for a consultation immediately upon receiving notification. The summons requires a response within five (5) days of receipt, so any delay may jeopardize your case. Community Legal Services will work to negotiate a settlement or challenge the eviction action. There is no income qualification requirement for this program and services are available to Spanish speaking residents.

Community Legal Services is located at 11834 E. Firestone Boulevard. Hours of operation are 9 a.m. to 12 p.m. and 1 p.m. to 5 p.m., Monday through Friday, or call 800-834-5001. For more information, you may call Community Legal Services at 562-864-9935. For other legal matters, Community Legal Services provides services to low-income residents at the Social Services Center located at 11929 Alondra Boulevard. Contact the Social Services Center at 562-929-5544 for an appointment.

*Los residentes de Norwalk tienen acceso a la representación de abogados gratis para la defensa de desalojo y los procedimientos legales a través de una nueva asociación con los Servicios Legales Comunitarios. Si ha recibido un aviso de 3 días para pagar el alquiler o un aviso de desalojo, comuníquese con ellos de inmediato al 800-834-5001.*

## Father & Daughter Candyland Dance

**Saturday, April 13 • 5:30 - 8:30p.m.**  
**Norwalk Arts & Sports Complex**  
**13000 Clarkdale Avenue**  
**\$15 per couple, \$7 each additional child**

Fathers are invited to wear their finest suit and share a memorable evening with the special girls in their lives. The evening will consist of a light dinner, dancing, games and crafts. The event is open to girls ages 3 to 12 and a male guardian, such as uncles and grandfathers. Register at the Norwalk Arts and Sports Complex. Tickets will be sold until Saturday, April 6 or while supplies last. For more information, please call Juanita Porras at 562-929-5516.



## NEW Vote Centers

In 2020, Los Angeles County will transition from polling places to Vote Centers. Voters will be able to visit any Vote Center in the County to vote in person. Vote Centers will be open for up to 10 days before Election Day for a minimum of 8 hours/day, and on Election Day from 7 a.m. to 8 p.m.

**At every Vote Center you will be able to:**

- Vote in person
- Vote with an accessible voting machine
- Register and vote on the same day
- Drop off your vote by mail ballot
- Get help and voting materials in multiple languages

For more information, please visit <http://www.placeworkscivic.com/project/lacovcpp>.

## REMINDER Please Bring in Your Trash Cans

One of the most frequently observed conditions on residential properties is trash cans in the front yard or on the curb.

Trash containers should not be placed on the curb earlier than 24 hours before your scheduled trash collection day, and must be removed from the curb by 6 a.m. the morning after trash day. Containers should also be stored in a place away from public view. Storing trash cans after collection day helps maintain the aesthetics of our neighborhood and makes it safer for pedestrians, cyclists, and drivers overall. On behalf of the Norwalk community, we thank you for taking proactive steps to address these concerns. Your simple actions will continue making our Norwalk community a better place!

Questions? Please call Code Compliance at 562-929-5730.

*Los contenedores de basura dejados en la calle dan una mal apariencia y pueden ser un peligro para peatones o vehículos. Como recordatorio, los contenedores de basura no deben colocarse en la acera antes de las 24 horas a su día programado para la colección de basura, y deben retirarse antes de las 6 a.m. de la mañana del día despues de la colección de basura.*

## ENERGY corner

### Monitor Your Energy Use and Control your Costs

Prevent high electrical bill surprises with the help of Southern California Edison. Budget Assistance is a free and easy to use tool that can track your energy use and help control energy costs. This tool allows you to set an energy spending goal and receive alerts when you are close to that goal. Budget Assistant can give you an "early warning" when your energy use is higher than normal or give you updates on your current spending status. You decide what alerts you receive and how often you receive them. To learn more about budget assistant and what it can do for you, go to [sce.com/residential/rebates-savings/budget-assistant-and-you](http://sce.com/residential/rebates-savings/budget-assistant-and-you).

## COFFEE WITH A COP



*Join law enforcement officers for a cup of coffee. Converse over community topics and concerns.*

**Thursday, March 21**  
**6-8 p.m.**  
**Edmondson**

**Elementary School**  
**15121 Grayland Avenue**

**Tuesday, April 9**  
**5:30-7:30 p.m.**  
**Chick-fil-A**

**Norwalk Fitness Village**  
**12555 Imperial Highway**

*Comparta una taza de café con nuestra policía local y proporcione comentarios sobre las formas en que podemos trabajar juntos para mejorar la calidad de vida para usted y su familia.*

**For additional information, please call 562-929-5732.**

## Save The Date: Egg-Stravagant

# Egg Hunt

**Saturday, April 20 • 12:30 – 3:30p.m.**  
**Norwalk City Hall Lawn • 12700 Norwalk Boulevard**

Bring the entire family and enjoy an afternoon of fun, egg hunts, games, crafts and entertainment. Don't forget to take a memorable photo with the Easter Bunny for only \$3. Arrive early so your child does not miss their designated egg hunt time. For more information, please call 562-929-5702.



## VAPING AWARENESS

The use of electronic vaporizers, or “vaping,” is becoming a popular trend among teens and a growing concern in our schools. Vaping is the latest method to deliver nicotine along with other mixtures of chemicals by inhaling vapor through an electronic cigarette (also known as a vape). According to the FDA, vapes are the most commonly used tobacco product among both middle and high school students.



Certain vape devices are not always easy to identify because they can appear as other items, from pens to a USB drive. This allows teens to easily conceal the vape and use it undetected.

Norwalk Sheriff's school resource deputies report the vast majority of vape pens confiscated from students contain THC rather than nicotine.

Don't assume that your teen isn't vaping. Recognizing vape containing THC or nicotine is almost untraceable.

### Below are potential health hazards that exist for nicotine, THC and flavorings.

**Nicotine:** Even when smoked in a vape, nicotine can be addictive, toxic to developing fetuses, and can harm brain development in children and young adults up to the age of 20. Some e-cigarettes may contain as much nicotine as a pack of 20 regular cigarettes. Vaping delivers nicotine to the brain in as little as 10 seconds. A teen's brain is still developing, making it more vulnerable to nicotine addiction

**THC:** Tetrahydrocannabinol is the mind-altering chemical found in marijuana. The THC sold for vape pens is concentrated and more potent than regular THC. THC use has been linked to poor coordination, memory problems, increased heart rate, learning and attention issues, anxiety, and paranoia.

**Flavorings:** Vape flavorings have the potential to be harmful to the lungs when inhaled. There is currently little regulation surrounding these flavors and what chemicals are used to make them.



Source: US Surgeon General Report 2016-17; CDC's Office on Smoking and Health; Food and Drug Administration; LA County Sheriff's Department – Norwalk Station “Vape and your Teen”.

### The following are signs that may indicate your teen is vaping:

- **Sweet scents:** The scent of bubble gum or other fruity/candy flavor wafts through the room, and your teen has nothing in his/her mouth. This aroma may be the scent of cloud vapor.
- **Skin:** Increases in acne or red spots that last longer than usual or have difficulty healing (nicotine ages the skin and slows healing).
- **Nosebleeds:** Nasal passages dry out with the use of vapes and can crack and bleed.
- **Thirst:** Vaping dries out the mouth and throat. Your teen may be drinking an unusual amount of liquids and urinating more frequently.
- **Caffeine:** The use of caffeine and nicotine together increases anxiety and mood swings.
- **Pneumonia:** The vapor causes inflammation in the lungs. When lungs are inflamed, it can lead to pneumonia due to pockets of bacteria that lead to infection.

*El uso de vaporizadores electrónicos es una tendencia popular entre los adolescentes y se está convirtiendo en una preocupación creciente en nuestras escuelas. Es el método más reciente para administrar nicotina junto con otras mezclas de productos químicos a través de un cigarrillo electrónico. El uso tiene consecuencias legales, y ante el padre o tutor legal como el adolescente pueden ser citados. Si no se lleva al menor a la corte, los padres pueden ser acusados de desacato al tribunal. Si se encuentra culpable, el estudiante será puesto en libertad condicional y será asignado a un oficial de libertad condicional y pueden recibir asesoramiento obligatorio sobre drogas y / o servicios comunitarios. El Departamento de Seguridad Pública y la Estación del Sheriff de Norwalk brindaran una campaña educativa dirigida a nuestros jóvenes en las escuelas. Póngase en contacto con el Departamento de Seguridad Pública al 562-929-5732 si requiere más información.*

### Legal Consequences of Vaping for Underage Minors:

Both the parent/legal guardian AND teenager will be cited. Teenager will be charged for being in possession of tobacco, THC, or vaping paraphernalia. Parent/legal guardian will also be cited for 660.5(e) WIC, requiring him/her to ensure he/she appears in court on the assigned date and time. Failure to bring the juvenile to court could result in parent being charged with contempt of court.

If found guilty, the student will be placed on probation and be assigned to a probation officer. He or she may also be given mandated drug counseling and/or community service. The student will be subject to searches at any time by law enforcement officers to ensure the terms of the juvenile's probation are being met.

It is important for parents to monitor their teen's spending activity, both online and offline. Arrange safeguards against website purchases. Teens are easily accessing vape products through online vape stores, websites like OfferUp, as well as through friends, siblings, and strangers outside vape stores.

Please contact the Department of Public Safety at 562-929-5732 if you have any questions. Public Safety is working closely with our schools and Norwalk Sheriff's Station to plan and provide an education awareness campaign that will target our Norwalk youth and their parents.

## Holiday Home Décor Contest Winners Selected

Norwalk residents shared their holiday spirit with their neighbors and community, decorating their homes and yards with festive lights, moving sculptures, snow and other imaginative elements. A record 27 properties were nominated in the 2018 Holiday Home Décor Contest, hosted by the City of Norwalk's Community Promotion Commission, making the selection process extremely difficult this year.

### The winners are:

**1st Place:** William Stapley

**2nd Place (tie):** Marko Bojorquez and Rene Mora

**3rd Place:** Laura Zuniga

**1st Place Group Display:** Candy Tanielian, Francisco Valenzuela and Ray Robles

**Honorable Mentions:** Rudy Garcia, the Gomez Family and Cliff Westerlin

Congratulations to our winners and thank you to all who helped spread holiday cheer in our City.



## JGHS Production

John Glenn High School

13520 Shoemaker Avenue • 562-210-3000

Thursday, April 11 - Saturday, April 13

Wednesday, April 17 - Friday, April 19

Theatre fans, join the John Glenn High School Drama Department for its newest, musical production, You're a Good Man, Charlie Brown. The performance will feature a unique, in-the-round staging where the audience will be on all sides of the action.

Performances begin at 7p.m., except on Saturday, April 13 when it will start at 2p.m. Tickets are \$8 per person. Email [JohnGlennHSDrama@gmail.com](mailto:JohnGlennHSDrama@gmail.com) to reserve yours.

## Summer Youth Leadership Program

**Attention Norwalk teenagers:** The 2019 Summer Youth Leadership Program is a seasonal employment opportunity for Norwalk residents. Applications will be available online Friday, March 15 - Friday, March 29.

Applicants must be at least 15 years of age as of June 3, 2019 and may not turn 19 years of age prior to August 10, 2019. Applicants will be required to obtain a work permit from their respective high school. This program also includes exciting activities and career development opportunities geared toward teens.

## Social Services Events

11929 Alondra Boulevard  
562-929-5544

**FREE! The Children's Clinic**  
Tuesday, March 19 • 10 a.m.

The Children's Clinic in collaboration with Norwalk Social Services Center will be providing information on comprehensive health and supportive services to Norwalk residents and the surrounding communities. Staff from the Children's Clinic, located in Long Beach, will share valuable information regarding healthcare services including behavioral health, medicine dispensary, enrollment in Health coverage and CalFresh, health education classes and much more. For more information please call 562-264-3115.

### CalFresh Outreach Assistance

**Wednesday, March 13 • 9 a.m. – 12 p.m.**

CalFresh is the new name for Food Stamps. Under new eligibility criteria, those who are age 65 and older may now qualify to receive CalFresh services.

Sponsored by: Los Angeles Regional Food Bank

## Alondra Library

11949 Alondra Boulevard  
562-868-7771



### Teens

#### Learn to Face Paint for Teens

**Wednesday, March 27 • 4 - 5 p.m.**

Teens are invited to learn the art of face painting! Class is limited to 15 participants, first come first serve. For ages 12-18.



### Adults

#### Silhouette Art Activity

**Thursday, March 21 • 2 – 3:30 p.m.**

Join us to create your own silhouette art. Participants will create a dark image, attach it to a light background, and display it in a frame. All materials will be provided.

Residents of Norwalk

# FREE COMPOST

**Saturday, March 23**  
8:00 a.m. to 12:00 p.m.

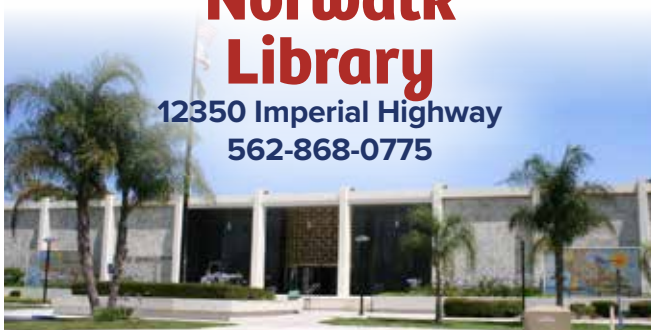
Norwalk City Hall Parking Lot  
12700 Norwalk Blvd., Norwalk, Ca 90650

*Athens' compost is a blend of organics material including a mix of green waste, wood waste, and food scraps.\* Our compost is OMRI Listed® and licensed by the California Department of Food Agriculture. (\*May contain small particles of glass.)*

*Dele a su jardín un abono rico en nutrientes y vea la diferencia que estos elementos reciclados pueden hacer. Estaremos organizando un sorteo de abono el sábado 23 de marzo de 8 a.m. a 12 p.m. en el estacionamiento del oficina municipal. Traiga su propia pala y un recipiente resistente.*

## Norwalk Library

12350 Imperial Highway  
562-868-0775



### CHILDREN'S

#### Mākmō: Dinosaur Bone Puzzles

**Thursday, March 21 • 4 - 5 p.m.**

Dinosaurs roamed the planet for millions of years but almost everything we know about them comes from studying their fossilized bones. Try doing what paleontologists do: study simulated dinosaur bones, try to figure out how they fit together, and take home your own reconstructed dinosaur.

#### Cesar Chavez Day Ocean Challenge

**Wednesday, March 27 • 4 - 5 p.m.**

Celebrate Cesar Chavez Day at Norwalk Library for an afternoon of creative eco-friendly art project as part of Ocean Challenge aimed at raising awareness of ocean conservation. Create sea creatures and seascapes using upcycled and recycled paper provided by the library. For families with children of all ages.

### TEENS

#### Coding with Minecraft

**Tuesdays, March 5 - 26 • 4 - 6 p.m.**

Join us for a four series coding program hosted by LA Makerspace! Tweens and Teens will learn to code using the popular game Minecraft. Space is limited, please call to sign up. For 6th-10th grade.

#### Magic is Everywhere for Teens

**Wednesday, March 13 • 4 - 5 p.m.**

Join MagicWayne for an entertaining adventure. He's a full time, professional magician who's performed for the Dodgers and Lakers and appeared at Hollywood's Magic Castle. You'll learn a trick that you can perform for your family and friends. Recommended for grades 6th-12th.

### ADULTS

#### Veterans Resource Center

**Every Friday from 3 – 5 p.m.**

Did you or a family member serve in the military? Visit our Veterans Resource Center and meet with a benefits coach. Our trained volunteer will help you and your family locate benefits you may qualify. No appointment necessary. Please call ahead for volunteer availability.

#### Herb and Vegetable Planter Workshop

**Thursday, March 7 • 2 – 3 p.m.**

Participants will plant a pot of seasonal vegetable and herb plants and receive some seeds to take home! Registration is required as materials are limited. Visit the Information Desk or call the library to sign up.

#### Lit Wits Book Club: Enemies in Love

**Monday, March 18 • 6:30 – 7:30 p.m.**

In March, our monthly book club, the Lit Wits, will read and discuss Enemies in Love by Alexis Clark. Enemies in Love is a true and deeply moving narrative of forbidden love between an African American nurse in the U.S military and a soldier in Hitler's army during World War II.

#### CA Tree Team Workshop

**Saturday, March 23 • 10 a.m. to 12 p.m.**

Join the CA Tree Team workshop to learn about trees and how you can get a free tree in front of your house.

#### Mākmō: Introduction to 3D Printing

**Thursday, March 28 • 2 – 3 p.m.**

Design your own cookie cutter or anything you like by using a simple web-based software! We'll show you how.

## Senior Center

14040 San Antonio Drive  
562-929-5580

See & Do

### Bereavement Support Group

**Meets every Friday • 10 – 11 a.m.**

The Bereavement Support Group is a group that offers support to participants who have gone through a loss of a spouse, family member or friend and want to share their experience in a safe and supportive environment. The group is led by a trained mental health professional from Telecare Corporation in Norwalk.

Sponsored by: Telecare Inc.

### HICAP

**Wednesday, March 6 and 20**

**10 a.m. – 12 p.m.**

HICAP stands for Health Insurance Counseling and Advocacy Program and is provided by trained/certified counselors through the Center for Health Care Rights. A HICAP Counselor will provide seniors with free education, counseling and advocacy regarding their Medicare and related health insurance issues. An Appointment is required.

### Balance & Glucose Screening

**Thursday, March 7 • 9:30 – 11:30 a.m.**

For seniors, balance and proper glucose levels are important to maintain safe and healthy functioning. This screening will help seniors know how they are doing in maintaining these two important factors.

Sponsored by: Western Regional CTV Surgeons & Vein Center

### Brain Health Seminar

**Tuesday, March 12 • 10 – 11 a.m.**

As seniors age, concerns about memory and proper brain health start to arise. This seminar will show seniors the difference between healthy brain functioning and when to be concerned. They will also learn strategies for maintaining good brain health.

Sponsored by: Regal Medical Group

### March Candlelight Dinner

**Theme: Pot of Gold**

**Tuesday, March 12 • 5:45 – 6:30 p.m.**

**Cost: \$7.00 (before Saturday, March 9)**

**\$8.00 (after Saturday, March 9)**

Stop by and enjoy a hot and hearty meal and share an evening of warmth with friends and family. Meal service will consist of Pot Roast, Vegetables, Mashed Potatoes with Gravy, Salad, Dinner Roll, Dessert and Beverage. Doors open at 5 p.m. and meal service ends at 6 p.m. Prizes awarded. Dine-in only. Tickets will not be sold on the day of the dinner. Registration is currently being taken.

### “What Is GERD and How Is It Treated?” Seminar

**Thursday, March 14 • 10 – 11 a.m.**

Medical staff from HealthCare Partners Medical Group will be at the Norwalk Senior Center to talk about GERD (Gastroesophageal Reflux Disease) a common problem among seniors. A physician will talk about the causes of GERD and how seniors can work with their own doctor/healthcare professional to manage their symptoms.

Sponsored by: HealthCare Partners Medical Group

### St. Patrick's Mixer

**Thursday, March 14 • 6 – 8 p.m.**

**Cost: \$3 per person**

Come and enjoy an evening of music and dancing with family and friends. We'll have a special green drink and cookies for you.

# Photo Highlights: February 2019 City Council Meeting

